



Universidade Federal De São Carlos  
Centro De Ciências Exatas E De Tecnologia  
**Programa De Pós-Graduação Em Biotecnologia**



*Exploring the potential of eukaryotic microalgae: A biochemical, bioactive, and metabolomic study*

**Lucas Santos Solidade**

Tese apresentada ao Programa de Pós-Graduação em Biotecnologia (PPGBIOTEC) como parte dos requisitos para obtenção do título Doutor em Ciências (Área de concentração: Biotecnologia).

***Orientadora***

Prof.<sup>a</sup>. Dra. Ana Teresa Lombardi

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*“If I have seen further, it is by standing on the shoulders of giants.”*

Isaac Newton

## Resumo

1 Microalgas são microorganismos fotossintetizantes unicelulares, cuja utilização remonta à  
2 antiguidade. Elas se destacam por sua capacidade de acumular proteínas, ácidos graxos poli-  
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6 bioenergia e farmacêuticos. Para isso, foram avaliadas 26 diferentes espécies de microalgas,  
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19 Observou-se também a atividade antiobesidade dos extratos, com potencial redutor de lipídios,  
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25 Os ensaios também indicaram ausência de citotoxicidade dos extratos. Assim conclui-se que  
26 as microalgas *C. emersonii*, *Pediastrum sp.* e *Dictyosphaerium sp.* mostram-se promissoras  
27 para aplicações nutracêuticas e farmacêuticas. Elas podem ser exploradas futuramente para  
28 aplicações industriais, destacando-se das demais algas avaliadas.

29 Palavras chaves: Aplicações nutricionais; Antiobesidade; Antimicrobiano; Microalgas de água  
30 doce.

## Abstract

1  
2 Microalgae are unicellular photosynthetic microorganisms whose use dates back to ancient  
3 times. They stand out for their ability to accumulate proteins, polyunsaturated fatty acids,  
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Keywords: Nutritional applications; Anti-obesity; Antimicrobial; Freshwater microalgae.

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## LIST OF ABBREVIATIONS AND ACRONYMS

AMDIS	Automated mass spectral deconvolution & identification system
ANOVA	Analysis of variance
AOCS	American oil chemists' society
ARA	Arachidonic acid
BG11	Blue green medium
Chl a	Chlorophyll a
Chl b	Chlorophyll b
Chl c	Chlorophyll c
Chl a/b	Chlorophyll a/b ratio
DCM	Dichloromethane
DGTSA	Diacylglyceryltrimethylhomo
DHA	Docosahexaenoic acid
DMEM	Dulbecco's Eagle's medium
EPA	Eicosatetraenoic acid
FAMEs	Fatty acid methyl esters
GAE	Gallic acid equivalent
GNPS	Global natural products social molecular networking
HPLC	High performance liquid chromatography
LC-HRESIMS/MS	Liquid chromatography-high resolution electrospray ionization tandem mass spectrometry
MeCN	Acetonitrile
MeOH	Methanol
MIC	Minimal inhibitory concentration
MUFAS	Monounsaturated fatty acids
NPA	Natural product atlas
PCA	Principal component analysis
PUFAS	Polyunsaturated fatty acids
SFAS	Saturated fatty acids
SQDG	Sulfoquinovosyl diacylglycerol
TC	Total Carotenoids concentration
TPC	Total phenolic content
WC	Freshwater medium for the culturing microalgae
$\mu_{\max}$	Maximum Growth rate
$\omega 3$	Omega 3
$\omega 6$	Omega 6
$\omega 6/3$	Omega 6/3 ratio

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## OVERVIEW

This Doctorate thesis is divided into 3 chapters, each one dealing with specific subjects, all of them related to microalgae biotechnology, advancing the present knowledge related to the prospection and applications of microalgae and their extracts.

Microalgae are diverse organisms from a morphological, environmental, and chemical perspective. Although their applications in the food and pharmaceutical industries are widely recognized, the groups that have been explored remain limited to a small number compared to the total number of known species. Therefore, searching for new strains with promising potential helps expand our understanding of microalgae diversity and their biotechnological applications.

Various bioproducts can be derived from microalgae, including biomass, which is valuable on its own, and specific molecules like proteins, carbohydrates, lipids, and carotenoids. These metabolites have direct applications in areas such as food, biofuels, and pharmaceuticals. Although commercially valuable, the real treasure lies in their chemical potential. Unlike plants and bacteria, microalgae have been underexplored regarding their chemical diversity, making them a promising source for the discovery of new bioactive molecules. This potential includes antimicrobial activity, which is particularly relevant in the light of the recent rise of antibiotic-resistant bacteria. Other applications involve molecules that benefit human health, with direct impacts on metabolism. These include potential treatments for non-communicable chronic diseases and related comorbidities. Examples of these applications are the development of anti-inflammatory, anti-obesity, and appetite suppressant drugs, among others.

While the discovery of new molecules is crucial, traditional drug discovery methods are slow and expensive, limiting their efficiency in meeting industry needs. By integrating modern approaches, such as advanced analytical technologies and computational methods, the discovery of unique molecules can be accelerated, reducing the likelihood of rediscovering known compounds. One strategy to achieve this involves using disease models, such as cell cultures and more complex organisms like zebrafish embryos. Zebrafish offer several advantages: their development closely mimics that of fully developed organisms, they do not require ethical approval, and they are cost-effective and easy to maintain.

1           Considering that microalgae have high physiological plasticity, in this research we have  
2 used microalgae physiology concepts, such as strictly controlled culture conditions to grow the  
3 cells, focusing on reproducible results, combined with modern screening techniques and  
4 computational analysis to prospect for new compounds with diverse applications. The first chapter  
5 provides information on the physiology and biochemical composition such as its constitutive  
6 biomolecules (lipids, proteins and carbohydrates) of 12 microalgae strains. The second and third  
7 chapters aims at prospecting bioactivity of extracts from the microalgae studied in chapter 1,  
8 including 14 additional species. This increase in the number of species aimed to expand the  
9 biological diversity, and a total of 26 microalgal strains were subjected to sequential extraction  
10 using two solvents, resulting in a total of 52 different extracts. In chapter 2, we explore the  
11 antimicrobial potential of these extracts against some pathogenic bacteria, while in chapter 3 anti-  
12 inflammatory, anti-obesity and appetite suppressant activity were investigated. The present study  
13 should make an important contribution to the growing area of microalgae biotechnology by  
14 exploring the potential applicability of understudied microalgae strains.

15

## 1 1. General Introduction

### 2 1.1. Microalgae: Commercial Applications and Bioactive Potential

3 Microalgae are a diverse group of photosynthetic microorganisms, which can be unicellular  
4 or colonies. The term "microalgae" is a general term used to include various organisms that exhibit  
5 such characteristics. The groups commonly referred to as microalgae include the taxonomic  
6 Phylum Glaucophyta, Chlorophyta, Rhodophyta, Excavata (class: Euglenophyceae), Rhizaria,  
7 Cryptista, Stramenopiles, Alveolata, Haptophyta and Cyanophyta (SEXTON; LOMAS, 2018).  
8 There is considerable debate surrounding the classification of blue-green algae (Cyanobacteria),  
9 which are often classified as a separate group because they are procaryotic, and photosynthetic  
10 microorganisms, which share with the eucaryotic microalgae the same ecological niche. However,  
11 in the present work cyanobacteria will be included in the microalgae group.

12 Microalgae play a crucial ecological role in the environment. They have chlorophyll a and  
13 perform photosynthesis, thus act as significant carbon fixers. It has been reported that microalgae  
14 are capable of absorbing 10 to 50 times more carbon dioxide (CO<sub>2</sub>) than terrestrial plants if they  
15 were distributed in the same area as the plants (WANG et al., 2008). Globally, they contribute to  
16 the regulation and maintenance of atmospheric CO<sub>2</sub> levels. This process, known as biological  
17 carbon pump, is characterized by the conversion of the inorganic carbon into particulate organic  
18 carbon through photosynthesis (RICOUR et al., 2023) in the ocean. This organic matter then sinks,  
19 transporting carbon to deep ocean zones. Some of this carbon is consumed and returns as inorganic  
20 carbon, while a portion remains trapped in deep regions (>1000 m). This process helps to increase  
21 the concentration of available carbon in the ocean by approximately 1700 pentagrams (Pg) and  
22 helps maintain atmospheric CO<sub>2</sub> levels (WILSON et al., 2022).

23 In addition to their ecological importance, microalgae began to gain biotechnological  
24 relevance in the 1940s in Germany, where large-scale cultures of diatoms were conducted aiming  
25 at using them as fuel (BARBOSA et al., 2023). However, it was not until the 1970s in Japan that  
26 the industrial production of Chlorella for food purposes began, despite the high costs of the product  
27 at the time (PULZ; SCHEIBENBOGEN, 2006). Its use as a food source persisted, and today,  
28 Chlorella is one of the main genera used in food, along with Spirulina (BARBOSA et al., 2023).  
29 Other groups are used as sources of carotenoids and/or lipids. In this case, industrial production is

1 mainly limited to few species of microalgae (DUMAY; MORANÇAIS, 2016). Table 1 is a short  
 2 list of microalgae genus in the commerce nowadays.

3 **Table 1.** General groups of microalgae and their potential industrial applications.

Microalgae	Phylum	Application or bioproduct	Reference
<i>Chlorella</i> sp.	Chlorophyta	Food	(RICHMOND, 2003)
		Carotenoid	(LIU; CHEN, 2014)
		Wastewater treatment	
<i>Arthrospira</i> sp.	Cyanobacteria	Food	(RICHMOND, 2003)
		Phycobiliproteins	(BELAY; KATO; OTA, 1996)
		Aquaculture	(ARAHOU et al., 2023)
<i>Dunaliella</i> sp.	Chlorophyta	Bioinoculants	(ARAHOU et al., 2023)
		βS-carotene	
		Food	(RICHMOND, 2003)
<i>Haematococcus</i> sp.	Chlorophyta	Phytoene	(RICHMOND, 2003)
		Biorremediation	
		Astaxantin	(RICHMOND, 2003)
<i>Porphyridium</i> sp.	Rhodophyta	Food colorant	(OSLAN et al., 2021)
		Cosmetics	(OSLAN et al., 2021)
<i>Nannochloropsis</i> sp.	Heterokontophyta	Polysaccharide	(RICHMOND, 2003)
<i>Nostoc</i> sp.	Cyanobacteria	Aquaculture	
<i>Botryococcus</i> sp.	Chlorophyta	Biofuels	(ESTEVAM et al., 2022)

4  
 5 The literature describes several characteristics that make microalgae promising organisms  
 6 for industrial use, among them the ability to fix atmospheric CO<sub>2</sub>, high photosynthetic performance,  
 7 rapid growth, and the production of specific compounds (GUEDES; AMARO; MALCATA, 2011).  
 8 Their protein content can vary, reaching up to 80% of their dry biomass (JANSSEN; WIJFFELS;  
 9 BARBOSA, 2022). Another aspect to mention is their amino acid composition, which according  
 10 to WILLIAMSON et al. (2024) are rich in essential amino acids. Polyunsaturated fatty acids  
 11 (PUFAs) such as omega-3 and omega-6 are essential fatty acids produced by algae as well (SED;  
 12 CICCIO; BRAVI, 2017). Some microalgae may accumulate considerable lipid content relative to  
 13 dry biomass, reaching up to 60% (MORALES; AFLALO; BERNARD, 2021). Pigments are a class

1 of molecules that may be of industrial interest and are accumulated by microalgae. Some of these  
2 are lutein, carotenoids, phycocyanin. Altogether, they have different uses in the society. The first  
3 two have pharmaceutical and nutraceutical applications (SHEGOKAR; MITRI, 2012), while the  
4 last can be used as natural colorant. Thanks to these applications, microalgae biomass has become  
5 of interest for various industrial sectors.

6         Considering bioenergy, microalgae are of particular interest due to the wide range of  
7 products that can be derived from their biomass, such as biomethane, biohydrogen, bioethanol,  
8 and, notably, biodiesel, which has gained significant attention (BORA et al., 2024). Various  
9 microalgal species have been studied for this purpose, including *Nanochloropsis* sp. and *Chlorella*  
10 sp. (SATI et al., 2019). The rationale for choosing microalgae as source of biofuel lies in the  
11 quality of their oil, which is comparable to that of plants and considered suitable for biodiesel  
12 production (CHEN et al., 2018). Additionally, microalgae offer greater versatility than plants, as  
13 they can be cultivated throughout most of the year, do not compete with agricultural food  
14 production, and require proportionally less water (RUANE; SONNINO; AGOSTINI, 2010). The  
15 main advantage of microalgae, however, is their ability to accumulate large amounts of lipids, with  
16 a productivity per hectare superior to that of palm and soybeans (BARBOSA et al., 2023).

17         It is evident that the different biomolecules from microalgae offer numerous potential  
18 applications. Several authors have been exploring the concept of a biorefinery for microalgae,  
19 where biomass can be used to obtain a wide variety of products (BHATTACHARYA; GOSWAMI,  
20 2020; FERNÁNDEZ et al., 2021). Table 2, presented below, lists some microalgae and their  
21 biochemical composition related to total proteins, carbohydrates and lipids. Besides the primary  
22 metabolites, microalgae produce secondary metabolites. These are classified as non-essential for  
23 cell maintenance, but their presence provides advantages, such as resistance to predators or  
24 environmental stress (Cardozo et al., 2007; Hassan et al., 2019; Martín et al., 2005). Related to  
25 biotechnology, such metabolites have high added value due to their potential use in the industry  
26 of fine chemicals. Their value lies in the biological effect they may exert, thus a valuable biomass  
27 for commercial production, potentially costing up to 10 times more (ACIÉN FERNÁNDEZ, 2019).  
28 In general, the metabolites produced by microalgae have bioactive potential (ABREU; MARTINS;  
29 NUNES, 2023), however most of them have been underexplored and its majority can be  
30 considered as new compounds (OLAIZOLA, 2003).

1 **Table 2.** General biochemical composition of different microalgae. The content of proteins,  
 2 carbohydrates and lipids is reported as % of dry matter.

Algae	Group	Proteins	Carbohydrates	Lipids	Reference
<i>Botryococcus braunii</i>	Chlorophyta	41.70	20.00	30.20	(Ferreira et al., 2021)
<i>Chlamydomonas nivalis</i>	Chlorophyta	33.40	38.40	22.20	(Verspreet et al., 2021)
<i>Chlorella fusca</i>	Chlorophyta	32.00	24.00	12.00	(Silva et al., 2023)
<i>Chlorella vulgaris</i>	Chlorophyta	37.53	47.43	9.54	(Nordin et al., 2022)
<i>Desmodesmus brasiliensis</i>	Chlorophyta	42.20	32.70	14.50	(Ferreira et al., 2021)
<i>Dunaliella salina</i>	Chlorophyta	29.50	-	23.00	(Chen et al., 2020)
<i>Kirchneriella lunaris</i>	Chlorophyta	58.95	7.62	15.95	(Santhakumaran et al., 2018)
<i>Monoraphidium griffithii</i>	Chlorophyta	44.36	13.68	14.27	(Santhakumaran et al., 2018)
<i>Myrmecia bisecta</i>	Chlorophyta	45.52	11.37	12.68	(Santhakumaran et al., 2018)
<i>Neochloris oleoabundans</i>	Chlorophyta	13.50	12.33	24.12	(Sánchez-Saavedra et al., 2023)
<i>Oocystis lacustris</i>	Chlorophyta	43.77	12.47	16.49	(Santhakumaran et al., 2018)
<i>Pseudococcomyxa simplex</i>	Chlorophyta	35.89	8.23	23.78	(Santhakumaran et al., 2018)
<i>Pseudotetrademus quaternaries</i>	Chlorophyta	35.02	8.74	27.17	(Santhakumaran et al., 2018)
<i>Radiococcus nimbatus</i>	Chlorophyta	21.01	12.62	16.05	(Santhakumaran et al., 2018)
<i>Tetraselmis suecica</i>	Chlorophyta	40.20	20.80	28.50	(Verspreet et al., 2021)
<i>Tetrastrum komarekit</i>	Chlorophyta	40.85	4.58	28.07	(Santhakumaran et al., 2018)
<i>Aphanocapsa marina</i>	Cyanobacteria	11.21	42.40	26.24	(Sánchez-Saavedra et al., 2023)
<i>Nostoc sphaeroides</i>	Cyanobacteria	50.80	14.50	15.10	(Verspreet et al., 2021)
<i>Phormidium sp.</i>	Cyanobacteria	10.84	40.32	28.70	(Sánchez-Saavedra et al., 2023)
<i>Spirulina platensis</i>	Cyanobacteria	42.80	21.50	5.50	(Matos et al., 2016)
<i>Isochrysis galbana</i>	Haptophyta	14.36	11.09	13.38	(Sánchez-Saavedra et al., 2023)
<i>Cymbella sp.</i>	Heterokontophyta	42.46	18.09	24.98	(Sánchez-Saavedra et al., 2023)
<i>Heterococcus sp.</i>	Heterokontophyta	15.39	21.95	5.01	(Sánchez-Saavedra et al., 2023)
<i>Nannochloropsis gaditana</i>	Heterokontophyta	46.20	15.80	31.90	(Verspreet et al., 2021)
<i>Phaeodactylum tricornutum</i>	Heterokontophyta	39.00	15.40	14.90	(Matos et al., 2016)
<i>Galdieria sulphuraria</i>	Rhodophyta	43.95	5.91	14.11	(Montenegro-Herrera et al., 2022)
<i>Porphyridium tricornutum</i>	Rhodophyta	38.80	11.00	20.50	(Verspreet et al., 2021)
<i>Tisochrysis lutea</i>	Haptophyta	42.90	8.60	27.90	(Verspreet et al., 2021)

1           Regarding the activities of biomolecules synthesized by microalgae, astaxanthin is an  
2 example that in addition to having a potent antioxidant activity (greater than other carotenoids such  
3 as lutein or  $\beta$ -carotene, Naguib, 2000) has a protective effect by inhibiting pathways associated  
4 with cancer development and inducing apoptosis in an oral cancer model in hamsters (KAVITHA  
5 et al., 2013). Still, on the potential antitumor application of microalgae, the polysaccharide from  
6 *Porphyridium cruentum* was able to extend the survival time by up to 15 days in mice grafted with  
7 Graffi tumor cells (GARDEVA et al., 2009). Another polysaccharide, this time from  
8 *Synechococcus* sp., also showed a promising effect as anti-tumor activity, inducing apoptosis in  
9 colon cancer cells (SRIMONGKOL et al., 2023). Hielscher-Michael et al. (2016) identified a  
10 group of sulfolipids in *Scenedesmus* sp. microalgae that is capable of inhibiting glutaminyl cyclase,  
11 an enzyme associated with the development and worsening of Alzheimer's disease. Yang et al.  
12 (2022) observed inhibitory effects on inflammatory activity in macrophages associated with the  
13 presence of linoleic and linolenic acids from *Chlorella* sp. Additionally, 1-palmitoyl-sn-glycero-  
14 3-phosphocholine, identified in *Cylindrotheca closterium*, exhibited potent anti-inflammatory  
15 activity by inhibiting the release of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) (LAURITANO et al., 2020).

16           The metabolites produced by some microalgae have also shown antimicrobial activity. A  
17 study evaluating 675 extracts from different cyanobacteria groups found that alpha-linolenic acid  
18 and other polyunsaturated fatty acids were associated with the inhibition of microbial growth and  
19 biofilm formation (CEPAS et al., 2019). This pattern has also been identified in *Scenedesmus*  
20 *obliquus*, showing activity against *Pseudomonas aeruginosa*, *Escherichia coli*, and  
21 *Staphylococcus aureus* in extracts rich in polyunsaturated fatty acids (CATARINA GUEDES et  
22 al., 2011). Shaima et al. (2022) identified some compounds associated with fatty acids and phytols  
23 in extracts from *Chlorella* sp. and *Scenedesmus* sp. that had antimicrobial potential.

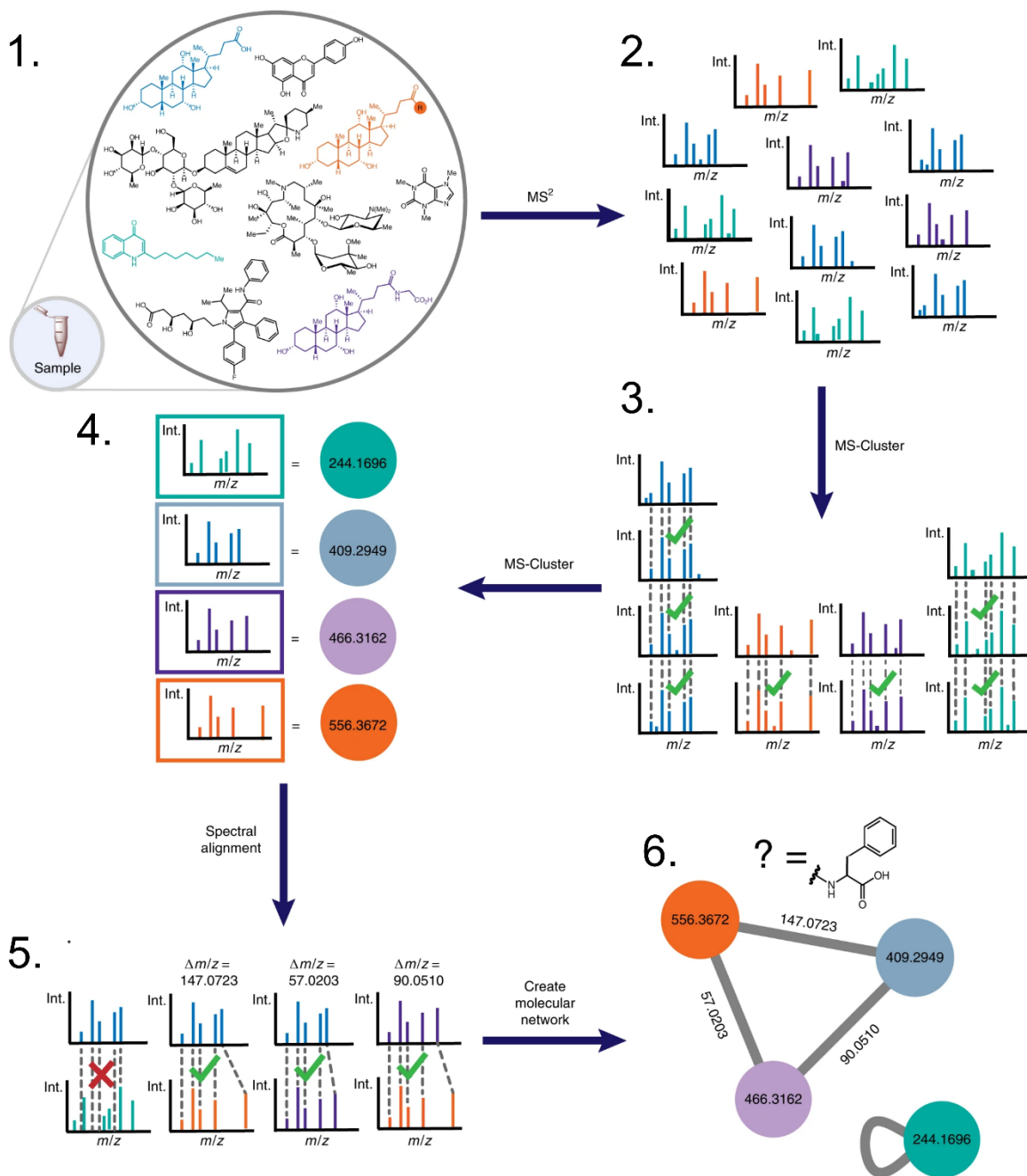
## 24           1.2. Metabolomics: A Strategy for Discovering New Compounds

25           With the advancement of analytical techniques, new approaches have emerged to enhance  
26 information processing. These have made possible to evaluate massive quantities of cellular  
27 products, including genes, proteins, and metabolites, which became known as “the omics sciences”  
28 (ROESSNER; BOWNE, 2009). Among them, the science that focuses on evaluating metabolites

1 present in a cell type, tissue, or biological fluid is known as metabolomics, which can be classified  
2 as either targeted or untargeted (ALONSO; MARSAL; JULIÁ, 2015).

3 For the study of the metabolome, equipment such as nuclear magnetic resonance (NMR)  
4 or mass spectrometry (MS), usually coupled with liquid or gas chromatography, can be used  
5 (ROESSNER; BOWNE, 2009). Regardless of the equipment, a common feature in this context is  
6 the generation of a massive amount of data that usually needs multivariate analyses, such as  
7 Principal Component Analysis (PCA) or Partial Least Squares Discriminant Analysis (PLS-DA)  
8 for processing and prioritizing the obtained metabolites (PLS-DA) (WORLEY; POWERS, 2012).  
9 Considering mass spectrometry analysis, in 2012 a form of data visualization known as molecular  
10 networking was introduced. This method initially used in proteomics studies (GUTHALS et al.,  
11 2012), was later introduced in the analysis of metabolites from living microbial colonies  
12 (WATROUS et al., 2012), helping the advancement of the technique.

13 The development of molecular networks revolutionized the way information is conveyed,  
14 and mass spectrometry data are evaluated. A molecular network is constructed by pairwise  
15 comparison and alignment of mass spectra, seeking to identify precursor spectra with similar mass-  
16 to-charge ( $m/z$ ) values and fragmentation patterns, thus obtaining a consensus spectrum. It also  
17 evaluates spectra that exhibit similarities to each other. To this similarity is assigned a cosine score  
18 ranging from 0 to 1, with 1 representing identical ion. In this way, observed metabolites that are  
19 similar are grouped into a molecular network, where the nodes usually represent a possible  
20 metabolite, and the edges represent connections between metabolites that show a degree of  
21 similarity (ARON et al., 2020; QUINN et al., 2017). To illustrate this process, Figure 1 shows the  
22 construction of a molecular network.



**Figure 1.** The colors in the diagram represent the transition from molecules in a sample (1) to nodes in a molecular network (6). The process begins with the acquisition of MS<sup>2</sup> spectra for all ionized molecules (2). MS-Cluster aligns each MS<sup>2</sup> spectrum with others in the dataset, merging mass spectra from identical compounds into a single node or consensus cluster due to the high similarity of their precursor and fragment ions (3). Spectral alignment allows for similarity searches even when precursor ion masses differ (4), using a modified cosine score that accounts for ions differing by the mass difference of the precursor ions (5). Structurally related molecules, are represented by separate nodes interconnected by edges (6). Source: Aron et al. (2020), adapted.

1           Considering such strategy, the Global Natural Products Social Molecular Networking  
2 (GNPS, <http://gnps.ucsd.edu>) was launched in 2014 (WANG et al., 2016). This platform aims to  
3 share, analyze, store, and compare MS and MS<sup>2</sup> data, allowing the annotation of compounds, the  
4 generation of molecular networks, and other associated tools (ARON et al., 2020; QIN et al., 2022).  
5 Rapidly, other tools were developed to complement molecular network analyses, such as feature-  
6 based molecular networking (NOTHIAS et al., 2020). Bioactive-based molecular networking  
7 (NOTHIAS et al., 2018), and ion identity molecular networking (SCHMID et al., 2021). These  
8 approaches have accelerated the discovery and annotation of bioactive compounds in the research  
9 of natural, with numerous successful studies.

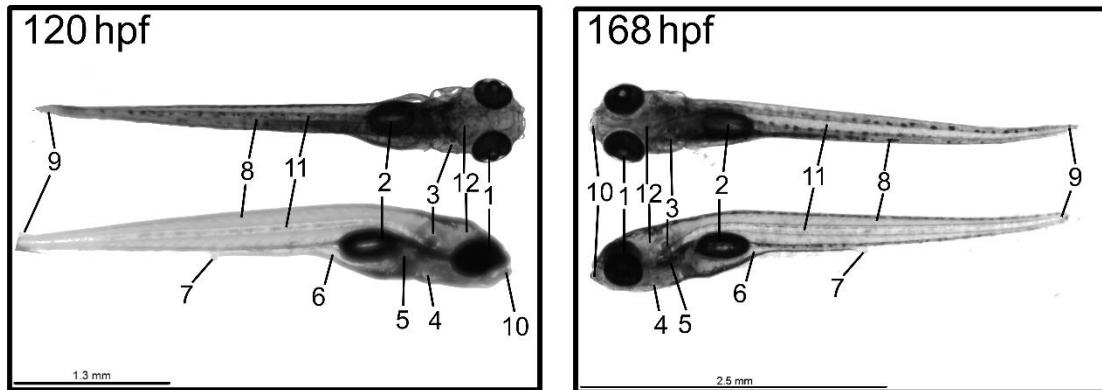
### 10           1.3. Application of zebrafish in drug discovery

11           With advancements in drug discovery and development, modern approaches as high  
12 throughput screening (HTS) (GIACOMOTTO; SÉGALAT, 2010), has been widely used  
13 (GIACOMOTTO; SÉGALAT, 2010); JANZEN, 2014). The process of discovering and  
14 developing new drugs is laborious and time-consuming, and the use of model organisms is an  
15 efficient way to accelerate it in a complex system. It serves as an adequate model for studying  
16 absorption, distribution, metabolism, and excretion in the organism. Mammalian models are  
17 expensive, require large infrastructure and significant time for maintenance (ZON; PETERSON,  
18 2005), making them less suitable for high-throughput drug screenings. This has led to the  
19 exploration of alternatives such as enzyme assays or two- and three-dimensional cell cultures  
20 (ZHANG et al., 2012). However, these do not fully reflect biological complexity, making  
21 phenotype-based screening more appealing as it captures the phenotypic complexity of organisms,  
22 providing more accurate responses in real organism (MACRAE; PETERSON, 2015). Thus,  
23 organisms easier to maintain and with shorter life cycles, such as the zebrafish, even though  
24 physiologically simpler, have been suggested.

25           The use of zebrafish (*Danio rerio*) as a model for physiological studies presents several  
26 advantages over the use of other organisms. The advantages include rapid embryogenesis, which  
27 is completed in 72 hours, with organs fully developed by 96 hours. The embryos can be completely  
28 transparent and are easy to manipulate. Additionally, due to their small size, embryos can be  
29 housed in 96- to 384-well plates (DELVECCHIO; TIEFENBACH; KRAUSE, 2011). Another

1 significant advantage is their genetic similarity to humans, with 70% of their genome being similar  
2 to that of humans and more than 80% of proteins associated with diseases being conserved (HOWE  
3 et al., 2013). Figure 2 shows embryos in the two development periods used in this work.

4



5

6 **Figure 2.** Anatomy of zebrafish embryos at two developmental stages: 120 hours post-fertilization  
7 (hpf) and 168 hpf. The highlighted parts represent: 1. Eyes, 2. Swim bladder, 3. Otolith, 4. Heart,  
8 5. Liver, 6. Intestine, 7. Urogenital opening, 8. Dorsal fin, 9. Caudal fin, 10. Mouth, 11. Spinal  
9 cord, 12. Cerebellum.

10

11 These characteristics enable zebrafish to be used in various applications, including genetic,  
12 behavioral, embryonic development, toxicological, and pharmacological studies (PATTON; ZON;  
13 LANGENAU, 2021). In many cases, zebrafish serve as a more similar model than rats, as  
14 demonstrated in the case of thalidomide. In zebrafish models, thalidomide has effects similar to  
15 those observed in humans, unlike the observed in rats, where the compound does not produce the  
16 same adverse effects (PATTON; ZON; LANGENAU, 2021). Zebrafish is also used to understand  
17 non-communicable diseases (NCDs), known as chronic diseases, including conditions such as  
18 obesity, cancer, diabetes, cardiovascular, and respiratory diseases (WORLD HEALTH  
19 ORGANISATION, 2023). Currently, these diseases are the leading cause of death globally, with  
20 the risk being particularly high in low- and middle-income populations (BENNETT et al., 2018).  
21 While a healthy lifestyle and balanced diet are effective in their treatment, pharmacological  
22 therapy is often necessary (CASTRO et al., 2016).

23 The zebrafish model has already been identified as suitable for the study of obesity and  
24 chronic diseases (GIACOMOTTO; SÉGALAT, 2010). Jones et al. (2008) demonstrated that it is

1 possible to evaluate the effect of molecules on zebrafish metabolism using Nile Red as a stain for  
2 neutral lipids. Subsequent studies have confirmed this methodology and adapted, optimized, and  
3 applied it to the study of both purified compounds and crude extracts or fractions (FREITAS et  
4 al., 2019; MARTELLI et al., 2024; NOINART et al., 2017; REGUEIRAS et al., 2021; RIBEIRO  
5 et al., 2023; URBATZKA et al., 2018). Regarding appetite, Otis & Farber (2016) established a  
6 protocol to assess feeding and monitor intake using egg yolk liposomes containing fluorescent dye.  
7 This allowed the quantification of appetite levels in zebrafish embryos from the seventh day after  
8 fertilization. Other protocols have also been developed for studies on molecules with anticancer  
9 (TERRIENTE; PUJADES, 2013), toxicity and diabetes activities (SCHOLZ et al., 2008).

10

## 11 2. Hypothesis

12 Thus, this work was based on two main hypotheses:

- 13 • Different groups of microalgae have distinct biochemical compositions, which can result in  
14 different applications, offering alternatives to microalgae traditionally used in the food and  
15 biofuel industries.
- 16
- 17 • Eukaryotic microalgae can produce unique metabolites with potential biological effects, such  
18 as antimicrobial, antitumor, antiobesity, and appetite suppressant compounds, without showing  
19 toxicity in cell models.

20

## 21 3. Objectives

22 This study aimed at evaluating and exploring freshwater eukaryotic microalgae for  
23 biotechnological purposes. This was performed by assessing their chemical composition  
24 considering lipids, proteins, carbohydrates, and secondary metabolites, as well as their potential  
25 applications in the nutraceutical, bioenergy, and pharmaceutical sectors.

26

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15

16

1 **Chapter 1: Biochemical characterization of 12 freshwater microalgae reveals *Pediastrum***  
2 **sp. as a promising species for nutrition and *Dimorphococcus* sp. for biofuels.**  
3

4 **Abstract**

5 Microalgae have gained prominence in food, feed, and biofuels due to their capacity to  
6 produce economically valuable biomolecules and mitigate CO<sub>2</sub>. However, only a limited number  
7 of species are industrially produced nowadays. This study evaluated the biochemical composition  
8 of 12 eukaryotic microalgae kept under controlled laboratory conditions, focusing on proteins,  
9 carbohydrates, lipids, fatty acid composition, pigments, and antioxidant potential. The results  
10 showed that five microalgae had 60% PUFAs: *C. obovata*, *Pediastrum* sp., *S. leptocladium*, *S.*  
11 *pantanalae*, and 80% for *W. botryoides*, with alpha-linolenic acid (C18:3n3) as the predominant  
12 one, followed by linoleic acid (C18:2n6). The highest antioxidant potential was detected in *S.*  
13 *leptocladium* (43% DPPH radical inhibition). Overall, we propose *Pediastrum* sp. as a promising  
14 nutritional source with high total proteins (52%), polyunsaturated fatty acids (>60%), significant  
15 antioxidant potential, and pigment production, and *Dimorphococcus* sp. as a potential organism  
16 for biodiesel production, with 28% lipids rich in saturated and monounsaturated fatty acids. This  
17 investigation highlights the biotechnological potential of understudied 12 microalgae species.

18 **Keywords:** Biomolecules; Nutraceutical; Biodiesel; Algae Physiology.

19

## 1 **1. Introduction**

2           Microalgae are organisms with photosynthetic capacity that present a positive impact on  
3 reducing greenhouse gas from the atmosphere, particularly carbon dioxide (CO<sub>2</sub>) (BEARDALL;  
4 RAVEN, 2016; WANG et al., 2008). They have attributes such as high growth rates and biomolecule  
5 production such as proteins, carbohydrates, lipids and high value-added compounds, some of them  
6 produced exclusively by microalgae (BOROWITZKA, 2013; YAP et al., 2021). Altogether such  
7 properties lead to industrial interest in microalgae as their application in human and animal food,  
8 pharmaceuticals, agriculture and energy are possible from the biomass (FERNÁNDEZ et al., 2021).  
9 Compared to plant sources, microalgae have a higher production capacity per hectare, with up to  
10 10 times more proteins, carbohydrates and lipids than soy (BARBOSA et al., 2023). Many species  
11 are known as good protein producers, where *Chlorella vulgaris* and *Limnospira platensis* are the  
12 most used. They can accumulate up to 50 - 70% of their biomass as proteins (JANSSEN;  
13 WIJFFELS; BARBOSA, 2022). Others have the advantage of lipid accumulation, up to 50% of its  
14 dry biomass, and under stress conditions, some strains can increase it to about 70% (GRIFFITHS;  
15 HARRISON, 2009; MORALES; AFLALO; BERNARD, 2021).

16           Fatty acid profiles produced by microalgae vary among different groups, and for most of  
17 them, palmitic and oleic acid production are the most common (LI-BEISSON et al., 2019).  
18 Monounsaturated and saturated fatty acids are proposed for biodiesel production (BREUER et al.,  
19 2012). Some microalgae fatty acids are valuable because they are important nutritional sources of  
20 the omega 3 and 6 groups, alpha-linolenic, linoleic, eicosapentaenoic acids (EPA), and  
21 docosahexaenoic acid (DHA). They are especially valuable as they are synthesized in small  
22 quantities in humans and their constant consumption is important to maintain healthy conditions  
23 (CASTRO; TOCHER; MONROIG, 2016; TOCHER, 2015). Another class of valuable molecules

1 for human consumption produced by microalgae are carotenoids, precursors of vitamins and a  
2 natural antioxidant (GOSWAMI; AGRAWAL; VERMA, 2021). For example, *Dunaliella salina*  
3 and *Haematococcus pluvialis* produce considerable amounts of carotenoids under specific growth  
4 conditions. *H. pluvialis* is a great producer of astaxanthin. In order to meet global demand, more  
5 than 300 tons of biomass per year are produced (LAFARGA; CLEMENTE; GARCIA-VAQUERO,  
6 2020).

7 As a consequence of the necessity of new natural products for human and animal life  
8 microalgae production has increased recently, reaching more than 10,000 tons of dry biomass per  
9 year (RICHMOND; HU, 2013). Despite this growth, commercial activity is still concentrated in  
10 just 5 genera: *Limnospira*, *Chlorella*, *Dunaliella*, *Aphanizomenon* and *Haematococcus* (DUMAY;  
11 MORANÇAIS, 2016), although a large number of known microalgae species has been estimated to  
12 be around 50,000 (RICHMOND; HU, 2013). Several reasons justify this restriction on the number  
13 of algae in the market, such as legislation, lack of knowledge of the biochemical composition and  
14 optimum growth conditions for a variety of strains, as well as the economic viability for large-  
15 scale production. Currently, only 8 species in the USA, 13 in the European Union and 7 in China  
16 are authorized for consumption (FU et al., 2021). Therefore, prospecting microalgae for their  
17 growth and biochemical composition can be a promising way to offer industries new opportunities  
18 related to strains with commercial relevance. In the present research, 12 microalgae species were  
19 prospected revealing their potential as sources of total proteins, carbohydrates and lipids, fatty acid  
20 composition, and antioxidant activity under laboratory-controlled growth condition.

21

22

## 1 2. Material and Methods

2

### 3 2.1. Cultures

4 The strains used were obtained from the freshwater microalgae culture collection at the  
5 Federal University of São Carlos (CCMA-UFSCar) and the Freshwater Microalgae Culture  
6 Collection of the Institute of Biological Sciences at the Federal University of Rio Grande (FURG).  
7 In the culture collections, the algae are kept in WC medium (GUILLARD, 1975). However, for  
8 the experiments, they were adapted to the BG11 medium (STANIER et al., 1979) because it is a  
9 nutrient richer medium that supports higher biomass. Those that did not adapt to BG11 were  
10 maintained in WC. Before the experiments, the saturating light intensity ( $E_k$ ) for each strain  
11 investigated was determined through rapid light curves using a PhytoPAM (Heinz-Walz Effeltrich,  
12 Germany) instrument. Through preliminary cultivation under the same conditions as those used  
13 for this experiment, the growth curve was performed and the end of the exponential growth for  
14 each microalga was determined.

15 For the microalgae growth, 1 L Houx-type flasks (267 mm x 122 mm x 56 mm), containing  
16 the appropriate medium for each species. It was autoclaved at 121 °C for 20 min, and the unialgal  
17 cultures in exponential growth phase were inoculated at a final concentration of  $5 \cdot 10^4$  cels/mL  
18 The cultures (batch mode) were maintained under the respective  $E_k$ , with constant aeration with  
19 filtered (0.22  $\mu\text{m}$ ) atmospheric air and a 12h/12h light/dark photoperiod. The algae were grown to  
20 the point of maximum biomass accumulation and end of the exponential growth phase. Cultures  
21 were monitored for bacterial contamination since they were unialgal, not axenic. For this daily  
22 samples were obtained and inspected under an optical microscope. For microalgae growth  
23 monitoring, *in vivo* chlorophyll a fluorescence and absorption at 684 nm were performed. A Turner  
24 fluorometer (Turner, USA) was used for the *in vivo* chlorophyll a fluorescence and a

1 spectrophotometer (NANOCOLOR® UV/VIS - MACHEREY-NAGEL, Germany) for  
2 absorbance. The specific (maximum) growth rate ( $\mu$ ) was calculated based on a linear regression  
3 fit of the fluorescence data, by plotting the natural logarithm of *in vivo* fluorescence (Y axis)  
4 against cultivation time (X axis). The slope of the obtained line represents the specific, or  
5 maximum, growth rate in the exponential growth phase. Three experimental replicates were  
6 performed for every species.

## 7 2.2. Rapid Light Curves

8 Different species of photosynthetic microalgae may have different light requirements. Thus,  
9 it was necessary to define the best light intensity for each organism being studied and, for this  
10 rapid light curves (RLC) were performed. A pulse amplitude modulated fluorometer (Phyto-PAM,  
11 Walz – Germany) was used using the standard conditions therein. After 20 minutes of dark  
12 adaptation, the microalgae were exposed to increasing pulses of photosynthetically active radiation  
13 (PAR) ranging from 0 to 2000  $\mu\text{mol photons m}^{-2}\text{s}^{-1}$  at 20 second intervals. The relative electron  
14 transport rate (rETR) was calculated by multiplying the PAR by the effective quantum yield at  
15 each intensity. The curve was fitted using the mathematical model proposed by Platt et al. (1981),  
16 yielding the maximum relative electron transport rate (rETR<sub>max</sub>,  $\mu\text{mol electrons m}^{-2} \text{s}^{-1}$ ) and  $\alpha$ ,  
17 the initial part of the curve where just light is limiting photosynthesis ( $\mu\text{mol electrons m}^{-2} \text{s}^{-1} [\mu\text{mol}$   
18  $\text{photons m}^{-2} \text{s}^{-1}]^{-1}$ ). The saturating irradiance ( $E_k$ ) was calculated as  $\text{rETR}_{\text{max}} / \alpha$ .

19

## 20 2.3. Dry biomass and Biomolecules

21 Dry biomass was determined by filtering 5 mL of culture through a 0.22  $\mu\text{m}$  cellulose  
22 acetate filter (Whatman, England) of known mass, then the filters were dried in an oven (40 °C)  
23 until constant mass and weighed in a microanalytical balance with  $10^{-6}$  g precision (XPE26 -  
24 METTLER TOLEDO, Switzerland).

1 Biomolecules were determined in exponentially growing cells because in the stationary  
2 phase of batch cultures, uncontrolled environmental factors may act on cell physiology, affecting  
3 its biochemical composition. As this study investigates different microalgae strains, examining  
4 them during the exponential growth phase can ensure a consistent comparison among all organisms,  
5 as the reasons for a batch culture entering the stationary phase may vary from species to species.  
6 Total protein content was determined based on quantification with the Folin reagent, adapted for  
7 microplates (SLOCOMBE et al., 2013). Absorbance was determined in a microplate  
8 spectrophotometer (Epoch - Biotech, USA). The method used is described in Slocombe et al. (2013)  
9 and the cells were digested according to Price (1965). Total carbohydrates concentration was  
10 determined according to Albalasmeh et al. (2013), which is based on the digestion of the cells by  
11 sulfuric acid. The total lipid content was determined by gravimetry according to Parrish (1999), a  
12 modification of the Folch et al. (1957). The results obtained are expressed as the percentage of  
13 biomolecules in relation to dry biomass weight (% DW).

14 Photosynthetic pigments were determined on the last experimental day, as were the other  
15 biomolecules. To do this, 3 mL of biomass was filtered through a 0.22  $\mu\text{m}$  cellulose acetate filter  
16 (Whatman, England) and dissolved in dimethyl sulfoxide (P.A., Synth, Brazil) for pigment  
17 extraction. After 10 minutes, the absorbance was registered in a spectrophotometer  
18 (NANOCOLOR® UV/VIS - MACHEREY-NAGEL, Germany). For the Chlorophyta and  
19 Charophyta the concentrations of the pigments (chlorophyll a, b and carotenoids) were calculated  
20 as described in SHOAF; LIUM (1976) and WELLBURN (1994), while for the Xanthophyceae  
21 (chlorophyll a and c1, c2) as in Ritchie et al. (2021) and for the Cryptophyta (chlorophyll a and c2)  
22 as in Ritchie et al. (2022). The results are presented in  $\mu\text{g}\cdot\text{mL}^{-1}$ .

#### 23 2.4. Fatty acids profile

1 To determine the fatty acids profile, the direct transesterification methodology proposed by  
2 SOARES et al. (2014) was used. The preparation of fatty acid methyl esters (FAMES) was  
3 performed using lyophilized biomass (Solab© SL - 404). The methyl esters were collected in vials  
4 and dried under a nitrogen stream. For analysis, they were solubilized in heptane 99% (Exodo  
5 Científica, Brazil). An Agilent 7890 gas chromatograph coupled to an Agilent 5975 mass  
6 spectrometer (Agilent Technologies, Inc. USA) with an Agilent HP-5MS column (5% Phenyl  
7 Methyl Silox 30 m x 250 µm x 0.25 µm) was used to analyze the FAMES. They were conducted  
8 with 70 eV electron impact energy as the electron energy, ion source temperature at 230 °C, and  
9 transfer line temperature at 280 °C. Injections were made using a micro syringe (Agilent -  
10 AG5181-1267), the injection volume was 1 µL in a splitless mode with an injector temperature of  
11 120 °C. Helium 5.0 (>99.999%) was used as the carrier gas at a pressure of 15,926 psi in a total  
12 flow of 1.924 mL.min<sup>-1</sup>. The initial temperature was 70 °C for the first 10 minutes and heated at a  
13 constant rate of 5 °C.min<sup>-1</sup> until 250 °C, remaining constant thereafter up to the end of the run. The  
14 identification of FAMES was based on the FAME MIX C8-C24 standard (Supelco Product number  
15 18918) and with the help of the NIST11.L library (National Institute of Standards and Technology),  
16 AMDIS 32 Analysis software (Automated Mass Spectral Deconvolution & Identification System)  
17 associated with the mass spectra files present in the AOCS "Lipid library" of the Scottish Crop  
18 Science Research Institute (<http://www.lipidlibrary.com.uk/index.html>). Fatty acid normalization  
19 was based on the integrated peak area.

## 20 2.5. Antioxidant activity and total polyphenols

21 For antioxidant activity, methanolic extracts using HPLC grade methanol (J.T. Baker, UK)  
22 were prepared from the lyophilized microalgae biomass in a ratio of 50 mg of biomass per mL of  
23 methanol. After adding the solvent, the solution was shaken in a vortex shaker (Gehaka© AV-2)

1 for 1 minute with glass beads (3 mm in diameter) to facilitate cell rupture. After the extraction step,  
2 the samples were centrifuged in a refrigerated centrifuge at 2486 g and 10 °C (Thermo Scientific©  
3 Sorvall ST16-R) for 15 minutes. The extraction was repeated three times, and the supernatant was  
4 collected and used to analyze antioxidant activity and total polyphenols. The DPPH (2,2-diphenyl-  
5 1-picrylhydrazyl) radical reduction activity determination was performed according to the  
6 methodology described in BRAND-WILLIAMS; CUVELIER; BERSET (1995), adapted for  
7 microplates. The calculation was made according to equation 1.

8

$$9 \quad \text{DPPH Scavenging activity (\%)} = \frac{(Abs_{control} - Abs_{sample})}{Abs_{control}} \cdot 100 \quad (\text{Eq. 1})$$

10

11 Total polyphenols assay was performed using the Folin-Ciocalteu according to Zhang et al.  
12 (2006) method adapted to the microplate. The analysis was carried out with extracts in 1:10 ratio  
13 using 60 µL of sample, followed by 60 µL of 1:1 Folin-Ciocalteu reagent (Sigma-Aldrich, 2N,  
14 Switzerland) and 80 µL of 7.5% sodium carbonate solution. The solution was incubated at room  
15 temperature for 2 hours and then absorbance was determined at 750 nm in a spectrophotometer  
16 (NANOCOLOR® UV/VIS - MACHEREY-NAGEL, Germany). For the blanks, only microalgae  
17 extracts in 1:10 ratio were used with the same final volume as the quantified samples. The values  
18 were calculated according to a calibration curve made with gallic acid and expressed in gallic acid  
19 equivalents per gram of biomass (mgEq.g<sup>-1</sup>).

1        2.6. Statistical analysis

2            Statistical analysis was performed using one-way analysis of variance (ANOVA) and  
3 compared using Tukey's test with a significance level of 95%. The Shapiro-Wilk tests for  
4 normality and Levene's test for homogeneity of variances were performed. RStudio version  
5 2023.03.0, with R 4.2.2 and the stats and agricolae packages were used for statistics, ggplot2 for  
6 graphics, Factoshiny and missMDA for the principal component analysis.

7

8        **3. Results**

9            **3.1. Growth rates and biomass**

10           The exponential phase of the microalgae ranged from 4 to 6 days depending on the species.  
11 Table 1 shows specific growth rates, biomass, and the light intensity used to grow the cultures,  
12 which corresponds to the saturating irradiance ( $E_k$ ) obtained for each species.

13

1 **Table 1.** Microalgae species,  $E_k$  ( $\mu\text{mol photons}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$ ), and maximum growth rate ( $\text{d}^{-1}$ ) based on  
2 *in vivo* chlorophyll a fluorescence, and final biomass ( $\text{mg}\cdot\text{L}^{-1}$ ) in the cultures, culture time (days)  
3 for harvesting and culture media. Values represent the mean ( $n=3$ ) and the standard deviation of  
4 the mean (in parentheses). For growth rate and biomass, the same letters identify groups with no  
5 statistically significant difference ( $p<0.05$ ). All algae belong to the Class Chlorophyceae, except  
6 *Cryptomonas obovata* that is a Cryptophyceae and *Ophyocytium* sp., a Xanthophyceae.

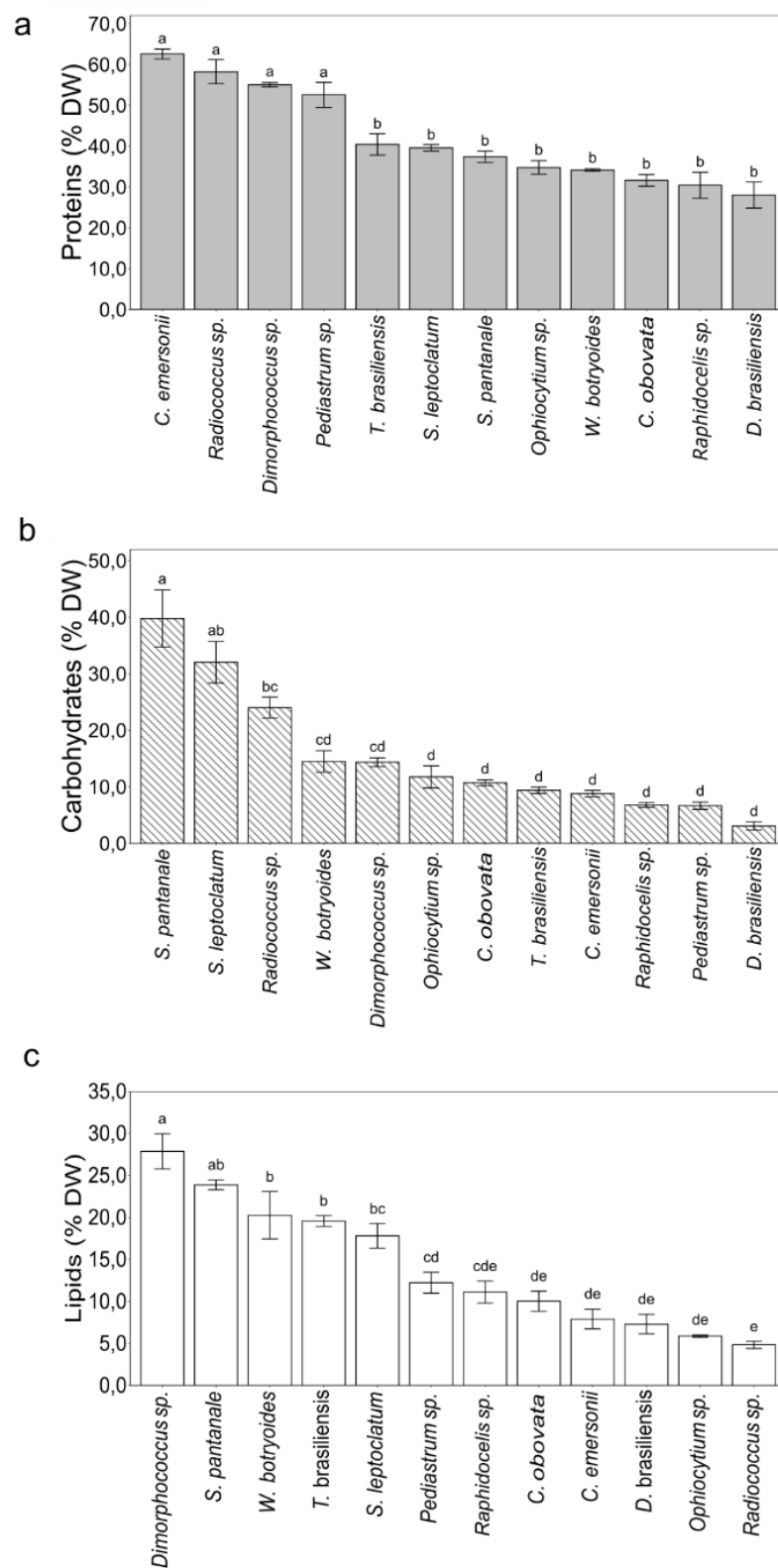
Microalgae	$E_k$	Maximum Growth Rate	Final Biomass	Culture Time	Culture Media
CCMA323- <i>Chlorella emersonii</i>	312.00 (3.13)	0.91 (0.00) <sup>a</sup>	128.5(6.50) <sup>bc</sup>	4	BG-11
CCMA148- <i>Cryptomonas obovata</i>	182.00 (2.50)	0.39 (0.15) <sup>de</sup>	73.3(15.0) <sup>d</sup>	5	WC
CCMA262- <i>Desmodesmus brasiliensis</i>	208.05 (8.61)	0.65(0.04) <sup>b</sup>	157.6(36.6) <sup>ab</sup>	5	BG-11
CCMA571- <i>Dimorphococcus</i> sp.	197.79 (13.32)	0.44(0.02) <sup>de</sup>	127.2(2.20) <sup>bc</sup>	6	WC
CCMA553- <i>Ophiocytium</i> sp.	254.18 (1.27)	0.34(0.00) <sup>ef</sup>	129.5(2.10) <sup>bc</sup>	6	WC
CH007- <i>Pediastrum</i> sp.	246.26 (6.61)	1.06(0.02) <sup>a</sup>	153.3(19.8) <sup>ab</sup>	4	BG-11
CCMA498- <i>Raphidocelis</i> sp.	180.00 (11.30)	0.63(0.03) <sup>bc</sup>	129.8(7.10) <sup>bc</sup>	5	BG-11
CCMA655- <i>Radiococcus</i> sp.	243.29 (11.37)	0.53(0.02) <sup>bcd</sup>	159.6(22.3) <sup>ab</sup>	5	WC
CCMA200- <i>Staurastrum leptocladium</i>	192.96 (30.85)	0.20(0.02) <sup>f</sup>	190.7(8.50) <sup>a</sup>	5	WC
CCMA382- <i>Staurastrum pantanale</i>	213.42 (10.22)	0.39(0.07) <sup>de</sup>	68.5(3.30) <sup>d</sup>	5	WC
CCMA307- <i>Tetranephris brasiliensis</i>	154.65 (4.04)	0.68(0.06) <sup>b</sup>	85.9(8.20) <sup>cd</sup>	5	BG-11
CCMA311- <i>Westella botryoides</i>	200.13 (10.20)	0.48(0.00) <sup>cde</sup>	57.5(2.40) <sup>d</sup>	5	BG-11

1 Growth rates ranged from  $0.20 \pm 0.5 \text{ d}^{-1}$  to  $1.06 \pm 0.02 \text{ d}^{-1}$ . Among the microalgae,  
2 *Pediastrum* sp. and *C. emersonii* presented statistically similar growth rates. It was observed that  
3 biomass production (Table 1) did not follow growth rate, e.g., the strain with the highest growth  
4 rate did not necessarily result in the highest amount of dry biomass. *S. leptocladium* presented the  
5 highest biomass concentration, despite exhibiting the lowest growth rate among the analyzed algae.

### 6 3.2. Biochemical composition

7 In this study, some species produced a high protein content, e.g., above 50%, as shown in  
8 Figure 1. *C. emersonii*, *Radiococcus* sp., *Dimorphococcus* sp., and *Pediastrum* sp. were the species  
9 that produced significant amounts of proteins, with over 50% of their dry biomass; the highest was  
10 63% for *C. emersonii*. However, other microalgae also show promising potential for proteins, such  
11 as *Radiococcus* sp., with 58% as proteins, *Pediastrum* sp. 52%, while in the others, the total protein  
12 content ranged from 30 to 40%.

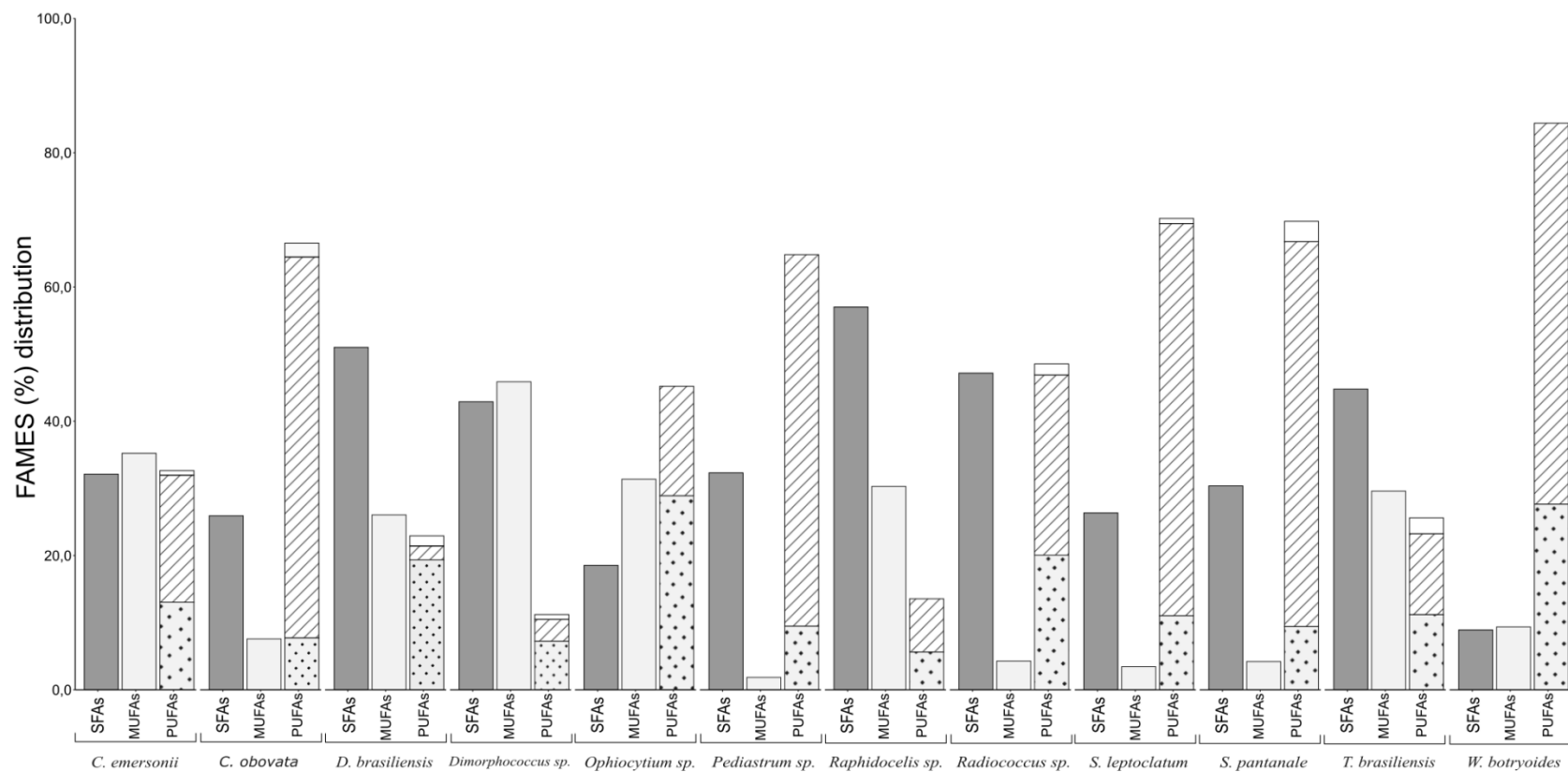
13 The carbohydrate content was the highest in *S. pantanale* (40%) as shown in Figure 1B, a  
14 value almost equivalent to that of its total proteins. Despite the slightly lower average, *S.*  
15 *leptocladium* presented statistically equivalent amounts of carbohydrates. *Radiococcus* sp. also  
16 stood out from the others, with a content of 24% carbohydrates. The other microalgae had contents  
17 ranging from 5% to 15% in their composition. Regarding the total lipid content (Figure 1C),  
18 *Dimorphococcus* sp. excelled with the highest value, at 28%, followed by *S. pantanale* (25%). *W.*  
19 *botryoides*, *T. brasiliensis*, and *S. leptocladium* that had approximately 20%. The other species had  
20 contents lower than 15%, recalling here that such values were obtained in exponentially growing  
21 cells.



**Figure 1.** Composition of biomolecules of the 12 microalgae in percentage of dry biomass (DW). A: total proteins, B: total carbohydrates, C: total lipids. Same letters represent no statistical difference (ANOVA,  $p < 0.05$ ). Error bars represent the standard deviation of the mean ( $n = 3$ ).

1        3.3. Fatty acid profile

2            Table 2 shows the percentage values of each fatty acid in relation to the total, while Figure  
3 2 shows the sum of saturated fatty acids (SFA), monounsaturated fatty acids (MUFA), and  
4 polyunsaturated fatty acids (PUFA). The values of  $\omega 3$  and  $\omega 6$  and the  $\omega 6:3$  ratio are also presented.



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**Figure 2.** Distribution of fatty acid classes, SFAs (dark gray), MUFAs (light gray), and PUFAs, in which the presence of  $\omega 6$  is represented as dots,  $\omega 3$  as stripes, and other PUFAs as plain white. Values represent the means (n=3).

**Table 2.** Fatty acid profile in the 12 prospected freshwater microalgae. Values are presented as % of the total fatty acids and total content of omegas 3 ( $\omega$ 3) and 6 ( $\omega$ 6), and omega 6/3 ratio ( $\omega$ 6/3). Values represent the mean and standard deviations in parentheses (n = 3). The same letters represent means with no statistically significant differences (p-value < 0.05).

FAMES	<i>C. emerso nii</i>	<i>C. obovat a</i>	<i>D. brasiliens is</i>	<i>Dimorphococc us</i> sp.	<i>Ophiocytium</i> sp.	<i>Pediastrum</i> sp.	<i>Radiococcus</i> sp.	<i>Raphidoceli s</i> sp.	<i>S. leptocladu m</i>	<i>S. pantana le</i>	<i>T. brasilie nsis</i>	<i>W. botryoide s</i>
C16:0	27.71 (14.59) <sup>c</sup> <sub>d</sub>	22.01 (4.52) <sup>d</sup>	47.87 (5.22) <sup>a</sup>	40.86 (1.44) <sup>abc</sup>	12.48 (0.35) <sup>a</sup>	28.82 (3.75) <sup>bcd</sup>	45.11 (2.02) <sup>ab</sup>	48.73 (4.47) <sup>a</sup>	24.88 (0.62) <sup>cd</sup>	28.72 (3.15) <sup>cd</sup>	39.15 (0.24) <sup>ab</sup> <sub>c</sub>	4.42 (7.66) <sup>e</sup>
C16:1(n-7)	0.67 (0.19) <sup>c</sup>	7.46 (4.33) <sup>b</sup>	0.25 (0.44) <sup>c</sup>	-	22.23 (3.69) <sup>a</sup>	-	0.41 (0.36) <sup>c</sup>	3.15 (0.05) <sup>bc</sup>	3.44 (0.11) <sup>bc</sup>	1.33 (0.73) <sup>c</sup>	2.42 (0.15) <sup>bc</sup>	5.73 (3.93) <sup>bc</sup>
C16:1(n-9)	-	-	-	-	-	-	-	1.5 (0.05) <sup>a</sup>	-	0.69 (0.64) <sup>b</sup>	-	-
C16:2(n-4)	-	-	-	-	10.53 (1.89) <sup>a</sup>	-	-	-	-	-	-	-
C16:2(n-6)	-	0.21 (0.22) <sup>b</sup> <sub>c</sub>	-	0.48 (0.24) <sup>bc</sup>	-	0.70 (0.17) <sup>bc</sup>	0.39 (0.34) <sup>bc</sup>	-	1.98 (0.17) <sup>a</sup>	0.91 (0.71) <sup>b</sup>	0.20 (0.06) <sup>bc</sup>	-
C16:3(n-3)	-	1.15 (0.19) <sup>e</sup> <sub>f</sub>	0.58 (0.36) <sup>ef</sup>	-	-	3.31 (0.22) <sup>d</sup>	4.88 (0.05) <sup>c</sup>	1.25 (0.89) <sup>ef</sup>	15.76 (0.2) <sup>a</sup>	12.57 (1.38) <sup>b</sup>	1.82 (0.04) <sup>e</sup>	-
C16:4(n-3)	16.35 (7.60) <sup>a</sup>	9.82 (2.55) <sup>a</sup> <sub>b</sub>	1.01 (1.10) <sup>c</sup>	-	-	8.68 (1.90) <sup>b</sup>	4.37 (1.70) <sup>bc</sup>	3.92 (1.37) <sup>bc</sup>	-	-	10.06 (0.00) <sup>ab</sup>	-
C18:0	3.20 (0.09) <sup>bcd</sup>	2.54 (0.01) <sup>c</sup> <sub>de</sub>	3.14 (0.28) <sup>bcd</sup>	2.05 (0.20) <sup>cde</sup>	6.06 (0.52) <sup>a</sup>	2.09 (1.65) <sup>cde</sup>	1.82 (0.23) <sup>de</sup>	4.38 (0.71) <sup>ab</sup>	1.21 (0.05) <sup>e</sup>	1.66 (0.49) <sup>de</sup>	3.66 (0.15) <sup>bc</sup>	4.50 (0.01) <sup>ab</sup>
C18:1(n-9)	34.56 (6.37) <sup>a</sup>	-	-	-	9.14 (6.89) <sup>b</sup>	-	-	-	-	-	-	-
C18:1(n-7)	-	-	24.61 (2.47) <sup>b</sup>	45.88 (0.65) <sup>a</sup>	-	1.05 (0.27) <sup>cd</sup>	3.44 (0.69) <sup>c</sup>	24.81 (2.04) <sup>b</sup>	-	-	27.18 (0.02) <sup>b</sup>	3.63 (0.44) <sup>c</sup>
C18:1(n-5)	-	-	1.19 (0.30) <sup>b</sup>	-	-	-	-	-	-	2.2 (0.88) <sup>a</sup>	-	-
C18:2(n-6)	13.00 (0.36) <sup>c</sup>	7.49 (1.30) <sup>d</sup> <sub>e</sub>	19.18 (1.96) <sup>b</sup>	7.29 (0.21) <sup>de</sup>	6.33 (0.44) <sup>de</sup>	8.82 (0.97) <sup>d</sup>	20.14 (0.57) <sup>b</sup>	5.32 (0.7) <sup>e</sup>	8.17 (0.58) <sup>d</sup>	8.55 (1.18) <sup>d</sup>	11.99 (0.24) <sup>c</sup>	27.09 (1.04) <sup>a</sup>
C18:3(n-6)	-	-	1.09 (0.3) <sup>b</sup>	-	-	-	-	-	0.93 (0.22) <sup>b</sup>	2.96 (0.47) <sup>a</sup>	0.3 (0.09) <sup>c</sup>	-

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**Table 2. cont.** Fatty acid profile in the 12 prospected freshwater microalgae. Values are presented as % of the total fatty acids and total content of omegas 3 ( $\omega 3$ ) and 6 ( $\omega 6$ ), and omega 6/3 ratio ( $\omega 6/3$ ). Values represent the mean and standard deviations in parentheses (n = 3). The same letters represent means with no statistically significant differences (p-value < 0.05).

FAMES	<i>C. emersoni</i>	<i>C. obovata</i>	<i>D. brasiliensis</i>	<i>Dimorphococcus</i> sp.	<i>Ophiocytium</i> sp.	<i>Pediastrum</i> sp.	<i>Radiococcus</i> sp.	<i>Raphidocelis</i> sp.	<i>S. leptocladium</i>	<i>S. pantanale</i>	<i>T. brasiliensis</i>	<i>W. botryoides</i>
C18:3(n-3)	-	46.81 (4.66) <sup>b</sup>	-	-	-	42.37 (2.75) <sup>b</sup>	15.08 (0.79) <sup>e</sup>	-	33.13 (0.54) <sup>c</sup>	33.08 (4.36) <sup>c</sup>	-	54.62 (3.63) <sup>a</sup>
C18:4(n-3)	3.12 (1.27) <sup>cd</sup>	0.36 (0.20) <sup>fg</sup>	1.06 (0.28) <sup>efg</sup>	3.44 (0.4) <sup>cd</sup>	-	1.89 (0.29) <sup>def</sup>	3.67 (0.37) <sup>c</sup>	2.21 (0.55) <sup>ede</sup>	9.24 (0.57) <sup>a</sup>	7.35 (1.09) <sup>b</sup>	1.24 (0.08) <sup>efg</sup>	-
C20:4(n-6)	-	-	-	-	15.21 (0.23) <sup>a</sup>	-	-	-	0.83 (0.07) <sup>b</sup>	-	-	-
C20:5(n-3)	-	0.46 (0.05) <sup>b</sup>	-	-	12.7 (0.28) <sup>a</sup>	-	-	-	0.12 (0.03) <sup>c</sup>	-	-	-
C22:0	-	0.81 (0.05) <sup>b</sup>	-	-	-	1.08 (0.26) <sup>b</sup>	0.24 (0.1) <sup>c</sup>	2.36 (0.38) <sup>a</sup>	-	-	0.86 (0.1) <sup>b</sup>	-
C22:1	-	-	-	-	-	-	0.43(0.04) <sup>a</sup>	-	-	-	-	-
C22:6(n-3)	-	-	-	-	1.59 (0.27) <sup>a</sup>	-	-	-	-	-	-	-
C24:0	1.21 (0.19) <sup>b</sup>	0.23 (0.06) <sup>de</sup>	-	-	-	0.34 (0.22) <sup>cd</sup>	-	1.54 (0.02) <sup>a</sup>	0.17 (0.02) <sup>de</sup>	-	0.55 (0.09) <sup>c</sup>	-
C24:1	-	-	-	-	-	0.8(0.2) <sup>a</sup>	-	-	-	-	-	-
$\omega 3$	18.93 (6.35)	56.74 (3.67)	2.06 (0.51)	3.26 (0.26)	16.31 (0.80)	55.35 (2.48)	26.83 (2.23)	7.93 (2.09)	58.41 (1.05)	57.33 (1.55)	12.05 (0.01)	56.75 (0.58)
$\omega 6$	13.04 (0.24)	7.52 (0.70)	19.36 (1.41)	6.91 (0.12)	28.90 (1.08)	9.36 (0.50)	20.05 (0.46)	5.62 (0.52)	11.03 (0.48)	9.43 (0.35)	11.19 (0.24)	27.64 (0.41)
$\omega 6/3$	0.81 (0.41) <sup>b</sup>	0.14 (0.01) <sup>b</sup>	10.00 (2.65) <sup>a</sup>	2.23 (0.21) <sup>b</sup>	1.77 (0.06) <sup>b</sup>	0.17 (0.02) <sup>b</sup>	0.76 (0.16) <sup>b</sup>	0.76 (0.08) <sup>b</sup>	0.19 (0.02) <sup>b</sup>	0.16 (0.01) <sup>b</sup>	0.93 (0.32) <sup>b</sup>	0.49 (0.00) <sup>b</sup>

1           The lipid profile of the 12 microalgae (Table 2) shows the identification of 22 fatty acids,  
2 mainly PUFAs. Five microalgae had contents of 60% PUFAs: *C. obovata*, *Pediastrum* sp., *S.*  
3 *leptocladium*, *S. pantanale*, and *W. botryoides*. Alpha-linolenic acid (C18:3n3) was the  
4 predominant component, followed by linoleic acid (C18:2n6) (Table 3). Less common FAMES  
5 for freshwater microalgae are eicosapentaenoic (EPA), docosahexaenoic (DHA), and  
6 arachidonic (ARA) acids. Although some other algae have presented these PUFAs, only in  
7 *Ophiocytium* sp. EPA (C20:5n3), DHA (C22:6n3), and ARA (C20:4n6) were they detected at  
8 concentrations higher than 1%. This microalga presented an ARA content of 15%, 1.3% for  
9 DHA, and 13% for EPA.

10           Regarding MUFAs, *Dimorphococcus* sp. had the highest content (49%), mainly  
11 consisting of vaccenic acid (C18:1n7). *Ophiocytium* sp. had the second highest content, rich in  
12 palmitoleic acid (16:1n7). *C. emersonii* stood out in relation to the amount of oleic acid  
13 (C18:1n9), which made up 34% of its 35% of monounsaturated lipids. This alga presented  
14 almost the same amount of SFAs, mainly comprising palmitic acid (C16:0), which was the most  
15 common SFA observed, especially for *Raphidocelis* sp. and *D. brasiliensis*, whose oils mainly  
16 consist of SFAs.

17           Among the  $\omega$ 3 and  $\omega$ 6 fatty acids, the highest production of  $\omega$ 3 was observed in the  
18 *Staurastrum* group of algae, where they were found to be predominant compared to  $\omega$ 6. The  
19 highest  $\omega$ 6 contents were found in *W. botryoides* and *Ophiocytium* sp. This favorable  
20 concentration of  $\omega$ 3 was responsible for decreasing the  $\omega$ 6:3 ratio, which ranged from 0.1 to 2  
21 in the studied microalgae. The only exception was *D. brasiliensis*, with an  $\omega$ 6:3 ratio of  $10.0 \pm$   
22 2.6.

23

1 3.4. Pigments and antioxidants

2 The concentration of the photosynthetic pigments, chlorophyll a, chlorophyll (Chl b, c<sub>1&2</sub>)  
3 and carotenoids, the antioxidant activity, and total polyphenols are shown in Table 3.

4 **Table 3.** Pigment composition, chlorophyll a (Chl a), chlorophyll (Chl b, c<sub>1&2</sub>), carotenoids  
5 (TC), the ratio of chlorophyll a to b (chl a/b), total polyphenols content (TPC) and scavenging  
6 activity by DPPH (DPPH) in the 12 freshwater microalgae investigated. The values represent  
7 the means, and the standard deviation (n = 3) is shown in parentheses. Same letters represent  
8 means that did not show statistically significant differences among the microalgae (p-value <  
9 0.05).

Microalgae	Chl a ( $\mu\text{g}\cdot\text{mL}^{-1}$ )	Chl b, c <sub>1&amp;2</sub> * ( $\mu\text{g}\cdot\text{mL}^{-1}$ )	TC ( $\mu\text{g}\cdot\text{mL}^{-1}$ )	Chl a/b	TPC ( $\text{mgEq}\cdot\text{g}^{-1}$ )	DPPH (%inhibition)
<i>C. emersonii</i>	2.83(0.02) <sup>a</sup>	1.42(0.05) <sup>a,b</sup>	0.83(0.00) <sup>a</sup>	2.00(0.06) <sup>abc</sup>	7.03(0.17) <sup>bcd</sup>	28.70(1.15) ) <sup>bcd</sup>
<i>C. obovata</i>	1.04(0.04) <sup>d</sup>	0.90 (0,02)	—	—	11.01(0.37) <sup>a</sup>	23.14(3.95) ) <sup>cde</sup>
<i>D. brasiliensis</i>	1.14(0.30) <sup>d</sup>	0.84(0.21) <sup>cd</sup>	0.28(0.02) <sup>d</sup>	1.44(0.28) <sup>d</sup>	6.85(0.19) <sup>bcd</sup>	19.41(2.31) ) <sup>de</sup>
<i>Dimorphococcus</i> sp.	1.55(0.14) <sup>c</sup>	1.08(0.12) <sup>bc</sup>	0.36(0.02) <sup>c</sup>	1.44(0.04) <sup>d</sup>	7.63(0.25) <sup>bc</sup>	18.73(0.87) ) <sup>e</sup>
<i>Ophiocytium</i> sp.	0.96(0,04) <sup>de</sup>	0.83 (0,03)	—	—	5.88(0.16) <sup>d</sup>	25.03(4.90) ) <sup>cde</sup>
<i>Pediastrum</i> sp.	2.92(0.04) <sup>a</sup>	1.63(0.09) <sup>a</sup>	0.83(0.00) <sup>a</sup>	1.80(0.07) <sup>bcd</sup>	8.07(0.43) <sup>b</sup>	36.31(2.27) ) <sup>ab</sup>
<i>Raphidocelis</i> sp.	1.08(0.04) <sup>d</sup>	0.66(0.04) <sup>de</sup>	0.3(0.00) <sup>cd</sup>	1.64(0.05) <sup>bcd</sup> ef	6.47(0.07) <sup>bc</sup>	20.88(2.03) ) <sup>bc</sup>
<i>Radiococcus</i> sp.	1.98(0.18) <sup>b</sup>	1.35(0.09) <sup>ab</sup>	0.57(0.04) <sup>b</sup>	1.46(0.03) <sup>d</sup>	7.85(0.08) <sup>cd</sup>	31.22(2.62) ) <sup>de</sup>
<i>S. leptocladium</i>	2.89(0.02) <sup>a</sup>	1.24(0.02) <sup>b</sup>	0.83(0.01) <sup>a</sup>	2.33(0.02) <sup>a</sup>	10.54(0.18) <sup>a</sup>	42.68(1.04) ) <sup>a</sup>
<i>S. pantanale</i>	0.69(0.04) <sup>ef</sup>	0.41(0.01) <sup>ef</sup>	0.26(0.01) <sup>d</sup>	1.69(0.09) <sup>bcd</sup>	7.39(0.34) <sup>bc</sup>	33.99(2.67) ) <sup>b</sup>
<i>T. brasiliensis</i>	1.19(0.07) <sup>d</sup>	0.56(0.01) <sup>def</sup>	0.34(0.03) <sup>c</sup> d	2.13(0.15) <sup>ab</sup>	6.69(0.94) <sup>bcd</sup>	27.66(1.61) ) <sup>bcde</sup>
<i>W. botryoides</i>	0.56(0.05) <sup>f</sup>	0.29(0.01) <sup>f</sup>	0.18(0.02) <sup>e</sup>	1.96(0.14) <sup>abc</sup>	3.43(0.03) <sup>e</sup>	27.47(0.88) ) <sup>bcde</sup>

10 \* *C. obovata* is a Cryptophyceae and have Chlorophyll c<sub>2</sub> and *Ophiocytium* sp. is an Xanthophyceae and have  
11 Chlorophyll c<sub>1&2</sub>.

12

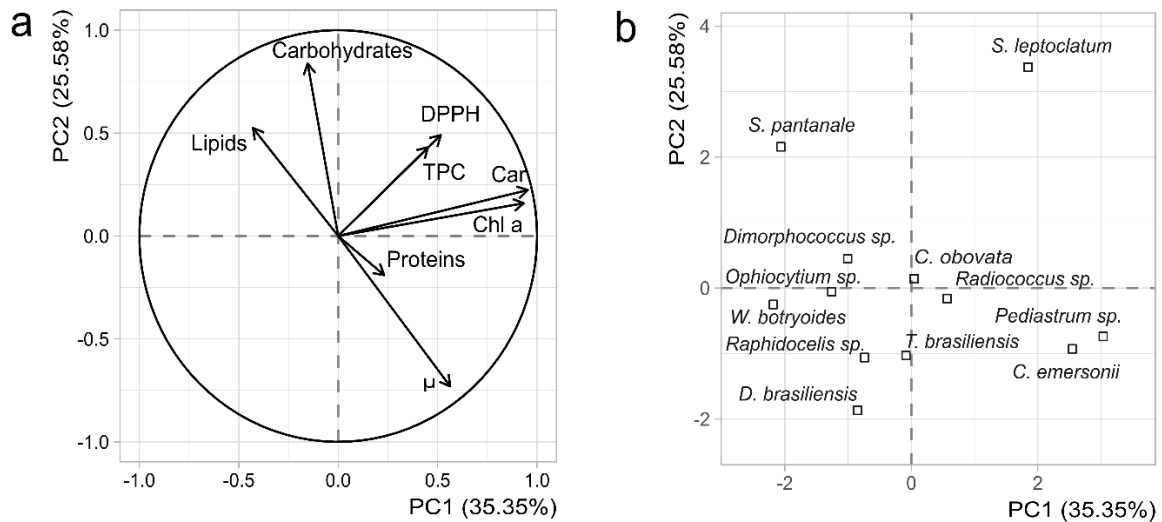
1           In terms of photosynthetic pigments, Chlorophyta and Charophyta followed the same  
2 production pattern, with higher concentrations of Chl a followed by Chl b. The microalgae *C.*  
3 *emersonii*, *Pediastrum* sp., and *S. leptocladium* had the highest values of Chl a, Chl b, and  
4 carotenoids. The others did not show any difference in pigment content. Regarding the ratio  
5 Chl a/b, the highest values were observed for *S. leptocladium*, *T. brasiliensis*, *C. emersonii*, and  
6 *W. botryoides*. *C. obovata* and *Ophiocytium* sp. showed similar amounts of Chl c.

7           Among the antioxidant potential of all the evaluated microalgae, the highest antioxidant  
8 activity values were observed in *S. leptocladium*, with 43% DPPH radical inhibition, followed  
9 by the microalga *Pediastrum* sp., which showed 36% inhibition. *Raphidocelis* sp. had  
10 significant activity, similar to that of *Pediastrum* sp., and also showed a similar polyphenol  
11 content. Regarding the total polyphenol content, the microalgae *C. obovata* and *S. leptocladium*  
12 stood out. However, unlike *S. leptocladium*, a greater reducing capacity did not translate into  
13 greater antioxidant activity for *C. obovata*, which had 23% DPPH radical inhibition. The other  
14 algae showed polyphenol content in the range of 3 to 8 mgEq.g<sup>-1</sup>.

### 15           3.5. Principal component analysis of main biomolecules and antioxidants

16           Considering growth rate, biomolecules (proteins, carbohydrates, and lipids), pigments  
17 (Chl a and carotenoids), and antioxidant compounds, a principal component analysis (PCA)  
18 plot was generated (Figure 3).

1



2

3 **Figure 3.** Principal component analysis of key biomolecules (lipids, proteins and  
4 carbohydrates), Chlorophyll a (Chl a) and carotenoids (Car), antioxidants, and growth rate ( $\mu$ )  
5 for the 12 different microalgae species, considering: a) variables and b) individuals. The  
6 individual plot represents the mean point of triplicates (n=3).

7

8 For *C. obovata* and *Ophiocytium* sp. the values of carotenoids were not considered using the  
9 R-package missMDA to correct the missing values (AUDIGIER; HUSSON; JOSSE, 2016). PC1  
10 (Figure 3a) explained 35.35% of the variation and was positively correlated with most variables  
11 except for carbohydrates and lipids. PC2 explained 25.58% of the variation, showing positive  
12 correlations only with lipids and carbohydrates. Together, these two components accounted for  
13 more than 60% of the variation in the observed variables. Some patterns can be mentioned,  
14 including a correlation between the growth rate and protein content, although it is not a strong  
15 correlation. A correlation was observed between Chlorophyll a, carotenoids and antioxidant  
16 activity (DPPH), as well as with total polyphenol content, showing almost a direct correlation.  
17 Lipids and carbohydrates also exhibited a correlation. In Figure 3b, PC1 clearly associates *C.*  
18 *emersonii* and *Pediastrum* sp., with higher growth rates, protein content, and pigment

1 production. *S. leptocladium* showed potential for producing antioxidant compounds,  
2 particularly polyphenols. PC2 highlighted the potential for lipid and carbohydrate production,  
3 with *Staurastrum* species standing out for these biomolecules, along with *Dimorphococcus* sp.

#### 4 **4. Discussion**

5         The results obtained in the present research related to growth rates and biomolecules  
6 (lipids, proteins, and carbohydrates) are within the expected range reported in the literature for  
7 eukaryotic microalgae (FINKEL et al., 2016). The variation in growth rates, a species-specific  
8 variable that depends on nutritional factors, was expected due to both the different species and  
9 phenotypic factors, as observed in the relationship between cell volume and lower growth rate  
10 values (REITAN et al., 2021; TANG, 1996). The growth rate may also be associated with  
11 variations in the molecular composition of microalgae. The analysis of biomolecules by PCA  
12 showed a positive correlation between the growth rate and protein content. In their review,  
13 Finkel et al. (2016) highlighted that higher growth rates are associated with higher protein  
14 content. This likely occurs due to the significant need for protein synthesis and expression in  
15 microalgae with higher division rates. Rees and Raven (2021) observed an association between  
16 growth rate and a higher proportional RNA content among photosynthetic eukaryotes. The  
17 species that had the most significant influence on these variables were the microalgae *C.*  
18 *emersonii* and *Pediastrum* sp.

19         The *Chlorella* genus is commonly used as food source for humans and animals  
20 (BECKER, 2007), which is due to its ease of growth and accumulation of proteins of high  
21 nutritional value (AHMAD et al., 2020). In this study, both the growth rate (0.91 d<sup>-1</sup>) and protein  
22 content (63%) in *C. emersonii* are consistent with the literature. Ma et al. (2021) obtained up to  
23 54% proteins in *Chlorella sorokiniana* in batch cultivation using the modified BG11 medium.  
24 Silva et al. (2023) obtained, for *Chlorella fusca*, levels of up to 32% in the exponential growth

1 in Bold-basal medium (BBM). Illman et al. (2000) obtained 32% proteins in the stationary  
2 phase for *Chlorella emersonii* in Watanabe medium. The protein values reported in both Silva  
3 et al. (2023) and Illman et al. (2000) were around half of those obtained in this work, with  
4 cultures in the exponential growth phase.

5 In the present research, although not a commercially exploited species, *Pediastrum* sp.  
6 presented growth rate and protein values comparable to *C. emersonii*. Investigating *Pediastrum*  
7 sp., Sassi et al. (2019) obtained a growth rate of 0.63 d<sup>-1</sup> in Zarrouk medium and 0.81 d<sup>-1</sup> in WC  
8 medium, and in WC, the authors obtained a maximum protein content of 35% at the beginning  
9 of the stationary growth phase. However, in the present research, unlike *C. emersonii*, whose  
10 antioxidant capacity was 28.7%, *Pediastrum* sp. had 36% of antioxidant capacity and more than  
11 double the content of polyunsaturated fatty acids. The higher polyunsaturated fatty acids  
12 content can be related to the presence of linolenic acid, which made up almost half of the fatty  
13 acids in this alga, contributing to a favorable ω6:3 ratio (0.17). The ratio between these groups  
14 is important from a nutritional point of view, as ideally, the recommended intake varies from  
15 4:1 to 1:1. Diets with higher proportions of omega-6 influence the onset of inflammation-related  
16 diseases and chronic illnesses (SIMOPOULOS, 2002). This makes *Pediastrum* sp. interesting  
17 for future studies of nutritional applications, as an alga that produces large amounts of  
18 antioxidants and PUFAs that are of interest for human and animal nutrition (MAVROMMATIS  
19 et al., 2023; SANTIN et al., 2022; SIDRA ZAMAN et al., 2023).

20 *W. botryoides* stood out in the production of PUFAs as it is the only species that  
21 presented above 80% and 20% DW as lipids, more significant to human health. Moreover, it is  
22 rich in alpha-linolenic (55%) and linoleic (27%) acids, essential for dietary consumption  
23 (CASTRO; TOCHER; MONROIG, 2016). In general, Chlorophyceae microalgae have been  
24 reported as good producers of ALA. Guedes et al. (2011) evaluated several groups of

1 microalgae and observed that the Chlorophyceae had, in general, a higher concentration of  
2 PUFAs than other groups. Matos et al. (2016) observed that *Chlorella vulgaris* had a  
3 composition of 40% PUFAs of the total fatty acids, which was higher than the other groups  
4 they evaluated (below 2%). Evaluating the fatty acid profile of 14 Chlorophyta,  
5 SANTHAKUMARAN; KOOKAL; RAY (2018) found that algae in the same family as *W.*  
6 *botryoides* had PUFA levels exceeding 50%, and ALA was the major fatty acid for  
7 *Scenedesmus obliquus*, *Scenedesmus acuminatus*, and *Pseudotetradesmus quaternarius*.

8 *Ophyocytium* sp. was the only microalgae species in the 12 investigated ones in the  
9 present research that could produce ARA, EPA, and DHA. This may be characteristic of the  
10 Xanthophyceae group to which *Ophyocytium* sp. belongs. Lang et al. (2011) evaluated the lipid  
11 composition of over 2,000 microalgae strains belonging to various groups and observed that  
12 among the Xanthophyceae, almost half of them had arachidonic acid, while just 14% was  
13 reported for the Chlorophyceae. However, even though half of the Xanthophyceae they  
14 investigated presented arachidonic acid, less than a quarter of that presented contents above 5%.

15 The other eight microalgae species studied in the present research produced higher  
16 amounts of MUFAs and SFAs than the afore mentioned four species. SFAs and MUFAs are  
17 fatty acids desirable for applications related to bioenergy, such as biodiesel. According to the  
18 literature, saturated acids such as palmitic acid and monounsaturated acids such as oleic acid  
19 are desirable for bioenergy (KNOTHE, 2008, 2014). For such applications, it is also  
20 recommended that PUFA values do not exceed 17% (BREUER et al., 2012). Considering these  
21 premises, the microalgae *Dimorphococcus* sp. proved to be a suitable strain for the bioenergy  
22 sector. *Dimorphococcus* sp. showed the highest production of lipids (28%) in exponentially  
23 growing cells, with 49% MUFAs and 41% SFAs, in addition to high protein levels (>50% DW).  
24 These variables, lipids and proteins, were antagonistic in the PCA, thus *Dimorphococcus* sp.

1 can be considered an exception among the strains. The growth rate also showed an inverse  
2 relationship with lipid content, where carbohydrates were the only factor that correlated with  
3 higher lipid percentages. This may be related to the fact that both play a fundamental role in  
4 various structural processes and act as carbon storage (BOROWITZKA et al., 2016).

5 Sánchez-Bayo et al. (2020) observed a negative correlation between protein  
6 accumulation and carbohydrate content in their evaluation of microalgae and cyanobacteria.  
7 Reitan et al. (2021) also noted that conditions favoring lower growth rates led to increased  
8 carbohydrates and lipids in marine microalgae. Considering the individual variables in PCA,  
9 those that stood out the most in carbohydrate and lipid content were the microalgae of the genus  
10 *Staurastrum*. *S. pantanale* presented 23% lipids and was notable as it produces a significant  
11 amount of carbohydrates (40% DW), while *S. leptocladium* had lower levels of carbohydrates  
12 (32% DW) and 20% lipids. For both species, these values are higher than most eukaryotic  
13 microalgae, which typically contain around 11 to 17% carbohydrates and 14 to 18% lipids  
14 (FINKEL et al., 2016). This could possibly be a characteristic of this genus, as Giroldo et al.  
15 (2005) observed significant carbohydrate production by this genus, and it was also reported to  
16 have the potential for lipid accumulation (STAMENKOVIĆ et al., 2019). However,  
17 biochemical studies of this group are still scarce in the literature.

18 The pigments, chlorophyll a and b, and carotenoids (produced by the species we studied)  
19 followed the pattern reported in Azaman et al. (2017), in which *Chlorella sorokiniana* and  
20 *Chlorella zofingiensis* presented a higher content of Chl a, followed by Chl b and carotenoids.  
21 The PCA analysis confirmed a correlation in between chlorophyll a and carotenoids. This is the  
22 expected pattern under photoautotrophic conditions for microalgae in exponential growth and  
23 healthy cells, as chlorophyll a are the main photosynthetic pigment, dominating in  
24 photosystems I and II (BOROWITZKA et al., 2016). Usually, there are around 7 or 8 Chl a to

1 5 Chl b per photosystem, and the Chl a/b ratio is close to 1.4 (EGGINK; PARK; HOOBER,  
2 2001). In our study, ratios higher than 1.4 were detected, which, as expected, indicates  
3 physiological health. Additionally, we also observed that the algae that achieved higher growth  
4 rates, except for *D. brasiliensis*, exhibited higher Chl a/b ratios, which may indicate better light  
5 utilization (Friedland et al. 2019). According to COGNE et al. (2011) and FRIEDLAND et al.  
6 (2019) the higher content of Chl a in relation to Chl b can be associated with better  
7 photosynthetic performance, greater biomass accumulation and higher growth rates, thus  
8 healthier cells. *C. obovata* and *Ophiocytium* sp. do not produce chlorophyll b. *C. obovata*  
9 contains chlorophyll a and c<sub>2</sub>, while *Ophiocytium* sp. chlorophylls c<sub>1&2</sub> (Guiry, 1997). The  
10 chlorophyll c content values did not differ between the two species, and the calculated values  
11 for chlorophyll a were close to those observed for other Chlorophyta.

12 Carotenoids, although in smaller quantities, play a complementary role in light  
13 absorption and act as free radical inhibitors (Cirulis et al. 2013). In this study, an association  
14 was observed between higher carotenoid content and a greater antioxidant response. However,  
15 this correlation was not stronger because polyphenol content affects antioxidant activity due to  
16 its natural ability to stabilize free radicals, either by donating protons or electrons (Leopoldini  
17 et al. 2011). This was observed in the PCA analysis, which showed a direct correlation between  
18 increased antioxidant potential and polyphenol content for the 12 microalgae studied. The main  
19 contributor was the microalga *S. leptocladium*, which presented the highest antioxidant activity  
20 and total polyphenols compared to most of the other 11 microalgae investigated. Another alga  
21 with antioxidant potential was *Pediastrum* sp., which also showed significant inhibition of the  
22 DPPH radical. Corrêa et al. (2022) achieved 39.8% inhibition of the ABTS radical,  
23 demonstrating its capacity as a producer of antioxidant compounds. The authors obtained a  
24 lower polyphenol concentration (1.95 mgEq.g<sup>-1</sup>) compared to the value obtained in the present  
25 study. Santiago-Díaz et al. (2021) obtained DPPH radical inhibition values of up to 30% by

1 evaluating methanolic extracts of three Chlorophyceae, similar to the results for most  
2 microalgae examined here. Banskota et al. (2019) observed up to 45% activity in *Tetraselmis*  
3 *chuii* and around 21% in *Chlorella sorokiniana*. For total polyphenols, they obtained 9.78 and  
4 6.32 mgEq.g<sup>-1</sup>, comparable to most of the microalgae assessed in this study. Using various  
5 solvent mixtures and extraction methods, Monteiro et al. (2020) achieved a maximum of 6  
6 mgEq.g<sup>-1</sup> in different groups of macro and microalgae. In this research, only *Ophiocytium* sp.  
7 and *W. botryoides* were below that threshold.

8

## 9 **5. Conclusion**

10 As conclusion, the prospection of the 12 microalgae for biomolecules, growth rates, and  
11 biomass highlights their promising potential in various areas of biotechnology. *C. emersonii*  
12 and *Pediastrum* sp. stand out due to their high growth rates and production of biomass, proteins,  
13 and pigments. Specifically, *Pediastrum* sp. showed one of the highest antioxidant activities, in  
14 addition to producing more essential polyunsaturated fatty acids than *C. emersonii*.  
15 *Dimorphococcus* sp., emerges as a protein producer, with the potential for biofuel production  
16 due to the concentration and composition of its lipids. Microalgae of the genus *Staurastrum* and  
17 *W. botryoides* are rich in carbohydrates and essential polyunsaturated lipids, while *Ophiocytium*  
18 sp. excels in the production of uncommon essential fatty acids, such as DHA, EPA, and ARA.

19 The results of this study demonstrate the potential of microalgae from understudied  
20 taxonomic groups as sources of industrially relevant biomolecules. The unique and  
21 advantageous characteristics of these microalgae make them promising candidates for the  
22 development of novel products and processes in various biotechnology fields.

23

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- 22



## 1 **1. Introduction**

2 The emergence in the number of antibiotic-resistant bacteria cases has led the World  
3 Health Organization to classify this issue as one of the top ten global health challenges (WHO,  
4 2019). The reliance on these drugs to treat infections has worsened hospital-acquired infections  
5 caused by resistant pathogens. This has resulted in more annual deaths and increased healthcare  
6 costs due to more complex therapies (PULINGAM et al., 2022). By 2050, a cumulative total of  
7 almost 40 million deaths is estimated and an annual forecast of almost 2 million deaths  
8 (NAGHAVI et al., 2024).

9 The search for antibiotics has historically been successful when based on natural  
10 products. The golden age of antibiotics began in 1940 and extended to 1960, with various  
11 initiatives leading to the discovery of new molecules and mechanisms of action (HUTCHINGS;  
12 TRUMAN; WILKINSON, 2019). Newman and Cragg (2020) reviewed the drugs approved  
13 from 1981 to 2019, noting that approximately 48% of antimicrobials are classified as natural or  
14 natural-derived. Since the emergence of sulfonamides and penicillin, new antimicrobials have  
15 been discovered, such as darobactin, identified in *Photorhabdus* (IMAI et al., 2019), and  
16 clovibactin, extracted from a *Streptomyces* strain, which shows activity mainly against Gram-  
17 positive bacteria (SHUKLA et al., 2023).

18 One of the advantages of searching for antimicrobials based on natural products is that  
19 these compounds have been selected through evolutionary mechanisms. This has endowed  
20 them with advantageous biological properties, such as the ability to cross membranes more  
21 easily and interact with proteins and enzymes, making them more bioavailable than fully  
22 synthetic antibiotics (SCHNEIDER, 2021). However, one challenge in this context is the  
23 rediscovery of antimicrobials from terrestrial sources. On the other hand, compounds from  
24 marine organisms may represent a promising source. Due to the high dilution that occurs in  
25 aquatic environments, antibiotics from these sources tend to be more potent than those derived  
26 from terrestrial organisms (KONG; JIANG; ZHANG, 2010). Additionally, many of these  
27 compounds exhibit chemical novelty, making them promising candidates for the development  
28 of innovative metabolites (KONG; JIANG; ZHANG, 2010).

29 A still underexplored source of chemical diversity is eukaryotic microalgae. These  
30 cosmopolitan microorganisms exhibit a rich chemical, biochemical, and morphological  
31 diversity (RUANE; SONNINO; AGOSTINI, 2010). Initially, their use was focused on fuels,  
32 but later, applications for food and as a new potential source of proteins, carbohydrates, and

1 lipids gained attention (BARBOSA et al., 2023). Microalgae have gained prominence in  
2 pharmaceutical applications, serving as a source of bioactive compounds such as carotenoids,  
3 omega-3, antioxidants, and anti-inflammatory agents (SILVA et al., 2022). These properties  
4 have drawn attention to algae as sources of compounds with antimicrobial activity. The first  
5 report of an antimicrobial derived from a microalga was chlorellin, a lipid consortium derived  
6 from microalgae of the genus *Chlorella* sp. (PRATT et al., 1944). Since then, antimicrobial  
7 activity has been described for various genera of microalgae, including *Chlorella* (IBRAHIM  
8 et al., 2015; JAFARI et al., 2018; ÖRDÖG et al., 2004), *Dunaliella* (KILIC; ERDEM;  
9 DONMEZ, 2019; MAADANE et al., 2017) and *Scenedesmus* (DANTAS et al., 2019; PATIL;  
10 KALIWAL, 2019), which exhibit activity against *Escherichia coli*, *Staphylococcus aureus*, and  
11 other microorganisms of human and veterinary relevance.

12 Thus, the search for antimicrobials from new sources, especially within a diverse group  
13 of microalgae, emerges as a promising alternative for the discovery of new antimicrobial  
14 compounds.

## 15 **2. Objectives**

16 This study aimed to identify antimicrobial activity from eukaryotic microalgae extracts.  
17 It also sought to evaluate their metabolic profiles and identify promising metabolites as  
18 potential antimicrobials.

19

## 20 **3. Material and Methods**

21

### 22 **3.1. Cultivation of algae**

23 The strains used were obtained from the Freshwater Microalgae Culture Collection of  
24 the Federal University of São Carlos (CCMA-UFSCar) and the Freshwater Microalgae Culture  
25 Collection of the Institute of Biological Sciences of the Federal University of Rio Grande  
26 (FURG). In total, 26 strains were evaluated. They were cultivated in BG11 medium (Stanier et  
27 al., 1979) or WC medium (Guillard, 1975) in 1L Houx-type flasks (267 mm x 122 mm x 56  
28 mm), containing the appropriate medium for each species. The cultures were maintained under  
29 constant aeration with filtered (0.22 µm) atmospheric air and a 12h/12h light/dark photoperiod  
30 up to the 8th day of the culture stationary phase. Afterward, the biomass was recovered,  
31 centrifuged (Heraeus Multifuge X3R Thermo Fisher Scientific, USA) at 4000 rpm, 4 °C for 10

1 min, the supernatant was discarded, and the pellet was frozen (-20 °C), and then lyophilized.  
2 The dry biomass was kept under -80 °C until extractions.

### 3 3.2. Preparation of extracts and fractions

4 The dried biomass was extracted with two solvents: dichloromethane/methanol  
5 (DCM:MeOH) in a ratio of 1:1 once, then it was filtered and the biomass extracted 3 times with  
6 methanol (MeOH) and the 3 MeOH extracts were combined. This procedure resulted in a total  
7 of 52 extracts, numbered from 1 to 52. Then they were concentrated in rotary evaporator (IKA,  
8 Staufen, Germany) and dried in a vacuum centrifuge (SpeedVac SPD210, ThermoScientific,  
9 USA). After, they were dissolved in DMSO at the concentration of 4 mg.mL<sup>-1</sup>.

### 10 3.3. Test organism and culture media

11 Six bacterial strains were used, the Gram positive *Staphylococcus aureus* (ATCC  
12 29213), *Streptococcus mutans* (ATCC 25175) and *Enterococcus faecalis* (ATCC 29212), and  
13 the Gram negative *Escherichia coli* (ATCC 25922), *Pseudomonas aeruginosa* (ATCC 27853)  
14 and *Klebsiella pneumoniae* (ATCC 700603). The strains were maintained in Trypticase soy  
15 agar (TSA) and for antimicrobial assays Müller-Hinton Broth (MHB) was used, except for *S.*  
16 *mutans* that was kept in Brain heart infusion (BHI) agar for maintenance and broth BHI.

### 17 3.4. Antimicrobial assay

18 Antimicrobial assays were conducted in triplicate with two independent trials, thus 6  
19 replicates for each extract, however, only 3 replicates were used for the fractions due to volume  
20 limitation. The bacteria were prepared by collecting a single colony, transferring it to liquid  
21 medium, and incubating for 24 hours at 37 °C in an incubator (502/2-C Fanem, Brazil). After  
22 the respective incubation times, all strains were centrifuged and resuspended in a concentration  
23 within 0.5-1 in McFarland scale or 1 to 3×10<sup>8</sup> cells.mL<sup>-1</sup>, which was confirmed through  
24 absorbance (600 nm). Subsequently, the cells were diluted in phosphate-buffered saline  
25 medium (PBS) to a concentration of 10<sup>6</sup> cells.mL<sup>-1</sup> (COCKERILL, 2012). 5 µL of each extract  
26 (4 mg.mL<sup>-1</sup>) were added to the microplate wells containing 85 µL of Muller-Hinton broth and  
27 homogenized, followed by the addition of 10 µL of the cell suspension, resulting in a final  
28 concentration of 1 to 3×10<sup>5</sup> cells.mL<sup>-1</sup> and an extract concentration of 250 µg.mL<sup>-1</sup>.  
29 Chlorhexidine at 5 mM was used as a positive control, while 5% DMSO was used as a negative  
30 control. Controls containing the medium and the microorganism, as well as a sterility control  
31 of the medium without the addition of the microorganism, were also performed. Subsequently,

1 the plates were incubated for 24 hours, and then 10  $\mu\text{L}$  of Resazurin at 0.44 mM was added and  
 2 incubated for an additional 30 minutes. After incubation, absorbance determinations were taken  
 3 using a microplate reader (Epoch - Biotech, USA) at the wavelengths of 570 and 600 nm  
 4 (WIKLER, 2006). For the fractions, a minimum inhibitory concentration (MIC) assay was  
 5 conducted, which involved serial dilutions of each fraction from 100 to 12.5  $\mu\text{g}\cdot\text{mL}^{-1}$ . The  
 6 parameters used for controls, incubation times, and readings were same as those described for  
 7 the extracts. The MIC was defined as the concentration that inhibited 70% of microbial growth.

### 8 3.5. Automated fractionation by HPLC

9 The extracts that showed promising activity were fractionated using RP-HPLC (Waters  
 10 Alliance e2695 Separations Module), equipped with a photodiode array detector (Waters 2998  
 11 PDA) and an automatic fraction collector III (Waters, Milford, MA, USA). Crude extracts (40  
 12  $\text{mg}\cdot\text{mL}^{-1}$  e.g., 500  $\mu\text{L}$  in a 1 mL loop) were injected and separated on an ACE10 C8 column  
 13 (50 $\times$ 10 mm, ACE, Reading, UK) using a water ( $\text{H}_2\text{O}$ )/acetonitrile (MeCN) gradient. The  
 14 collection times, gradient details, and chromatography settings are described in Table 1.  
 15 Fractions were collected in 48 deep well plates and dried using a vacuum concentrator  
 16 (CentriVap Concentrator, LabConco, Kansas City, MO, USA). After drying, the fractions were  
 17 dissolved in DMSO at a final concentration of 4  $\text{mg}\cdot\text{mL}^{-1}$  (FERREIRA et al., 2021).

18  
 19 **Table 1.** Parameters for HPLC, including run time, flow rate, elution proportions, and  
 20 collection times of the fractions.

Time (min)	Flow ( $\text{mL}\cdot\text{min}^{-1}$ )	MeCN (%)	$\text{H}_2\text{O}$ (%)	Collection Time (min)	Fraction
0	3	10	90	1.00–2.30	A
2.0	3	80	20	2.30–3.60	B
3.0	3	80	20	3.60–4.90	C
4.0	3	100	0	4.90–6.20	D
8.9	3	100	0	6.20–7.50	E
9.2	3.5	100	0	7.50–8.80	F
12.0	3.5	100	0	8.80–10.36	G
12.3	3	100	0	10.36–11.50	H
14.0	3	100	0	—	—
15.0	3	10	90	—	—
18.0	3	10	90	—	—

### 21 22 3.6. Metabolite profiling

1           The fractions were dried, resuspended in MeOH (1 mg.mL<sup>-1</sup>) and analyzed using liquid  
2 chromatography-high resolution electrospray ionization tandem mass spectrometry (LC-  
3 HRESIMS/MS). A Dionex Ultimate 3000 HPLC, connected to a qExactive focus mass  
4 spectrometer, controlled by XCalibur 4.1 software (Thermo Fisher Scientific, Waltham, MA,  
5 USA) were used. Chromatography was performed on an ACE UltraCore 2.5 Super C18 column  
6 (75 mm×2.1 mm). Two mobile phases (A and B) were used. The mobile phase A was composed  
7 of 95% water, 5% methanol, 0.1% formic acid, and mobile phase B of 95% isopropanol, 5%  
8 methanol, 0.1% formic acid. Ten uL of each fraction was injected and the separation gradient  
9 began at 65% phase B, increasing to 100% over 8 minutes, followed by column cleaning at 100%  
10 phase B for 0.5 minutes and reconditioning to the starting conditions for 1.5 minutes; flow rate  
11 was maintained at 0.45 mL.min<sup>-1</sup> with 12 min. total run time. The sample manager was kept at  
12 10 °C. Mass detection was accomplished in positive ion mode (ESI<sup>+</sup>). The ESI source  
13 parameters configuration was: capillary voltage 3.2 kV, cone voltage 42 V, source temperature  
14 125 °C, desolvation temperature 450 °C, nitrogen gas flow rate 800 L.h<sup>-1</sup>, and a cone gas flow  
15 rate of 50 L.h<sup>-1</sup>. Leucine enkephalin served as a Lockspray reference (Ribeiro et al., 2020).

16           The Raw data obtained were converted to mzML format with the software MSConvert  
17 using the Global Natural Products Social Molecular Networking (GNPS) recommended  
18 parameters, except the cosine score that was used the value of 0.85 (WANG et al., 2016). For  
19 Ion Identity Molecular Networking the feature quantification table and edges MSannotation was  
20 obtained using a software MZmine 3, the batch mode code used as parameters is described in  
21 appendix 1 (SCHMID et al., 2023). The parameters used for molecular networking are  
22 described in appendix 2 with the link to access the molecular network described in this work.  
23 To enhance chemical structural information within the molecular network, information from *in*  
24 *silico* structure annotations from GNPS Library Search, Network Annotation Propagation were  
25 incorporated into the network using the GNPS MolNetEnhancer workflow ([https://ccms-  
26 ucsd.github.io/GNPSDocumentation/molnetenhancer/](https://ccms-ucsd.github.io/GNPSDocumentation/molnetenhancer/)). The similarity scoring was improved  
27 using the function Spec2Vec in GNPS (HUBER et al., 2021). For the dereplication step, we the  
28 main chemical pathways associated with the mass spectra and the chemical classes were  
29 classified. The MS<sup>2</sup>Query algorithm for predicting analogous structures was used following the  
30 recommended parameters (<https://github.com/iomega/ms2query>) (HUBER et al., 2021).

#### 31 32 **4. Results**

#### 4.1. Microalgae used

The microalgae used are shown in Table 2. The name, culture collection abbreviation and code, and identification code of the extracts (extract id) for each microalgae.

**Table 2.** Microalgae bank code, name and Extract id's used for antimicrobial assay.

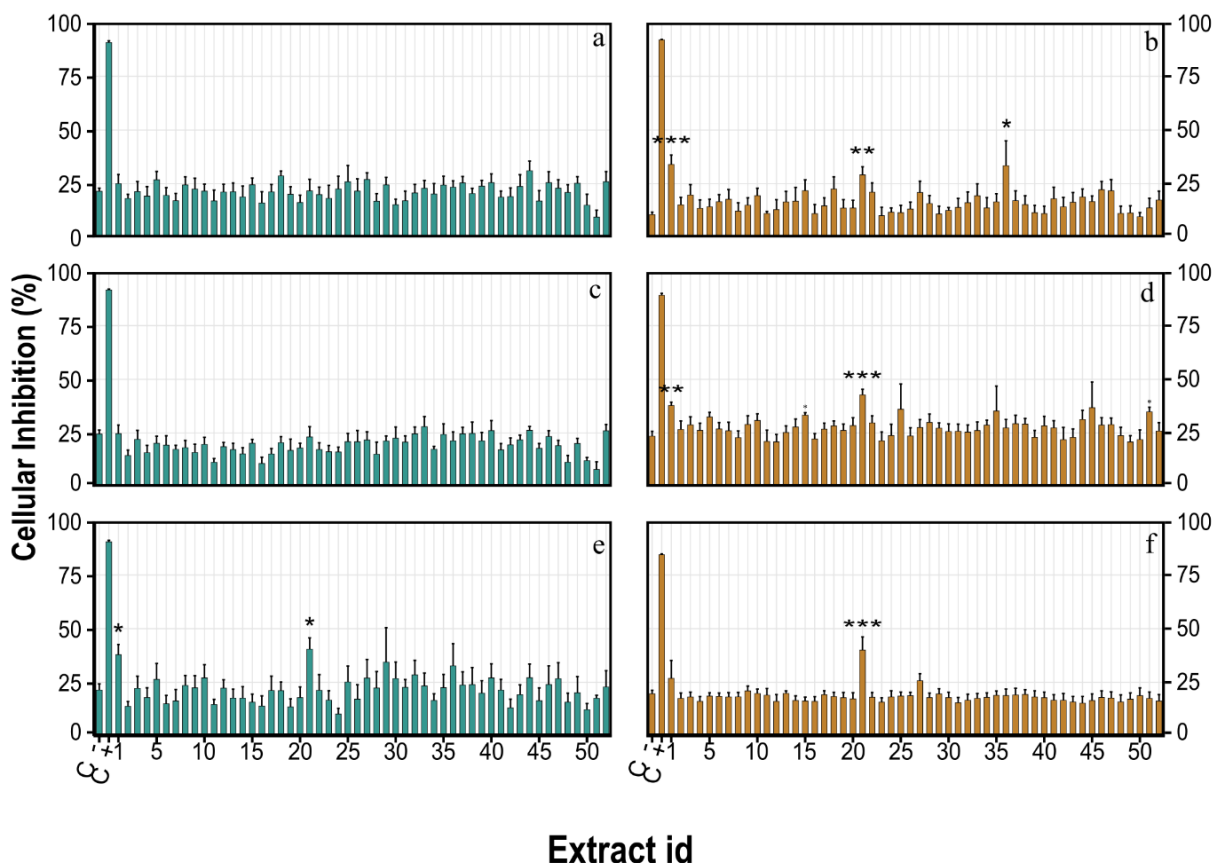
Bank Code	Microalgae	Extract id	
		DCM:MeOH	MeOH
CCMA 323	<i>Chlorella emersonii</i>	1	27
CCMA 477	<i>Chlorolobion braunii</i>	2	28
CCMA 148	<i>Cryptomonas obovatum</i>	3	29
CCMA 262	<i>Desmodesmus brasiliensis</i>	4	30
CCMA 571	<i>Dimorphococcus</i> sp.	5	31
CCMA 493	<i>Hariotina reticulata</i>	6	32
CCMA 024	<i>Monoraphidium arcuatum</i>	7	33
CCMA 140	<i>Monoraphidium griffithii</i>	8	34
CCMA 549	<i>Monoraphidium indicum</i>	9	35
CCMA 325	<i>Monoraphidium pseudobraunii</i>	10	36
CCMA 553	<i>Ophiocytium</i> sp.	11	37
CH007	<i>Pediastrum</i> sp.	12	38
CCMA 655	<i>Radiococcus</i> sp.	13	39
CCMA 498	<i>Raphidocelis piracicabana</i>	14	40
CCMA 005	<i>Selenastrum gracile</i>	15	41
CCMA 500	<i>Chlorolobion lunatum</i>	16	42
CCMA 350	<i>Curvastrum pantanale</i>	17	43
CCMA 663	<i>Dictyosphaerium</i> sp.	18	44
CCMA 062	<i>Desmodesmus spinosus</i>	19	45
CCMA 498	<i>Pseudokirchneriella elongata</i>	20	46
CCMA 125	<i>Selenastrum bibraianum</i>	21	47
FWAC 276	<i>Scenedesmus quadricauda</i>	22	48
CCMA 307	<i>Tetranephris brasiliensis</i>	23	49
CCMA 311	<i>Westella botryoides</i>	24	50
CCMA 204	<i>Staurastrum leptoclatum</i>	25	51
CCMA 382	<i>Staurastrum pantanale</i>	26	52

#### 4.2. Antimicrobial assay of the extracts

The antimicrobial activity assay was conducted with 3 Gram-positive and 3 Gram-negative bacteria. Figure 1 shows the effect of the extracts on cell viability (cellular inhibition).

1 Extracts that significantly differed from the control with 5% DMSO are indicated by asterisks  
2 (p-value < 0.05).

3



4

5 **Figure 1.** Inhibition of cell growth (%) for the DCM:MeOH extracts (IDs: 1-26) and MeOH  
6 extracts (IDs: 27-52) at 250  $\mu\text{g}\cdot\text{mL}^{-1}$ . Positive control (C+): Chlorhexidine 5mM and Negative  
7 control (C-): DMSO 5%. Gram-negative bacteria are represented in green: a) *E. coli*, c) *K.*  
8 *pneumoniae*, and e) *P. aeruginosa*. Gram-positive bacteria are represented in orange: b) *S.*  
9 *aureus*, d) *E. faecalis*, and f) *S. mutans*. The assays were conducted in triplicate with two  
10 independent experiments, totaling six replicates (n=6). Asterisks indicate significant  
11 differences compared to the negative control (C-), where \*: p-value < 0.05; \*\*: p-value <  
12 0.01; \*\*\*: p-value < 0.001.

13 Considering the extracts, none were able to reduce microbial growth by more than 50%.  
14 However, a significant difference was observed compared to the control in 2 of them in 4 of the  
15 6 tested bacteria. The microalgae *C. emersonii* and *S. bibraianum* were able to inhibit  
16 approximately 40% of the viability of the bacteria *E. faecalis*, *S. aureus*, and *P. aeruginosa*.  
17 Additionally, *S. bibraianum* also inhibited *S. mutans* at a concentration of 250  $\mu\text{g}\cdot\text{mL}^{-1}$ . Based

on these results, it was decided to fractionate these extracts (so referred to as fractions) and retest them for antimicrobial activity.

#### 4.3. Antimicrobial assay for fractions

Considering the fractions, activity was observed only for the fractions of *C. emersonii*. Tables 3 and 4 present the MIC at which a 70% reduction in microbial growth was observed.

**Table 3.** Minimum inhibitory concentration ( $\mu\text{g.mL}^{-1}$ ) for 70% reduction in viability for the fractions of the microalga *C. emersonii*. Values are presented as means (n = 3).

Fraction	Tested Organism					
	<i>E. coli</i>	<i>K. pneumoniae</i>	<i>P. aeruginosa</i>	<i>S. aureus</i>	<i>E. faecalis</i>	<i>S. mutans</i>
A	>100	>100	>100	>100	>100	>100
B	>100	>100	>100	50	100	50
C	>100	>100	>100	>100	>100	25
D	>100	>100	>100	>100	>100	>100
E	>100	>100	>100	>100	>100	>100
F	>100	>100	>100	>100	>100	>100
G	>100	>100	>100	>100	>100	>100
H	>100	>100	>100	>100	>100	>100

**Table 4.** Minimum inhibitory concentration ( $\mu\text{g.mL}^{-1}$ ) for 70% reduction in viability for the fractions of the microalga *S. bibrainum*. Values are presented as means (n = 3).

Fraction	Tested Organism					
	<i>E. coli</i>	<i>K. pneumoniae</i>	<i>P. aeruginosa</i>	<i>S. aureus</i>	<i>E. faecalis</i>	<i>S. mutans</i>
A	>100	>100	>100	>100	>100	>100
B	>100	>100	>100	>100	>100	>100
C	>100	>100	>100	>100	>100	>100
D	>100	>100	>100	>100	>100	>100
E	>100	>100	>100	>100	>100	>100
F	>100	>100	>100	>100	>100	>100
G	>100	>100	>100	>100	>100	>100
H	>100	>100	>100	>100	>100	>100

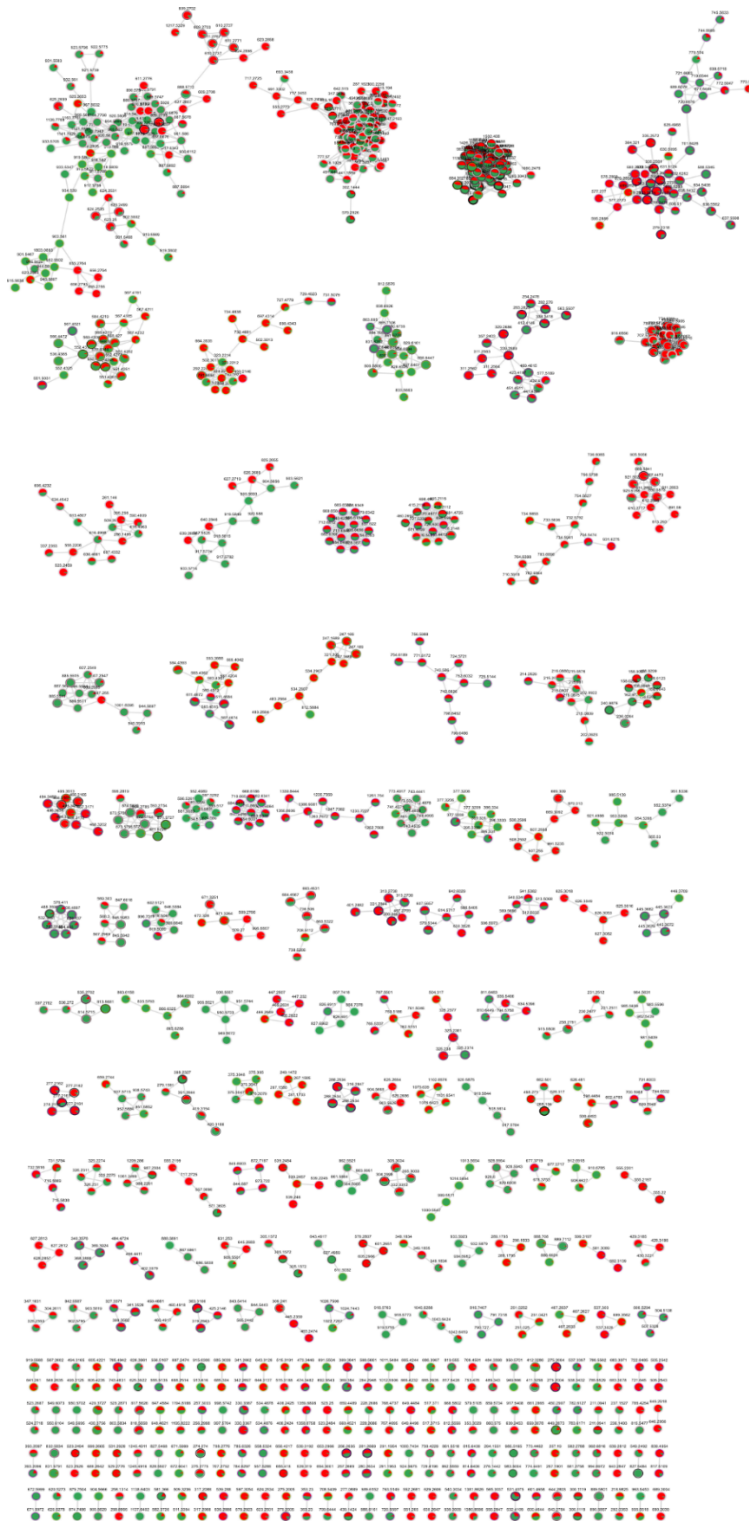
Considering all fractions, no antibacterial activity was detected ( $100 \mu\text{g.mL}^{-1}$ ) for *S. bibrainum*, indicating that such activity may have resulted from the combination of various

1 metabolites or that they are not active at concentrations lower than 100  $\mu\text{g.mL}^{-1}$ . In contrast, for  
2 *C. emersonii*, antimicrobial activity was predominantly observed in fraction B, with inhibition  
3 at up to 50  $\mu\text{g.mL}^{-1}$  for *S. aureus*, capable of inhibiting approximately 98% of microbial growth.  
4 Activity was observed for fractions B and C against *S. mutans*, with the highest activity noted  
5 in fraction C at 25  $\mu\text{g.mL}^{-1}$ .

6

#### 7 4.4. Molecular Network Analysis of the Fractions

8 Based on the observed activity results, a molecular network was constructed using the  
9 MS/MS values, incorporating both the fractions of *C. emersonii* and *S. bibrainum*. For the  
10 analysis, only the clusters predominantly present in the most active fractions (fractions B and  
11 C of *C. emersonii*) were considered. Figure 2 shows the complete molecular network, while  
12 Figure 3 highlights the nodes of greatest interest along with their annotations according to  
13 GNPS.



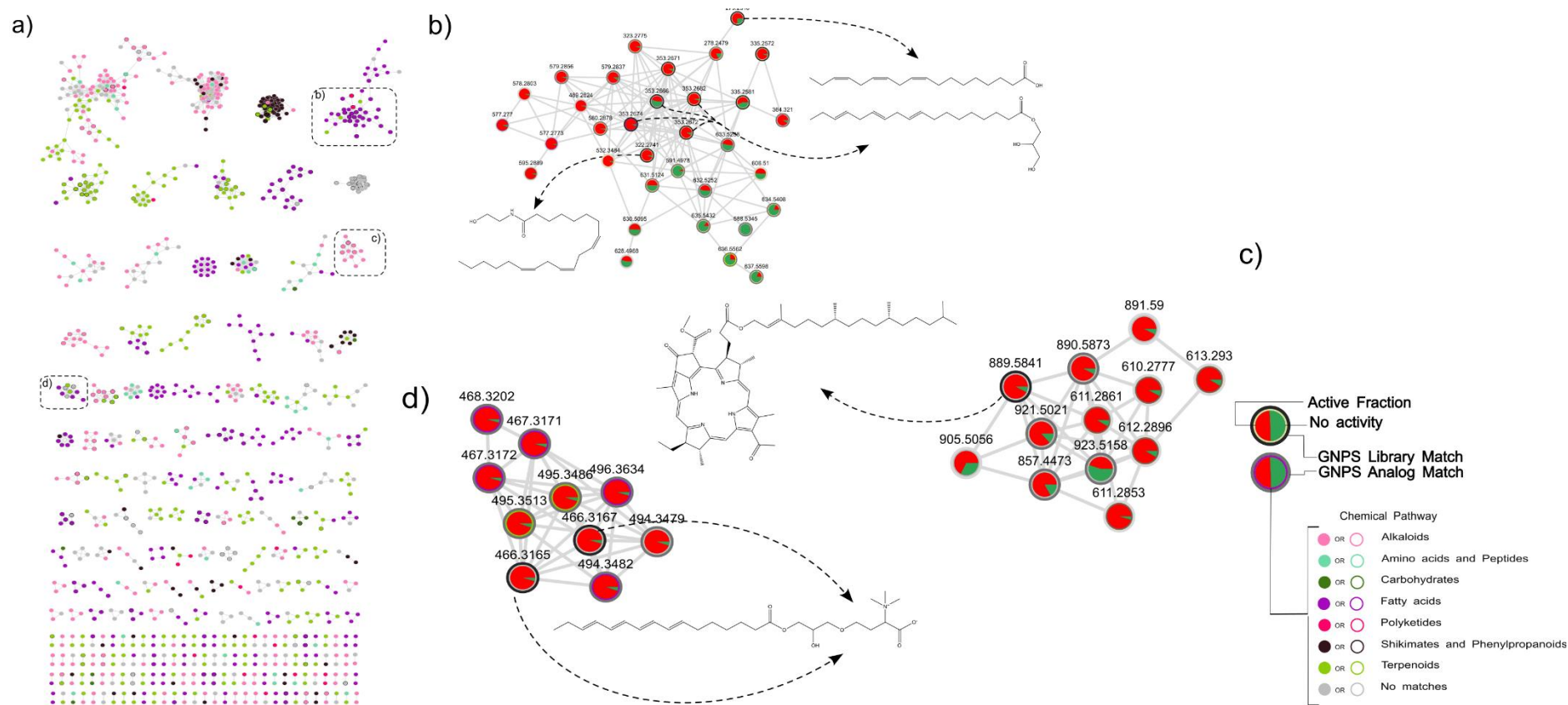
1

2

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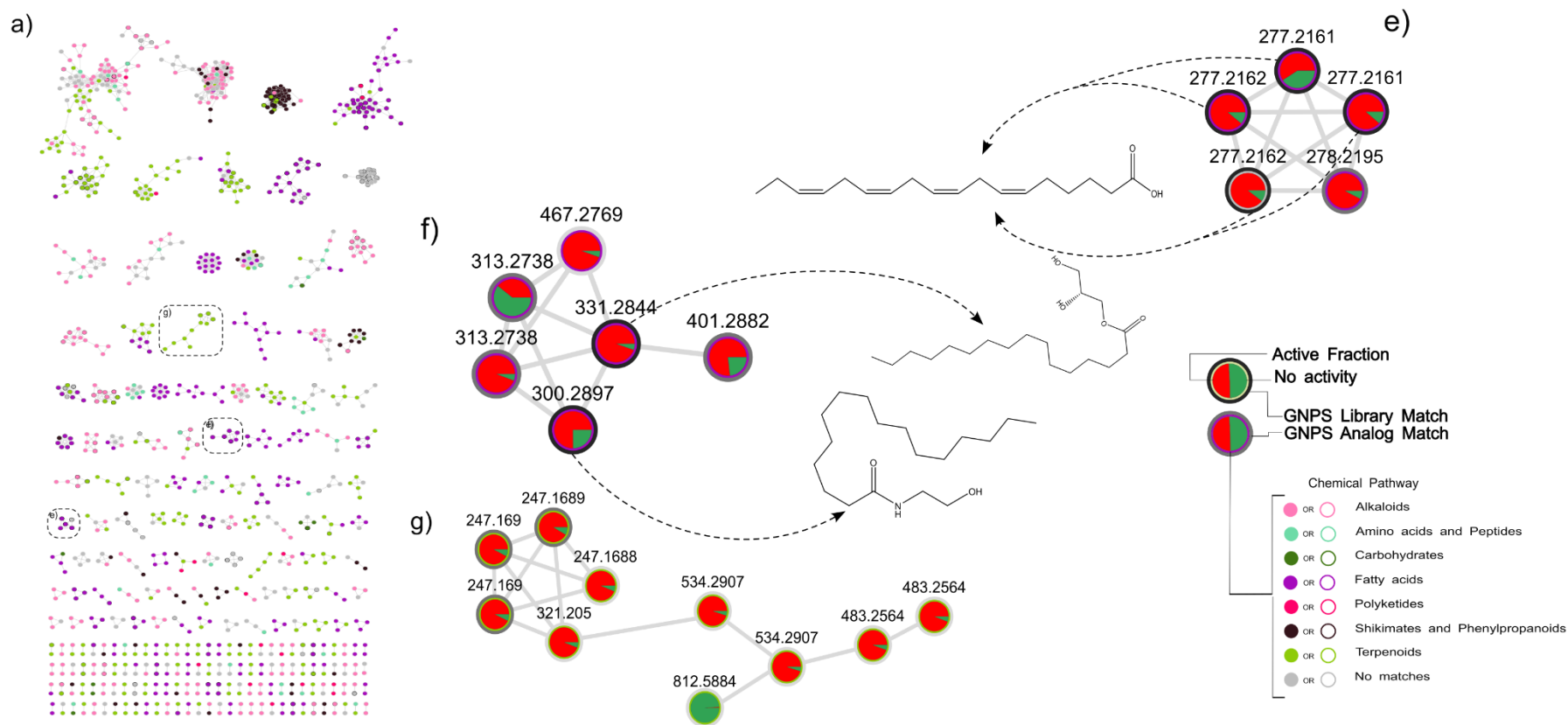
4

**Figure 2.** Complete molecular network with nodes corresponding to fractions A-H of *C. emersonii* and *S. bibraianum*, where the active fractions are highlighted in red and the inactive fractions in green.



1

2 **Figure 3.** Highlights the main clusters predominantly composed of the most frequent metabolites in the active fractions (in red). The black  
 3 outline indicates a match based on the GNPS database library. The gray outline indicates the identification of an analog with a similar  
 4 structure. The colors of the molecular network (a) and the colors of the cluster rings (b-d) indicate the pathway associated with the synthesis of  
 5 these compounds.



1

2 **Figure 3. Cont.** Highlights the main clusters predominantly composed of the most frequent metabolites in the active fractions (in red). The  
 3 black outline indicates a match based on the GNPS database library. The gray outline indicates the identification of an analog with a similar  
 4 structure. The colors of the molecular network (a) and the colors of the cluster rings (b-d) indicate the pathway associated with the synthesis of  
 5 these compounds.

1 Six main clusters were observed, in which most of the metabolites were present in the active  
2 fractions and associated with fatty acids and derived compounds, such as polyunsaturated fatty  
3 acids and ethanolamines (Figures 3b, d-f). In Figure 3b, compounds derived from linoleic acid  
4 were annotated, including monolinolein ( $m/z$  353.2682 [M+H]<sup>+</sup> ppm = 2.72), alpha-linolenic acid  
5 ( $m/z$  279.2318 [M+H]<sup>+</sup> ppm = 2.15), and linolenoyl ethanolamide ( $m/z$  322.2741 [M+H]<sup>+</sup> ppm =  
6 1.49). In Figure 3d, two nodes were annotated as LysoDGTS 16:4 (a glycolipid associated with a  
7 Lyso group and hexadecatetraenoic acid) ( $m/z$  466.3165 [M+H]<sup>+</sup> ppm = 0.64). Figure 3e revealed  
8 a cluster exclusively composed of stearidonic acid ( $m/z$  277.2161 [M+H]<sup>+</sup> ppm = 1.81). Figure 3f  
9 presented compounds containing molecules associated with hexadecanoic acid, including 1-  
10 Hexadecanoylglycerol ( $m/z$  331.2844 [M+H]<sup>+</sup> ppm = 1.21) and palmitoyl ethanolamide ( $m/z$   
11 300.2879 [M+H]<sup>+</sup> ppm = 1.67). Figure 3c was not classified into any chemical class, and only one  
12 compound was annotated, namely bacteriopheophytin ( $m/z$  888.5763 [M+H]<sup>+</sup> ppm = 0.20), where  
13 the presence of chlorophyll analogs was noted in this cluster. In Figure 3g, no annotated compounds  
14 were observed; however, it was classified as compounds associated with the terpenoid metabolic  
15 pathway. Two nodes were classified as analogs of canangalia H and 2-naphthalenemethanol, 7-  
16 (acetyloxy)decahydro-alpha,alpha,4a-trimethyl-8-methylene.

17

## 18 5. Discussion

19 Among the 52 eukaryotic microalgal extracts evaluated, only the dichloromethane extracts  
20 of *C. emersonii* and *S. bibrainum* exhibited inhibitory potential against the majority of the tested  
21 microorganisms. Microalgae from the genus *Chlorella* have been extensively reported for their  
22 ability to inhibit microbial growth. PRATT et al. (1944) were among the first to report this effect,  
23 with extracts from this alga shown to inhibit the growth of *S. aureus*. Ördög et al. (2004) observed  
24 significant antimicrobial activity in extracts of *C. minutissima* and *Chlorella* sp. against *S. aureus*,  
25 *E. faecalis*, and *P. aeruginosa*. In this study, similar activity against these bacteria was also  
26 observed, though Ördög et al. (2004) reported higher activity, with inhibition at concentrations as  
27 low as 10 µg.mL<sup>-1</sup>. This difference could be attributed to the chlorophyll removal step they  
28 performed, which may have enhanced the antimicrobial activity. Another study evaluating different  
29 extraction solvents observed activity against *S. aureus*, *P. aeruginosa*, and *E. coli* in most *C.*  
30 *emersonii* extracts, assessed via the disk diffusion method (SAWANT; KELKAR MANE, 2018).

1 Shaima et al. (2022) identified inhibition at concentrations as low as 390  $\mu\text{g}\cdot\text{mL}^{-1}$  for *Chlorella* sp.  
2 extracts against methicillin-resistant *S. aureus* (MRSA). These authors also noted higher activity  
3 at higher concentrations for the microalga *Scenedesmus* sp.

4       Regarding *Selenastrum bibraianum*, studies on this genus remain scarce. Balouch (2020)  
5 observed activity from a related alga, *Monoraphidium* sp., where its methanolic extracts inhibited  
6 the growth of *Klebsiella pneumoniae*, a Gram-negative and super-resistant bacteria. Their  
7 experiments were performed through the disk diffusion method.

8       In an effort to reduce the chemical complexity of the extracts, the most bioactive extracts  
9 were fractionated. In the case of *S. bibraianum*, the fractions lost their activity, indicating that the  
10 observed effect was likely the result from interactions between the various metabolites, possibly  
11 working synergistically. However, for *C. emersonii*, the highest activity was found in fractions B  
12 and C, suggesting greater activity in less polar compounds. The fractions were exclusively active  
13 against Gram-positive microorganisms, which are more sensitive to antimicrobial agents than  
14 Gram-negative ones. This increased sensitivity is due to the lack of an outer lipid bilayer, making  
15 their cell walls more vulnerable to the entry and action of potentially active compounds (TETTEH;  
16 MATTHÄUS; HERNANDEZ-VARGAS, 2020). This results in the fact that Gram-positive  
17 bacteria also require lower amounts of the compound to exhibit significant antimicrobial activity  
18 (SCHNEIDER, 2021).

19       Molecular network analysis indicated that most compounds were associated with alkaloid  
20 and fatty acid pathways. The alkaloid pathway was likely assigned due to the categorization of  
21 most chlorophyll-derived compounds within this pathway. This may be due to the presence of the  
22 porphyrin ring, which, because of its structure, can be confused and associated with the alkaloid  
23 pathway (LICHMAN, 2021). Fatty acids were frequently associated with antimicrobial activity.  
24 Cepas et al. (2019) observed the effect of short-chain and polyunsaturated fatty acids on the  
25 inhibition of microbial biofilms. Later, Cepas et al. (2021) isolated the compounds responsible,  
26 identifying alpha-linolenic acid (ALA) as the primary agent responsible for antimicrobial activity  
27 against *S. aureus* at concentrations as low as 15.6  $\mu\text{g}\cdot\text{mL}^{-1}$ . They also noted a synergistic effect  
28 between ALA and lysophosphatidylcholine, which enhanced the inhibitory effect on the biofilms  
29 of *P. aeruginosa* and *K. pneumoniae*. In the present study, ALA was found in the active fractions,

1 along with derivative compounds such as monolinolein and ALA-ethanolamide. Although  
2 lysophosphatidylcholine was not identified, LysoDGTS 16:4, a structurally similar compound  
3 differing only in the presence of a glycerol group, was detected. Hexadecatetraenoic acid (C16:4)  
4 derivatives were also associated with antimicrobial activity. In the study by Findlay and Patil  
5 (1984), this fatty acid and stearic acid, which were also identified in the active fractions, were  
6 linked to antimicrobial activity against *Staphylococcus aureus*, *Staphylococcus epidermidis*, and  
7 other bacteria.

8         The antimicrobial potential of other polyunsaturated fatty acids has also been reported, such  
9 as docosahexaenoic acid and eicosapentaenoic acid, which inhibited the growth of  
10 periodontopathogenic bacteria at concentrations as low as 12  $\mu\text{g}\cdot\text{mL}^{-1}$  (SUN et al., 2016). A similar  
11 result was found by Desbois et al. (2008), who observed activity not only for eicosapentaenoic acid  
12 but also for palmitoleic acid and (6Z, 9Z, 12Z)-hexadecatrienoic acid against the multidrug-  
13 resistant *Staphylococcus aureus*. Several authors describe possible metabolic pathways that could  
14 lead to the antimicrobial effect of these compounds, including mechanisms that involve DNA  
15 synthesis inhibition, cell wall disruption, or interference with bacterial lipid metabolism  
16 (CASILLAS-VARGAS et al., 2021).

17         Regarding the identification of bacteriopheophytin ( $m/z$  889.5763  $[\text{M}+\text{H}]^+$ , ppm = 0.20),  
18 despite the similar mass, the presence of this molecule is non-existent in eukaryotic microalgae  
19 (DEN; MANN; HANS MARTIN JAHNS, 1995). However, even though the fragmentation pattern  
20 is similar, other chlorophyll derivatives could generate a similar spectrum, such as 3-  
21 phorbinepropanoic acid ( $m/z$  889.5843  $[\text{M}+\text{H}]^+$ , ppm = 0.31), among other compounds. However,  
22 pheophorbide derivatives have not been reported to exhibit antimicrobial effects unless associated  
23 with photodynamic therapy (HA et al., 2023; KUSTOV et al., 2018; PIETROWSKA et al., 2022).

24         For the last evaluated cluster, although no matches were identified, the compounds were  
25 annotated as analogs of 2-naphthalenemethanol, 7-(acetyloxy)decahydro-alpha,alpha,4a-trimethyl-  
26 8-methylene, and Canangalia H. These compounds were classified as terpenoids, and the nodes  
27 were also classified as terpenoids according to the MS2Query annotation. Many terpenoids are  
28 known for their antimicrobial activity, often acting by disrupting the cell membrane, similar to the  
29 mechanisms observed for lipids (GUIMARÃES et al., 2019; YAMAGUCHI, 2022).

## 1   **6. Conclusion**

2           We conclude that 2 out of the 26 eukaryotic microalgae evaluated exhibited antimicrobial  
3 activity. Further fractionation confirmed activity only in *C. emersonii*, which demonstrated  
4 promising activity in two fractions of the 01 extract. These fractions were found to be rich in  
5 polyunsaturated lipids and their derived metabolites. This study highlights the promising potential  
6 of the lipids present in *C. emersonii*, warranting further investigation to deepen our understanding  
7 of its antimicrobial potential and to identify the key metabolites associated with this activity.

8

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1 **Chapter 3 - Novel anti obesity effects of eukaryotic microalgae: lipid reducing, appetite**  
2 **suppressant and anti-inflammatory activity.**

3  
4 **Abstract**

5 Obesity is a disease characterized by the excessive accumulation of fat, with a body mass index  
6 (BMI) exceeding 30. Pharmacological therapy can be an effective approach for the treatment and  
7 nature offers a source of inspiration for the development of new drugs. Natural resources present  
8 an interesting potential for novel bioactivities, in particular microalgae due to the limited  
9 exploration of their chemical diversity. In this context, the objective of this study was to identify  
10 bioactivities from Dichloromethane (DCM) and Methanol (MeOH) extracts of freshwater  
11 microalgae for lipid and appetite reduction, as well as anti-inflammatory. A total of 26 different  
12 species of eukaryotic microalgae, encompassing 4 distinct phyla and 16 different genera, were  
13 evaluated. The dry biomass was extracted using two solvents: DCM:MeOH (1:1) and MeOH. The  
14 lipid-reducing capacity and appetite inhibition were assessed using zebrafish embryos, while the  
15 anti-inflammatory activity and cytotoxicity of the extracts were analyzed in cellular cultures. For  
16 the extracts, no toxicity or malformations were observed in zebrafish, in agreement with the  
17 absence of cytotoxicity in cellular assays. Six extracts exhibited lipid-reducing activity, with  
18 reductions exceeding 40%. These extracts were fractionated, and fraction C of *S. bibrainum*  
19 showed the highest activity, achieving a 50% reduction in lipid content. Metabolite profiling  
20 identified potential metabolites strongly associated with bioactivity, such as chlorophyll derivatives,  
21 including pheophorbide a and chlorin. Chlorophyll derivatives have been reported in the literature  
22 as potential lipid reducers and possess anti-obesity properties. For appetite inhibition, three  
23 microalgae stood out, showing more than 50% reduction in food intake, with fraction D of  
24 *Dictyosphaerium* sp. achieving a 70% reduction. Metabolomic analysis reported the presence of  
25 polar lipids, mainly fatty acids associated with ethanolamine and phosphocholine, which could be  
26 strongly linked to the observed biological activity. Ethanolamine has also been reported as an  
27 appetite-reducing compound. For anti-inflammatory activity, three microalgae had more than 40%  
28 of activity, and after the fractionation the C fraction of *Dictyosphaerium* sp. demonstrated a 95%  
29 reduction in inflammation. Metabolomic analysis indicated compounds strongly associated with  
30 this activity, such as 10-methyl-hydroxyphaeophorbide and sulfoquinovosyldiacylglycerol (SQGD)  
31 (16:0/18:3), both of which have been reported in the literature with anti-inflammatory properties.

1 Thus, potential candidates for new compounds with lipid-reducing, appetite-inhibiting, and anti-  
2 inflammatory activities were identified. *S. bibraianum* and *Dictyosphaerium* sp. emerged as  
3 promising new sources for further studies aimed at isolating and characterizing the metabolites  
4 responsible for these activities. This work highlights the unexplored potential of eukaryotic  
5 microalgae as a source of new compounds for the treatment of chronic diseases.

6 Keywords: Zebrafish, Chlorophyll derivatives, *S. bibraianum*, *Dictyosphaerium* sp.

7

## 1 **1. Introduction**

2 Obesity is a medical condition characterized by excessive accumulation of fat that can  
3 adversely affect health. It is defined as having a body mass index (BMI) greater than thirty (WHO,  
4 2021). The prevalence of obesity has been on the rise globally, with about 12.5% of the world's  
5 population classified as obese in 2015, which is 80% higher than in 1980 (CHOOI; DING;  
6 MAGKOS, 2019). In Brazil, the proportion of obesity is higher than the global average, with 20%  
7 of the population classified as obese and 55% as overweight (MINISTÉRIO DA SAÚDE, 2018).  
8 It is estimated that by 2030, there will be at least one billion people with obesity (LOBSTEIN;  
9 BRINSDEN; NEVEUX, 2022). One of the most common comorbidities associated with obesity  
10 is metabolic syndrome, a condition that increases the risk of developing several other health  
11 complications such as chronic inflammation, insulin resistance, hepatic steatosis, and cancer  
12 (ROCHLANI et al., 2017).

13 The regulation of appetite plays a central role in the development and persistence of obesity.  
14 The appetite reduction system is linked to several complex hormonal and environmental  
15 mechanisms that control hunger and satiety (KUCKUCK et al., 2023). Alterations in these  
16 processes can lead to changes in energy balance, stimulating food consumption and worsening  
17 obesity (FARHADIPOUR; DEPOORTERE, 2021). Additionally, the increase in fat levels leads  
18 to chronic inflammatory processes, contributing to what is known as metabolic syndrome  
19 (ELLULU et al., 2017).

20 Measures to prevent and combat obesity and related diseases include regular physical  
21 exercise, a balanced diet, and treatment options such as drug therapy and bariatric surgery  
22 (CASTRO et al., 2016). However, drug therapies can cause considerable adverse effects, such as  
23 hyperthermia, agranulocytosis, heart problems, and neurotoxicity (SRIVASTAVA; APOVIAN,  
24 2018). Therefore, there is a growing tendency in the pharmaceutical industry to search for new  
25 substances of natural origin with fewer adverse effects. Newman and Cragg (2020) compiled a list  
26 of drugs approved for use by the FDA, which revealed that natural products, specifically molecules  
27 of low molecular weight, make up a third of the drugs approved today. Additionally, 64% of all  
28 medicines released for human use between 1981 and 2019 are derived from or inspired by natural  
29 products, including synthetic molecules. For obesity, new compounds such as semaglutide and

1 liraglutide, agonists of the GLP-1 receptor, were initially discovered for diabetes treatment, but  
2 they were quickly found to have appetite-suppressing and anti-obesity effects (BLUNDELL et al.,  
3 2017; KNUDSEN; LAU, 2019)

4 According to the review by Castro et al. (2016) natural products with anti-obesity activity  
5 are mostly derived from plants, followed by seaweeds. Although fewer bioactive compounds are  
6 known from microalgae, these organisms may be a promising source of biomolecules that have  
7 yet to be explored. Olaizola (2003) observed few microalgal biomolecules compared to other  
8 organisms, due to the under exploitation of the diversity of microalgae worldwide. Estimates  
9 suggest that there may be up to 800,000 species of microalgae, with only 40,000 to 50,000 recorded.  
10 Therefore, exploring this biodiversity is an important step in finding and developing new  
11 pharmaceuticals and/or nutraceuticals (MORANÇAIS; MOUGET; DUMAY, 2018).

12 Several studies have highlighted the potential of microalgae for addressing obesity, appetite  
13 suppression, and anti-inflammatory effects, whether through the ingestion of dried powder,  
14 extracts, or derived compounds. Zeinalian et al. (2017) observed that a daily supplementation of  
15 1g of *Arthrospira platensis* in humans promoted appetite suppression, weight loss, and a decrease  
16 in total serum cholesterol levels. Another study, using a daily supplementation of 500 mg of  
17 *Arthrospira platensis* in humans, reported reductions in body weight, body fat, and triglyceride  
18 levels (YOUSEFI; MOTTAGHI; SAIDPOUR, 2018). Regarding eukaryotic microalgae, few trials  
19 have been conducted in humans, but promising results have been observed in cellular and animal  
20 models. In male mice, dietary supplementation with *Euglena gracilis* biomass reduced visceral fat  
21 levels and improved inflammation markers (SAKANOI et al., 2018). For *Chlorella* sp., the  
22 ingestion of polyunsaturated lipids by mice led to reductions in body weight, fat, and blood sugar  
23 levels (YANG et al., 2022).

24

## 25 **2. Objectives**

26 Screening of 52 extracts from 26 microalgae species for their lipid reduction, appetite  
27 suppressing and anti-inflammatory activities. Furthermore, identify some of the bioactive  
28 compounds from those extracts of tropical freshwater microalgae.

### 3. Material and Methods

#### 3.1. Cultivation of algae and preparation of extracts

The cultivation and extract preparation followed the same protocol as described in chapter 2 topics 3.1 and 3.2. After drying, the extracts were resuspended in DMSO at a concentration of 1 mg.mL<sup>-1</sup>. The identification codes for the extracts and algae are described in Chapter 2, Table 2.

#### 3.2. Automated fractionation by HPLC

The extracts that showed promising activity were fractionated using RP-HPLC with a Waters Alliance e2695 Separations Module. The fractionation protocol was carried out as described in chapter 2, topic 3.5. After drying, the fractions were dissolved in DMSO to a concentration of 10 mg.mL<sup>-1</sup>.

#### 3.3. Zebrafish larvae preparation

Lipid-reducing and appetite assays were conducted on zebrafish (*Danio rerio*) embryos. Adult male and female zebrafish were placed in a reproduction chamber under appropriate light conditions to stimulate female ovulation. Up to Six hours post-fertilization, the eggs were collected and maintained in artificial sea salt medium. The eggs were cleaned, and viable ones were separated and transferred to petri dishes containing E3 media, supplemented with methylene blue (1 mg.L<sup>-1</sup>) as a fungicide. The eggs were incubated at 28°C throughout the incubation and development periods. On the first day post-fertilization (1 DPF), the media was replaced and supplemented with 1-phenyl-2-thiourea (PTU) to suppress pigmentation. (URBATZKA et al., 2018). For these trials, approval by an ethics committee was not required as they were not considered animal testing in accordance with EU directive 86/609/EEC for animal experimentation considering the legislation of Portugal, where this chapter was developed.

#### 3.4. Lipid-reducing assay

On the third day post-fertilization (3 DPF), zebrafish embryos were transferred to a 96-well plate, with 3 embryos per well in E3 media. For the exposure, 2 µL of 1 mg.mL<sup>-1</sup> extract was added to 200 µL of E3 media, resulting in a final concentration of 10 µg.mL<sup>-1</sup>. As a negative control, 0.1%

1 DMSO was used, and resveratrol at 50  $\mu\text{M}$  was used as a positive control. On the fourth day post-  
2 fertilization (4 DPF), neutral lipid staining was performed by adding 5  $\mu\text{L}$  of a 500  $\text{ng}\cdot\text{mL}^{-1}$  Nile  
3 Red solution, resulting in a final concentration of 10  $\text{ng}\cdot\text{mL}^{-1}$  for 15 hours. Finally, on the fifth day  
4 post-fertilization (5 DPF), the media was replaced with fresh E3 media, and the embryos were  
5 anesthetized with 0.03% tricaine (MS-222, Sigma-Aldrich). Images of the stained zebrafish  
6 embryos were captured using a digital microscope plate reader (BioTek Cytation 5, Agilent, USA)  
7 with an excitation wavelength of 552 nm and emission at 636 nm. The images were then analyzed  
8 using ImageJ software (ImageJ©1.53a) to quantify the mean fluorescence per area. The zone  
9 labeled by the fluorescent dye was selected in the software, and the mean fluorescence intensity  
10 within the labeled area was recorded (REGUEIRAS et al., 2021). The assay was made in triplicate  
11 in two independent assays totalizing 6 biological replicates (  $n = 6$ ).

### 12 3.5. Appetite inhibition assay

13 For the appetite assay, fish at 6 DPF were transferred to a 96-well plate and exposed to the  
14 extracts under the same conditions as the lipid-reducing assay. Fluoxetine (Fluo) at 10  $\mu\text{M}$  was  
15 used as a positive control, and 0.1% DMSO as a negative control. After 24 hours, the medium  
16 containing the extract was replaced with a 0.62% liposome solution. This solution was prepared by  
17 dissolving 1 mL of egg yolk in 19 mL of E3 medium, followed by filtration through a 55-mesh  
18 filter. The solution was then sonicated using a probe sonicator for 25 cycles (each cycle consisting  
19 of a 25W pulse for 1 second followed by 5 seconds of rest). The egg liposome was stained with  
20 BODIPY at a final concentration of 6.4  $\mu\text{M}$ , and diluted eight times with E3 media. This solution  
21 replaced the medium for 2 hours to allow the larvae to feed. After feeding, the wells were washed  
22 with E3 media until the liposomes were completely removed. The larvae were anesthetized, and  
23 the readings were taken using a fluorescence microplate reader (BioTek, Cytation 5) with excitation  
24 at 475 nm and emission at 509 nm. The quantification of stained liposomes in the zebrafish intestine  
25 was performed using the ImageJ protocol. The assay was carried out in triplicate across two  
26 independent experiments, totaling six biological replicates ( $n = 6$ ). This assay was based on  
27 protocols described by (WEE et al., 2019).

28

### 1 3.6. Cellular toxicity

2 The cellular toxicity was made using HepG2 (human hepatoma-derived) cells cultured in  
3 modified Dulbecco's Eagle's medium (DMEM) supplemented with fetal bovine serum and the  
4 addition of penicillin and streptomycin (1% v/v). The cell cultures were maintained at 37 °C in a  
5 humidified atmosphere containing 5% CO<sub>2</sub>.

6 The HepG2 were seeded in a 96-well microtiter plate at a concentration of  $3.3 \times 10^4$  cell.mL<sup>-1</sup>  
7 with 200 µL per well. After 24 hours, the cells were exposed to the extracts at a concentration of  
8  $25 \mu\text{g.mL}^{-1}$  and incubated for 48 hours in a CO<sub>2</sub> incubator. After this period, 40 µL of a solution  
9 of MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) at  $1 \text{ mg.mL}^{-1}$  in  
10 phosphate-buffered saline was added. The plate was again incubated for 4 hours. After this period  
11 and visualization of crystal formation, the medium was replaced by 200 µL of DMSO and the plate  
12 was shaken for 10 minutes. The reading was performed in microplate reader at 570 nm (GREEN;  
13 READE; WARE, 1984).

### 14 3.7. Anti-inflammatory assay

15 The anti-inflammatory activity was made using RAW 264.7 (murine macrophage cell line)  
16 cultured in DMEM in the same condition as HepG2 cells. The production of nitric oxide (NO) was  
17 quantified in macrophages after stimulation with lipopolysaccharide (LPS). The cell culture, pre-  
18 incubated with the extracts at  $25 \mu\text{g.mL}^{-1}$  for 2 hours, had the addition of LPS at a final  
19 concentration of  $1 \mu\text{g.mL}^{-1}$  and was incubated for 22 hours. The supernatant from the cultures was  
20 collected, and the same volume of Griess reagent (1% sulfanilamide and 0.1% N-(1-naphthyl)  
21 ethylenediamine in 2% H<sub>3</sub>PO<sub>4</sub>) was added and incubated for 10 minutes. Subsequently, it was read  
22 at 562 nm (Agilent BioTek Cytation 5). Controls were conducted using cultures with DMSO and  
23 cultures with/without LPS stimulation. The activity was calculated by the ratio between the sample  
24 absorbance and the control absorbance, and normalized by the control and the result was expressed  
25 as a percentage of NO production (%NO) (BARBOSA et al., 2017).

26 The cytotoxicity of the fractions also was monitored through the 3-(4,5-dimethylthiazole-  
27 2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay. The MTT solution was freshly prepared at  
28  $0.5 \text{ mg.mL}^{-1}$ , in DMEM media. Then after collection of supernatant 100 uL of MTT solution was

1 added in each week and incubated at 37 °C for 45 min. The viable cell's will reduce the MTT  
2 reagent and generate insoluble crystals, after the incubation the supernatant was removed, and the  
3 crystals were dissolved in 100 uL DMSO and shaken for 10 min. The absorbance was read in 515  
4 nm and expressed as percentage of cell viably in comparison to the solvent control. Both assays  
5 were made in triplicate in two independent assay totalizing 6 replicates.

### 6 3.8. Metabolite profiling

7 The fractions which demonstrated activity were dried and resuspended in methanol at a  
8 concentration of 1 mg.mL<sup>-1</sup> and analyzed using liquid chromatography-high resolution electrospray  
9 ionization tandem mass spectrometry (LC-HRESIMS/MS). The system was a Dionex Ultimate  
10 3000 HPLC, connected to a qExactive focus mass spectrometer, controlled by XCalibur 4.1  
11 software (Thermo Fisher Scientific, Waltham, MA, USA). The Chromatographic separation was  
12 performed using an ACE UltraCore 2.5 Super C18 column (75 mm × 2.1 mm). Was used two  
13 mobile phase, mobile phase A: mixture 95% water, 5% methanol, 0.1% formic acid and mobile  
14 phase B was 95% isopropanol, 5% methanol, 0.1% formic acid. 10 uL of each fraction was injected  
15 and the separation gradient, detection and MS parameter was described by Ribeiro et al., (2020)

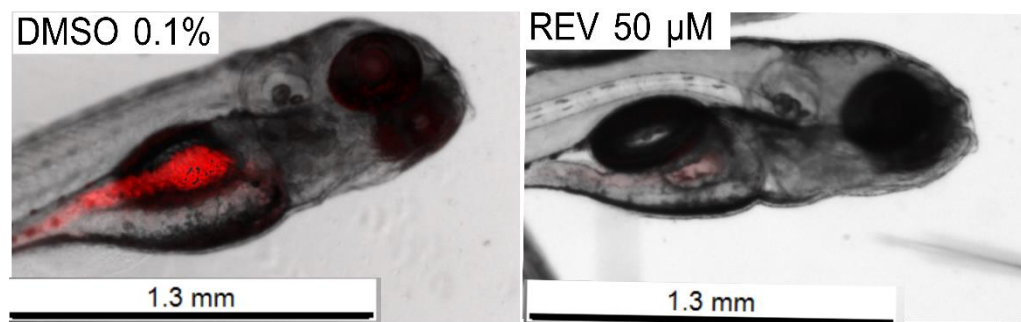
16 The Raw data obtained were converted to mzML format using the software MSConvert  
17 using Global Natural Products Social Molecular Networking (GNPS) recommended parameters  
18 (WANG et al., 2016). For feature based molecular networking the feature quantification table was  
19 obtained using a software MZmine 3, The Batch Mode code used as parameters is described in  
20 appendix 1. (SCHMID et al., 2023). The feature based molecular networking workflow were used  
21 to generate the molecular networking for all fractions of each extract (NOTHIAS et al., 2020). The  
22 parameters used are described in appendix 3 with the link to access all molecular networks  
23 described in this work. To enhance chemical structural information within the molecular network,  
24 information from in silico structure annotations from GNPS Library Search, Network Annotation  
25 Propagation were incorporated into the network using the GNPS MolNetEnhancer workflow  
26 (<https://ccms-ucsd.github.io/GNPSDocumentation/molnetenhancer/>). The correlation with the  
27 bioactivity was made using the protocol described by Nothias et al. (2018) to obtain a bioactive  
28 based molecular networking.

1 For the dereplication step, Cytoscape 3.10.0 (SHANNON et al., 2003) was used,  
2 highlighting the nodes with significant correlation ( Correlation > 0.63 and p-value < 0.05) and  
3 prioritize the nodes with the highest correlation. The  $m/z$  of high correlations nodes were manually  
4 checked in the Xcalibur software (version 4.1, Thermo Scientific Exactive Series 2.9) and searched  
5 for isotopes and  $\text{Na}^+$  adducts. The annotated compounds was checked by GNPS database and  
6 search the exact mass ( $\pm 0.005$   $m/z$  and a deviation of <5 ppm) in Dictionary of Marine Natural  
7 Products database (<https://dmnp.chemnetbase.com/>) and Natural Products Atlas (VAN SANTEN  
8 et al., 2019).

## 10 4. Results

### 11 4.1. Lipid-reducing assay

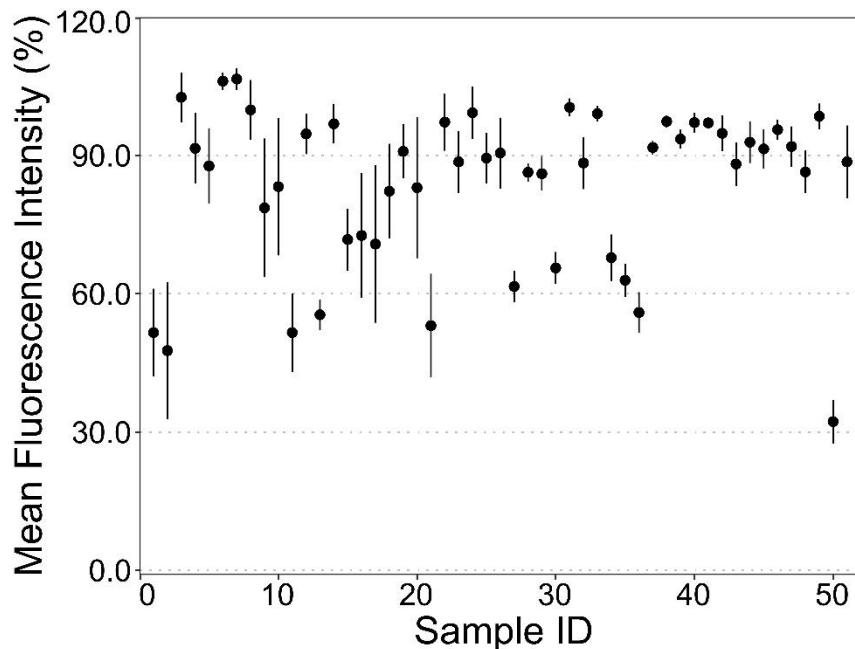
12 The reduction of lipid accumulation was evaluated in Zebrafish embryos. The figure 1 shows  
13 the differences between the DMSO and the positive control, REV, evidencing the reduction of  
14 neutral lipids in the yolk sac/intestine region.



15  
**Figure 1.** The lipid-reducing Nile Red assay. The difference between DMSO 0.1%, negative control and Rev 50  $\mu\text{M}$ , positive control.

16  
17 Out of the fifty-two tested extracts, 6 showed more than 40% lipid-reducing activity,  
18 namely the DCM:MeOH extracts from the microalgae *Chlorella emersonii*, *Chlorobium braunii*,  
19 *Ophiocytium* sp., *Radiococcus* sp., *Selenastrum bibraianum* and the MeOH extract from the  
20 microalga *Westella botryoides* (fig.2).

1



**Figure 2.** Screening of 52 microalgae extracts for Nile-red lipid reducing assay. Data are presented as mean fluorescence activity relative to the solvent control. The node shows the mean value, and the line the variation between individuals (n=6).

2

3 The next step for the selected algae was to confirm the activity and determine the effective  
4 concentration at 50% (EC<sub>50</sub>) of the fluorescence. This assay was performed with extracts at varying  
5 concentrations from 1.25 to 20.0 µg.mL<sup>-1</sup>. The EC<sub>50</sub> values for the algae were calculated using non-  
6 linear regressions in the GraphPad Prism software, and these values are expressed in table 1. The  
7 dose response curves for the EC<sub>50</sub> assays are attached in the appendix 4.

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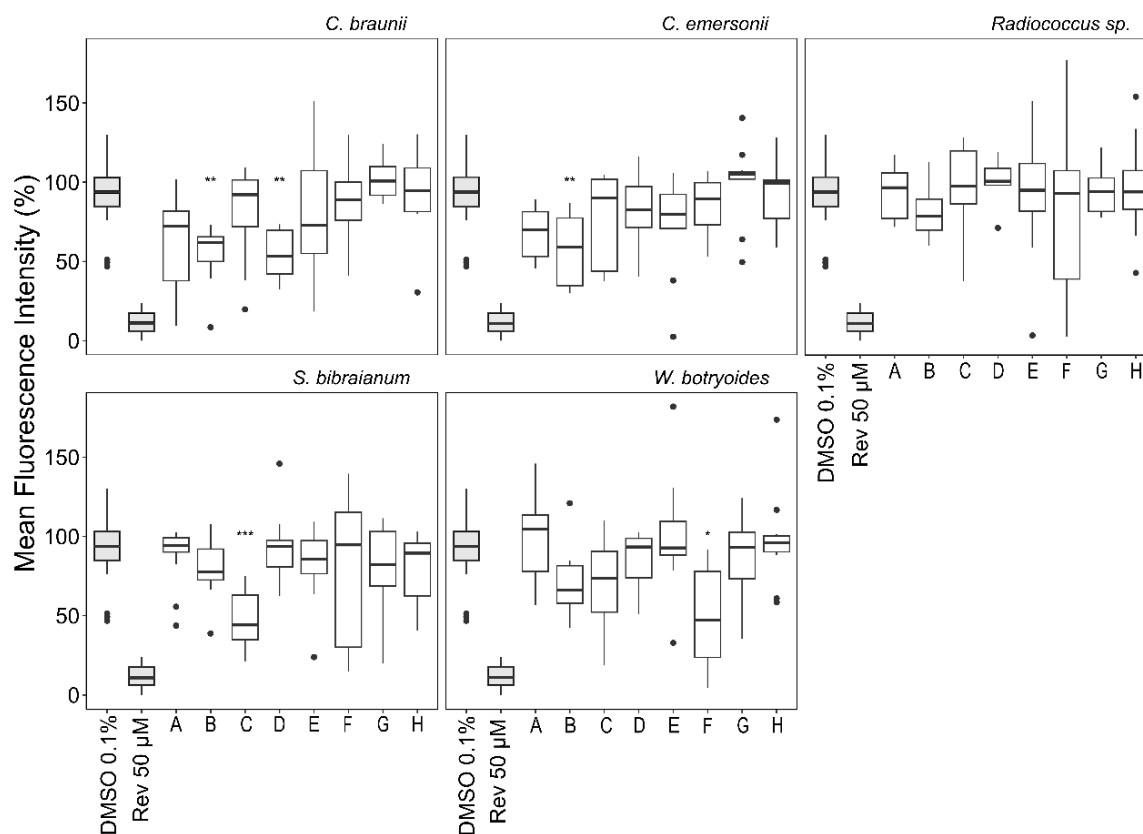
13

**Table 1.** EC<sub>50</sub> values for the 8 selected algae with lipid-reducing activity.

Microalgae	EC <sub>50</sub> (µg.mL <sup>-1</sup> )
<i>Selenastrum bibraianum</i>	9.48
<i>Chlorella emersonii</i>	19.76
<i>Westella botryoides</i>	21.41
<i>Radiococcus</i> sp.	25.10
<i>Chlorobium braunii</i>	26.78
<i>Ophiocytium</i> sp.	986.8

1

2           Due to the biological variations expected in zebrafish embryos, all assays were performed  
3 for at least two independent experiments. Of the six selected algae, only *Ophiocytium* sp. showed  
4 almost no activity, while the strongest activity was observed for the microalgae *Selenastrum*  
5 *bibraianum* with an EC<sub>50</sub> of 9.58 µg.mL<sup>-1</sup>. The remaining algae had EC<sub>50</sub> values around 20 µg.mL<sup>-</sup>  
6 <sup>1</sup>. Then, the algae with the five lowest EC<sub>50</sub> values were selected and fractionated. Lipid reduction  
7 was then analyzed for each of the fractions and the results are shown in figure 3.

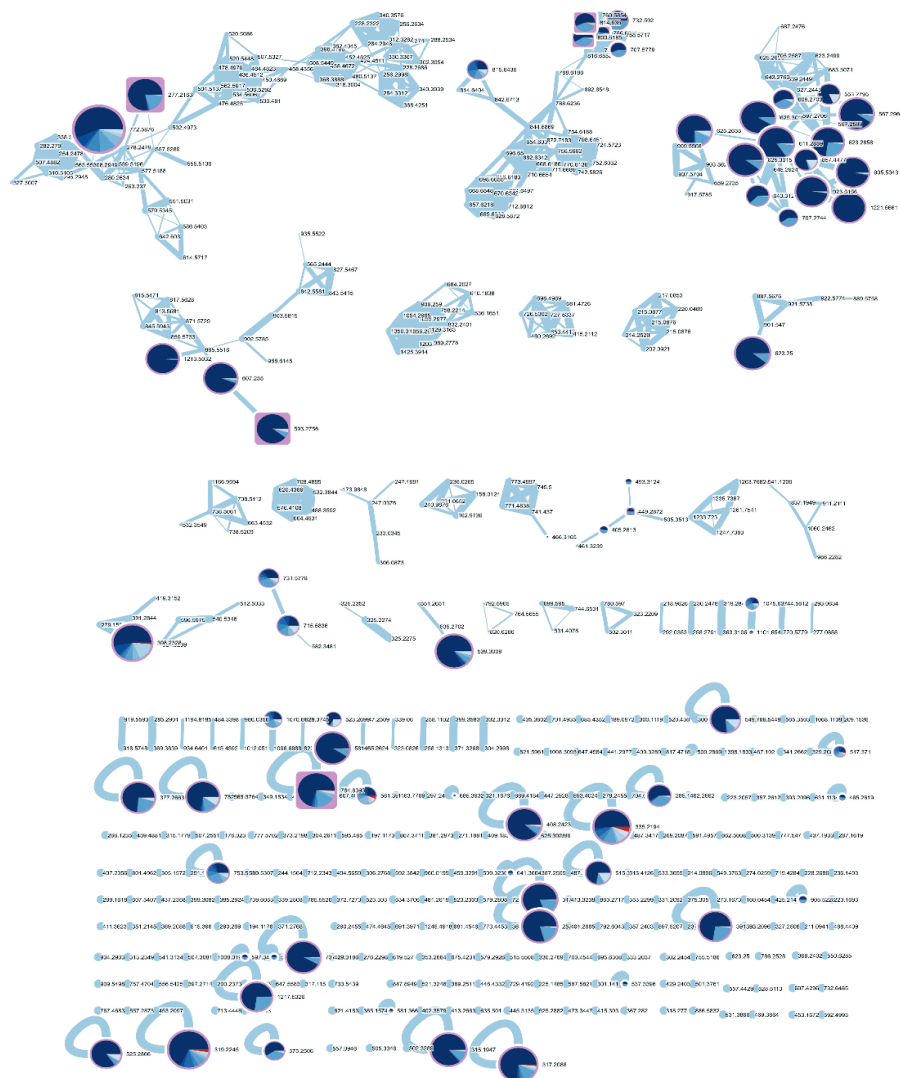


1

2 **Figure 3.** Lipid-reducing activity for the five fractionations of each of the six algae. Data are presented as  
 3 mean fluorescence activity relative to the solvent control (DMSO 0.1%). Resveratrol 50  $\mu\text{M}$  (Rev 50 $\mu\text{M}$ )  
 4 was used as positive control. The box-and-whisker plots (5–95 percentile) represent the variation between  
 5 the tests performed ( $n = 6$ ). The dots represent outliers and were not considered for statistical analysis.  
 6 Asterisks indicate statistically significant results (\* $p$ -value  $< 0.05$ ; \*\* $p$ -value  $< 0.01$ ; \*\*\* $p$ -value  $< 0.001$ ).  
 7

8 Most of the bioactivity was detected in fractions B and D, except for *W. botryoides*, whose  
 9 activity was in fraction F. The fractionation process elutes low polarity compounds first, going  
 10 toward high polarity compounds at the end, suggesting that active fractions have intermediate to  
 11 lower polarity compounds. The highest activity was observed in *S. bibrainum* fraction C ( $p$ -value  
 12  $< 0.001$ ). Subsequently, the *S. bibrainum* fractions were analyzed by LC-MS/MS, followed by  
 13 bioactivity-based molecular networking that revealed highly correlated metabolites. Fig. 4 and 5  
 14 show the molecular networking for fractions A to H of *S. bibrainum* extracts. Figure 5 highlights

- 1 the main clusters. The visible nodes represent compounds that exhibited significant correlation (p-
- 2 value < 0.05 or Cor > 0.63).
- 3



4 **Figure 4.** Molecular networks observed for fractions of the *S. bibrarianum* extract. The nodes  
 5 represent molecules observed in each fraction with their respective molecular mass indicated. The  
 6 shape of the node indicates the compounds that have been identified in the GNPS database  
 7 (squares) and that have not been identified (circle). The pie chart at each node represents the  
 8 relative abundance in each fraction, with each color represents a fraction. The darker colors  
 9 represent the greater the biological activity observed in fraction. The graph only shows nodes with  
 10 significant correlation (p-value < 0.05 or Cor > 0.63) with bioactivity. The size of the circle is  
 11 proportional to the correlation with bioactivity. The diameter of the lines connecting the nodes  
 12 represent the similarity between the nodes, the larger the line the greater the correlation between  
 13 nodes (0.7 to 1).



1           In the molecular network, 69 nodes out of 520 showed a significant correlation with  
2 lipid-reducing activity. Among these 69 nodes, 10 exhibited a strong correlation ( $Cor > 0.85$ ).  
3 Among the observed clusters, the one with the highest number of nodes showing a strong  
4 correlation was the Figure 5A. No MS<sup>2</sup> annotation GNPS was observed for this cluster, however,  
5 using the analogue identification tool, some analog structures were identified for this network.  
6 The analogs indicated that it is a molecular network composed of compounds containing  
7 porphyrins. This was later observed by the annotations based on the values of  $m/z$ , compared  
8 with the NPA and DMNP database. Although the other clusters did not yield a substantial  
9 number of nodes with a strong correlation, it is possible to observe some groups of interesting  
10 compounds. The Figure 5D, according to the annotation provided by GNPS, three compounds  
11 were annotated as Pyropheophytin a ( $m/z$  813.5681 [M+H]<sup>+</sup>), Pheophytin a ( $m/z$  871.5729  
12 [M+H]<sup>+</sup>) and Pheophorbide a ( $m/z$  593.2756 [M+H]<sup>+</sup>), where only Pheophorbide A showed  
13 correlation with activity (cor: 0.84). Figure 5C showed compounds annotated as fatty acids and  
14 nodes with strong correlations, one of 0.85 that was classified as 13-Hydroxyoctadeca-9,11,15-  
15 trienoic acid ( $m/z$  277.2163 [M+H]<sup>+</sup>) and 0.91 that was not classified by the GNPS database,  
16 was also not associated with any compound by searching for  $m/z$  values. Among these nodes,  
17 15 nodes belonging to the highlighted clusters with the highest correlations (0.91-0.80) were  
18 selected and putatively identified based on their  $m/z$  values. Table 2 shows the results obtained  
19 for these nodes along with their putative identifications.

**Table 2.** Putative identification of high correlation compounds indicated by bioactive based molecular networking on figure 5. Identifications were based on GNPS based on MS<sup>2</sup> fragmentation and on *m/z* values with a deviation of 0.005 against the database DMNP and NPA. Only identifications with mass error less than 5 ppm were considered. From the 15 compounds 11 were putatively identified. [M<sup>+</sup>]: Observed mass; Rt: retention time (min); Cor: Correlation Score; ppm: Mass error; GNPS: Global Natural Products Social Molecular Networking; DMNP: Dictionary of Marine Natural Products; NPA: Natural product atlas.

[M <sup>+</sup> ]	Rt (min)	Cor	Putative Identification	ppm	Formula	Source
397.2250	10.13	0.87	Altercrasin D	0.76	C <sub>24</sub> H <sub>31</sub> NO <sub>4</sub>	NPA/ DNP
			Altercrasin E			NPA
			Aspochalasin C; 17,18-Diketone	0.76	C <sub>24</sub> H <sub>31</sub> NO <sub>4</sub>	DNP
538.2931	10.01	0.86	8-hydroxy-22-dehydroxymethylkijanolid	0.00	C <sub>32</sub> H <sub>42</sub> O <sub>7</sub>	NPA/ DNP
293.2117	9.37	0.85	11-Keto-9(E),12(E)-octadecadienoic acid			GNPS
610.2781	9.35	0.85	Bacteriophageophorbide a	1.60	C <sub>35</sub> H <sub>38</sub> N <sub>4</sub> O <sub>6</sub>	DNP
			Biliverdin; Di-Me ester			DNP
			3-Desvinyl-3-( $\alpha$ -hydroxyethyl) phaeophorbide a			DNP
624.2937	10.07	0.85	Asperphenalenone B and A	0.48	C <sub>35</sub> H <sub>44</sub> O <sub>10</sub>	DNP
			Chlorin e6 - Di-Me ester	1.60	C <sub>36</sub> H <sub>40</sub> N <sub>4</sub> O <sub>6</sub>	NPA
624.2577	10.94	0.85	Cryptophycin - 17 or 19 or 28 or 29 or 49	4.00	C <sub>34</sub> H <sub>41</sub> ClN <sub>2</sub> O <sub>7</sub>	NPA/ DNP
566.2888	9.75	0.85	Arugosin P	1.41	C <sub>33</sub> H <sub>42</sub> O <sub>8</sub>	NPA
			Corallistin B	0.88	C <sub>34</sub> H <sub>38</sub> N <sub>4</sub> O <sub>4</sub>	DNP

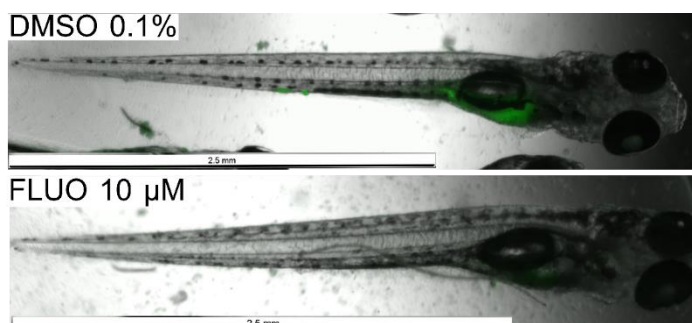
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**Table 2. Cont.** Putative identification of high correlation compounds indicated by bioactive based molecular networking on figure 5. Identifications were based on GNPS based on MS<sup>2</sup> fragmentation and on *m/z* values with a deviation of 0.005 against the database DMNP and NPA. Only identifications with mass error less than 5 ppm were considered. From the 15 compounds 11 were putatively identified. [M<sup>+</sup>]: Observed mass; Rt: retention time (min); Cor: Correlation Score; ppm: Mass error; GNPS: Global Natural Products Social Molecular Networking; DMNP: Dictionary of Marine Natural Products; NPA: Natural product atlas.

[M <sup>+</sup> ]	Rt (min)	Cor	Putative Identification	ppm	Formula	Source
606.2472	9.64	0.84	Microulin B;	1.15	C <sub>34</sub> H <sub>38</sub> O <sub>10</sub>	DNP
			Pheophorbide b	0.99	C <sub>35</sub> H <sub>34</sub> N <sub>4</sub> O <sub>6</sub>	DNP
592.2678	11.25	0.84	Pheophorbide a	1.35	C <sub>35</sub> H <sub>36</sub> N <sub>4</sub> O <sub>5</sub>	GNPS
904.4965	11.72	0.84	Protochlorophyllide b; Phytyl ester	2.65	C <sub>55</sub> H <sub>68</sub> MgN <sub>4</sub> O <sub>6</sub>	DNP
622.2780	11.56	0.84	Methyl (10S)- hydroxypheophorbide a	1.77	C <sub>36</sub> H <sub>38</sub> N <sub>4</sub> O <sub>6</sub>	DNP
771.5798	12.57	0.91	-	-	-	-
610.7831	9.25	0.84	-	-	-	-
922.5078	11.41	0.84	-	-	-	-
856.4399	11.99	0.80	-	-	-	-

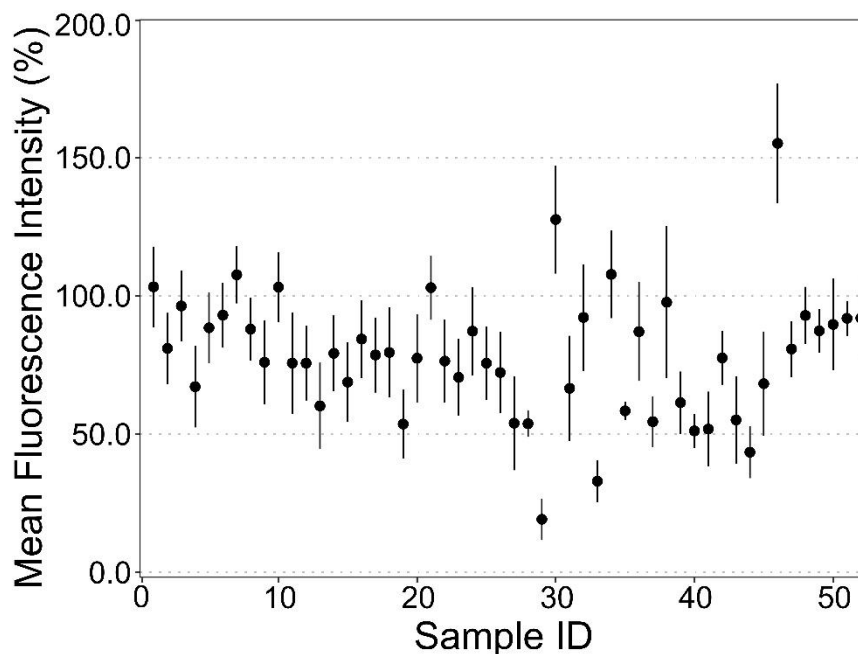
#### 4.2. Appetite inhibition

In the appetite inhibition assay with zebrafish embryos, 52 extracts were screened, and Figure 6 show the difference between Control and Fluoxetine. Highlighting the difference between the controls.



**Figure 6.** Zebrafish embryos in the appetite inhibition assay. Green fluorescence signal is derived from the intake of labelled liposomes. The difference between DMSO 0.1%, negative control and Fluoxetine (Fluo) 10 μM, positive control.

1 Figure 7 represents the distribution of appetite inhibition obtained from all examined 52  
 2 extracts. However, only the methanolic extracts (27 – 52) revealed bioactivity. The algae that  
 3 showed more than 50% of appetite reduction were *C. obovata* (80.8% inhibition), *M. arcuatum*  
 4 (67.0% inhibition), and *Dictyosphaerium* sp. (56.6% inhibition).



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**Figure 7.** Screening of 52 microalgae extracts for appetite inhibition assay. Data are presented as mean fluorescence activity relative to the solvent control. The node shows the mean value, and the line the variation between individuals (n=6).

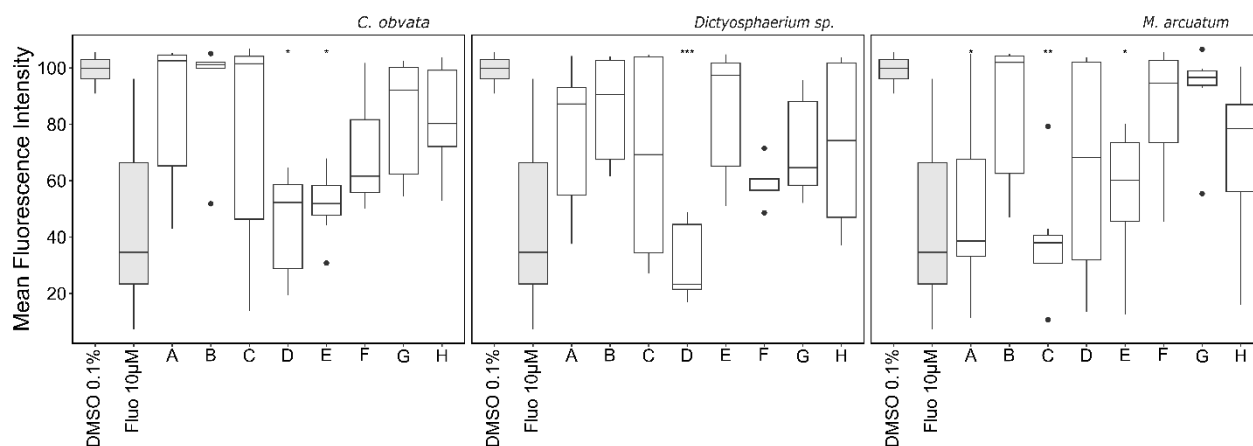
14  
 15 The effective concentration that reduced by 50% the fluorescence (EC<sub>50</sub>) was evaluated  
 16 using extracts concentrations between 2 and 50 µg.mL<sup>-1</sup>. These results are shown in Table 3.  
 17 The dose response curves for the EC<sub>50</sub> assays are shown in appendix 5.

**Table 3.** EC<sub>50</sub> for the 4 selected algae with appetite inhibition assay.

Microalgae	EC <sub>50</sub> (µg. mL <sup>-1</sup> )
<i>Dictyosphaerium</i> sp.	10.32
<i>M. arcuatum</i>	25.25
<i>C. obovata</i>	39.88

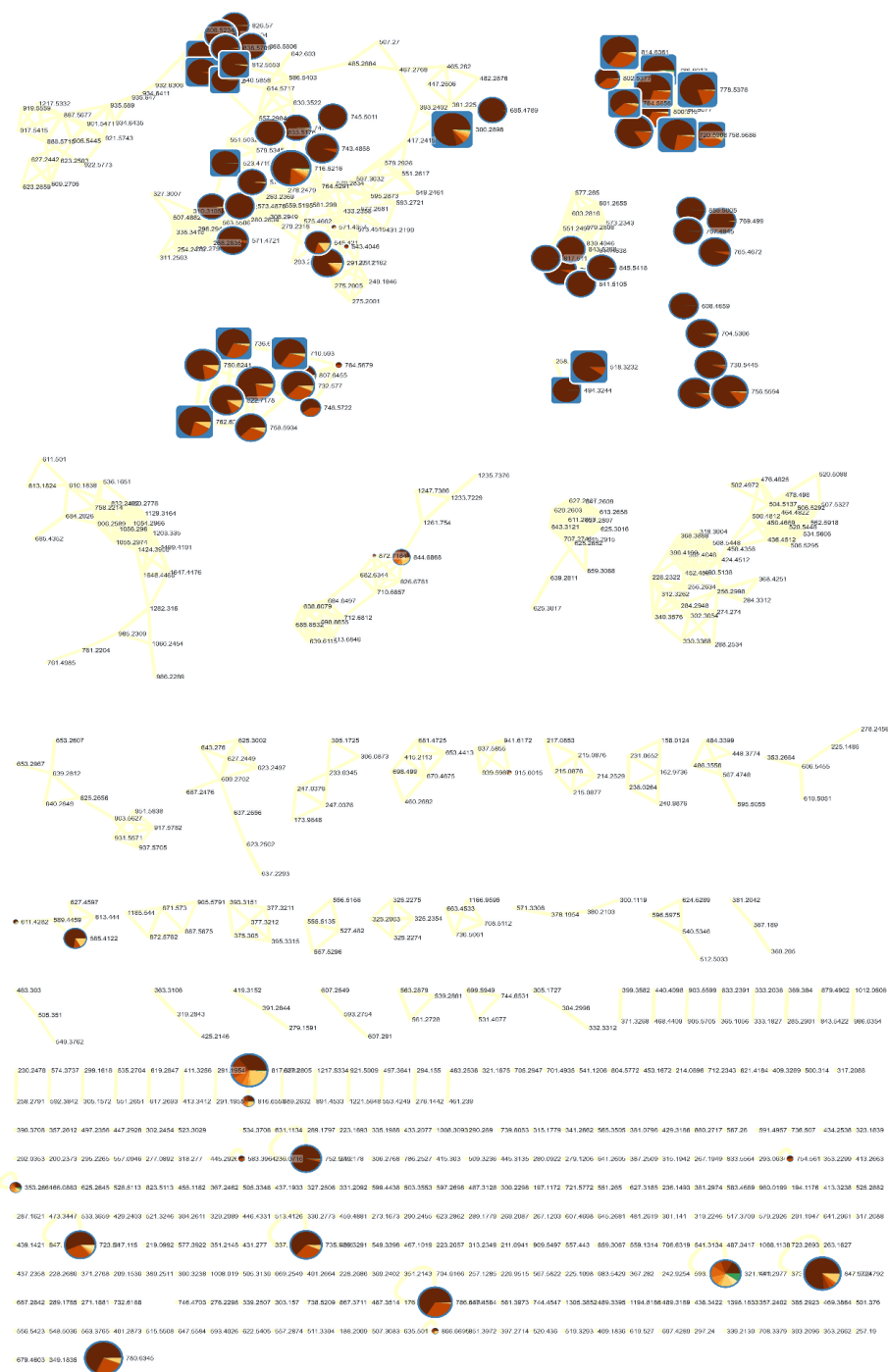
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1 The lowest EC<sub>50</sub> value for appetite reduction was observed for the microalgae  
2 *Dictyosphaerium* sp. All three microalgae were selected for extracts fractionation and again for  
3 reassessment of the biological activity of the fractions. These results are shown in figure 8.



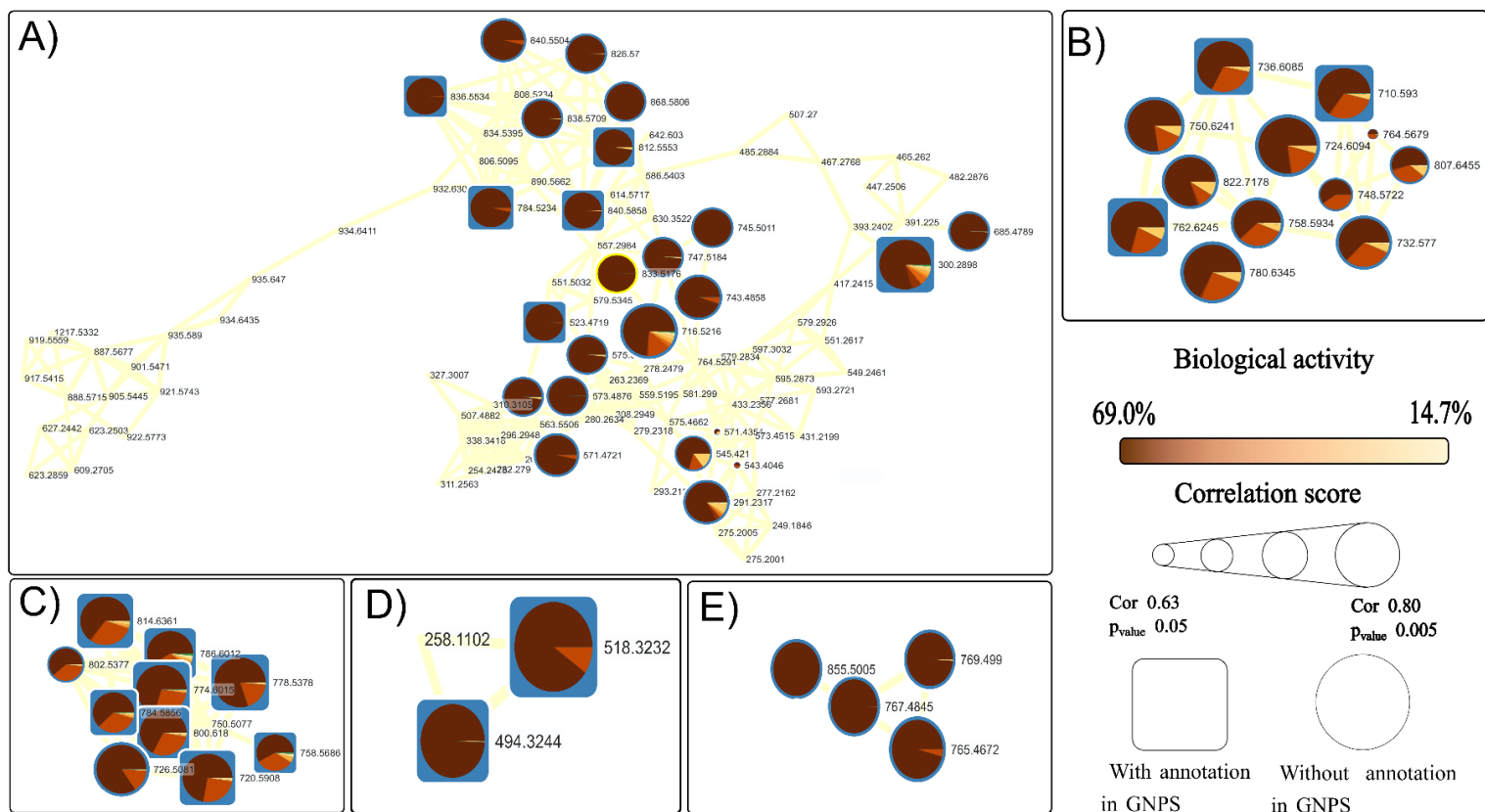
**Figure 8.** Appetite inhibition assay activity for the five fractions of each of the six algae. Data are presented as mean fluorescence activity relative to the solvent control in grey (DMSO 0.1%) and Fluoxetine 10 µM (Fluo 10 µM) was used as positive control. The box-and-whisker plots (5–95 percentile) represent the variation between the tests performed (n = 6). The dots represent outliers and were not considered for statistical analysis. Asterisks indicate statistically significant results (\*: p-value < 0.05; \*\*: p-value < 0.01; \*\*\*: p-value < 0.001).

4 The greatest effect was present in the microalgae *Dictyosphaerium* sp. fraction D (p-  
5 value < 0.001), with 69.0% of appetite inhibition compared to the control. Considering the  
6 promising effect, the fractions of this alga were sent for analysis by LC-MS/MS and the data  
7 processed. Figures 9 and 10 shows the observed molecular network of fractions A to H of  
8 *Dictyosphaerium* sp. extracts and figure 10 highlights the main observed clusters.



1

**Figure 9.** Molecular networks observed for appetite inhibition activity of the fractions A to H of *Dictyosphaerium sp.* extracts. The nodes represent molecules observed in each fraction with their respective molecular mass indicated. The shape of the node indicates the compounds that have been identified in the GNPS database (squares) and that have not been identified (circle). The pie chart at each node represents the relative abundance in each fraction, with each color represents a fraction. The darker colors represent the greater the biological activity observed in fraction. The graph only shows nodes with significant correlation ( $p$ -value  $< 0.05$  or  $Cor > 0.63$ ) with bioactivity. The size of the circle is proportional to the correlation with bioactivity. The diameter of the lines connecting the nodes represent the similarity between the nodes, the larger the line the greater the correlation between nodes (0.7 to 1).



d

1

**Figure 10a-e.** Molecular networks observed for appetite inhibition activity of the microalgae *Dictyosphaerium sp.* The nodes represent molecules observed in each fraction with their respective molecular mass indicated. The shape of the node indicates the compounds that have been identified in the GNPS database (squares) and that have not been identified (circle). The pie chart at each node represents the relative abundance in each fraction, with each color represents a fraction. The darker colors represent the greater the biological activity observed in fraction. The graph only shows nodes with significant correlation (p-value <0.05 or Cor>0.63) with bioactivity. The size of the circle is proportional to the correlation with bioactivity. The diameter of the lines connecting the nodes represent the similarity between the nodes, the larger the line the greater the correlation between nodes (0.7 to 1).

2

1 For appetite inhibition activity, 66 nodes were observed with metabolites having a  
2 correlation greater than 0.75, and 79 with significant correlation ( $Cor > 0.63$  e  $p\text{-value} < 0.05$ ).  
3 In figure 10C, several nodes showed a correlation greater than 0.75, and most of them were  
4 identified by the GNPS database. Those classified were categorized as lipids, being associated  
5 with phosphocholine. The most correlated compound ( $Cor = 0.80$ ) was  $m/z$  778.5378  $[M+H]^+$ ,  
6 which was annotated as 1,2-Di-(9Z,12Z,15Z-octadecatrienoyl)-sn-glycero-3-phosphocholine  
7 or L-Dilinolenoyl lecithin. In Figure 10D, the same compounds associated with phosphocholine  
8 were identified and annotated by the GNPS database as PC (18:3/0:0) 518.3232  $[M+H]^+$  and  
9 Lyso PC (16:1) 494.3244  $[M+H]^+$ . Both showed a correlation between 0.77 and 0.78. In figure  
10 10A, six nodes with  $Cor > 0.75$  were annotated. Since the compounds of  $m/z$  784.5234,  
11 812.5553, 836.5534, and 840.5858  $[M+H]^+$  were all classified as sulfoquinovosyl  
12 diacylglycerol, the difference between them lies in the variations in the groups of carboxylic  
13 acids associated with the sulfoquinovosyl glycerol group. The compound with  $m/z$  523.4719  
14  $[M+H]^+$  was annotated as acyl glycerol (o-14:1/16:1), and the mass compound with  $m/z$   
15 300.2898  $[M+H]^+$  was identified as palmitoyl ethanolamide, with a correlation of 0.80. Another  
16 compound with correlation of 0.80 appeared in this cluster, had no annotation in GNPS, but  
17 was putatively annotated as 1-palmitoyl-2-linoleoyl-sn-glycero-3-phosphoethanolamine ( $ppm$   
18 = 1.96) by DNP. In relation to Figure 10B, a cluster was observed with several correlated nodes  
19 (0.68-0.80), which were all annotated as betaine lipids (diacylglyceryltrimethylhomo-serine or  
20 DGTSA), in which the difference lies in the fatty acid chain. In this cluster the node with the  
21 highest correlation  $m/z$  724.6094  $[M+H]^+$  was not recorded in any of the evaluated databases.  
22 In Figure 10E no GNPS database annotations was observed. Fifteen nodes from the highlighted  
23 clusters (figure 10), which had the highest correlations (0.80 to 0.79), were selected to proceed  
24 search in DMNP and NPatlas database. Table 4 shows the results obtained for these nodes along  
25 with their putative identifications.

26

**Table 4.** Putative identification of high correlation compounds indicated by bioactive based molecular networking on figure 10. Identifications were based on GNPS based on MS<sup>2</sup> fragmentation and on M+ values with a deviation of 0.005 against the database DMNP and NPA. Only identification with mass error less than 5 ppm were considered. From the 15 compounds 11 were putative identified. [M<sup>+</sup>]: Observed mass; Rt: retention time (min); Cor: Correlation Score; ppm: Mass error; GNPS: Global Natural Products Social Molecular Networking; DMNP: Dictionary of Marine Natural Products; NPA: Natural product atlas.

[M <sup>+</sup> ]	Rt (min)	Cor	Putative Identification	ppm	Formula	Source
715.5138	12.43	0.80	1-palmitoyl-2-linoleoyl-sn-glycero-3-phosphoethanolamine	1.96	C <sub>39</sub> H <sub>74</sub> NO <sub>8</sub> P	DNP
299.2820	10.90	0.80	Palmitoyl ethanolamide	1.34	C <sub>18</sub> H <sub>37</sub> NO <sub>2</sub>	GNPS
777.5300	12.08	0.80	1,2-Di-(9Z,12Z,15Z-octadecatrienoyl)-sn-glycero-3-phosphocholine	1.09	C <sub>44</sub> H <sub>76</sub> NO <sub>8</sub> P	GNPS
799.6102	12.67	0.79	PC (18:1/19:1)	1.38	C <sub>45</sub> H <sub>86</sub> NO <sub>8</sub> P	GNPS
719.5830	12.53	0.79	PC (16:0/O-16:0)	0.15	C <sub>40</sub> H <sub>83</sub> NO <sub>7</sub> P	GNPS
517.3154	9.43	0.79	(2-Hydroxy-3-octadeca-6,9,12-trienoyloxypropyl) 2-(trimethylazaniumyl)ethyl phosphate	2.71	C <sub>26</sub> H <sub>48</sub> NO <sub>7</sub> P	GNPS
735.6007	12.42	0.79	DGTSA (16:1/18:1)	0.82	C <sub>44</sub> H <sub>81</sub> NO <sub>7</sub>	GNPS
813.6283	12.81	0.79	PC (18:2/20:0)	4.42	C <sub>46</sub> H <sub>88</sub> NO <sub>8</sub> P	GNPS
709.5852	12.37	0.79	DGTS/DGTA (32:1)	0.63	C <sub>42</sub> H <sub>79</sub> NO <sub>7</sub>	GNPS
761.6167	12.49	0.79	DGTSA (18:1/18:2)	0.33	C <sub>46</sub> H <sub>84</sub> NO <sub>7</sub>	GNPS
773.5937	12.66	0.79	PC (17:0/18:1)	0.31	C <sub>43</sub> H <sub>84</sub> NO <sub>8</sub> P	GNPS
723.6016	12.46	0.80	-	-	-	-
725.5003	12.07	0.79	-	-	-	-
749.6163	12.51	0.79	-	-	-	-
779.6267	12.68	0.79	-	-	-	-

8

9

10

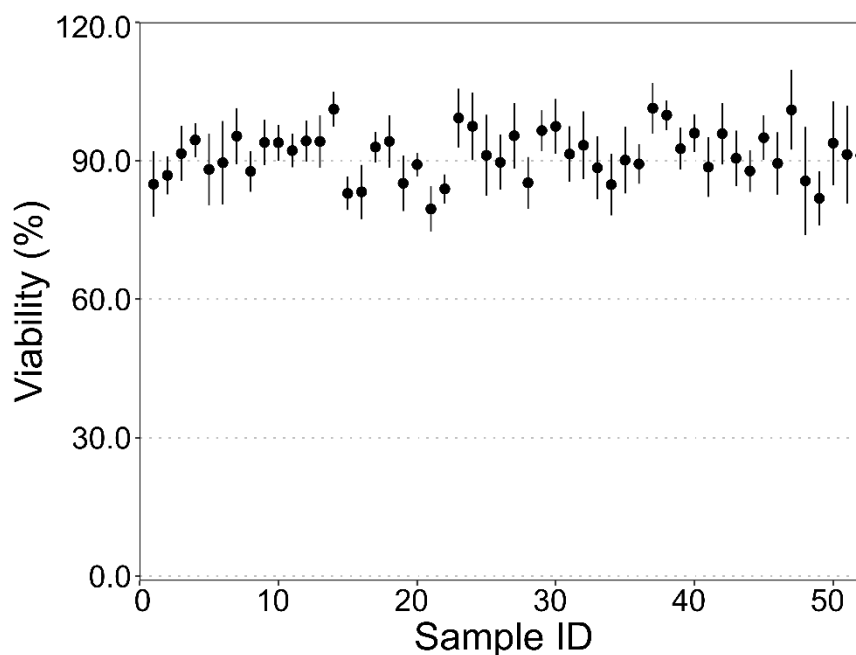
1 4.3. Cellular viability

2

3 Regarding cellular viability, none of the extracts demonstrated strong activity ( $p < 0.05$ ).

4 The lowest value observed was for the DCM:MeOH extract from the microalga *S. bibrainum*,  
5 with approximately 20% reduction of cellular viability (Figure 11). In comparison, the negative  
6 control (20% DMSO) showed around 70% reduction.

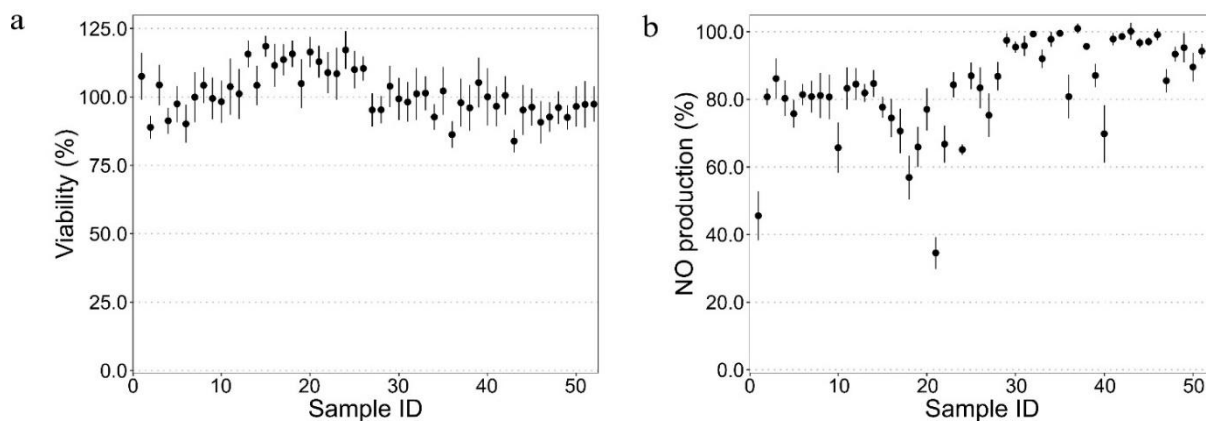
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**Figure 11.** Screening of 52 microalgae extracts for viability assay. Data are presented as viability (%) relative to the solvent control. The node shows the mean value, and the line the variation between individuals (n=6).

8 4.4. Anti-inflammatory activity

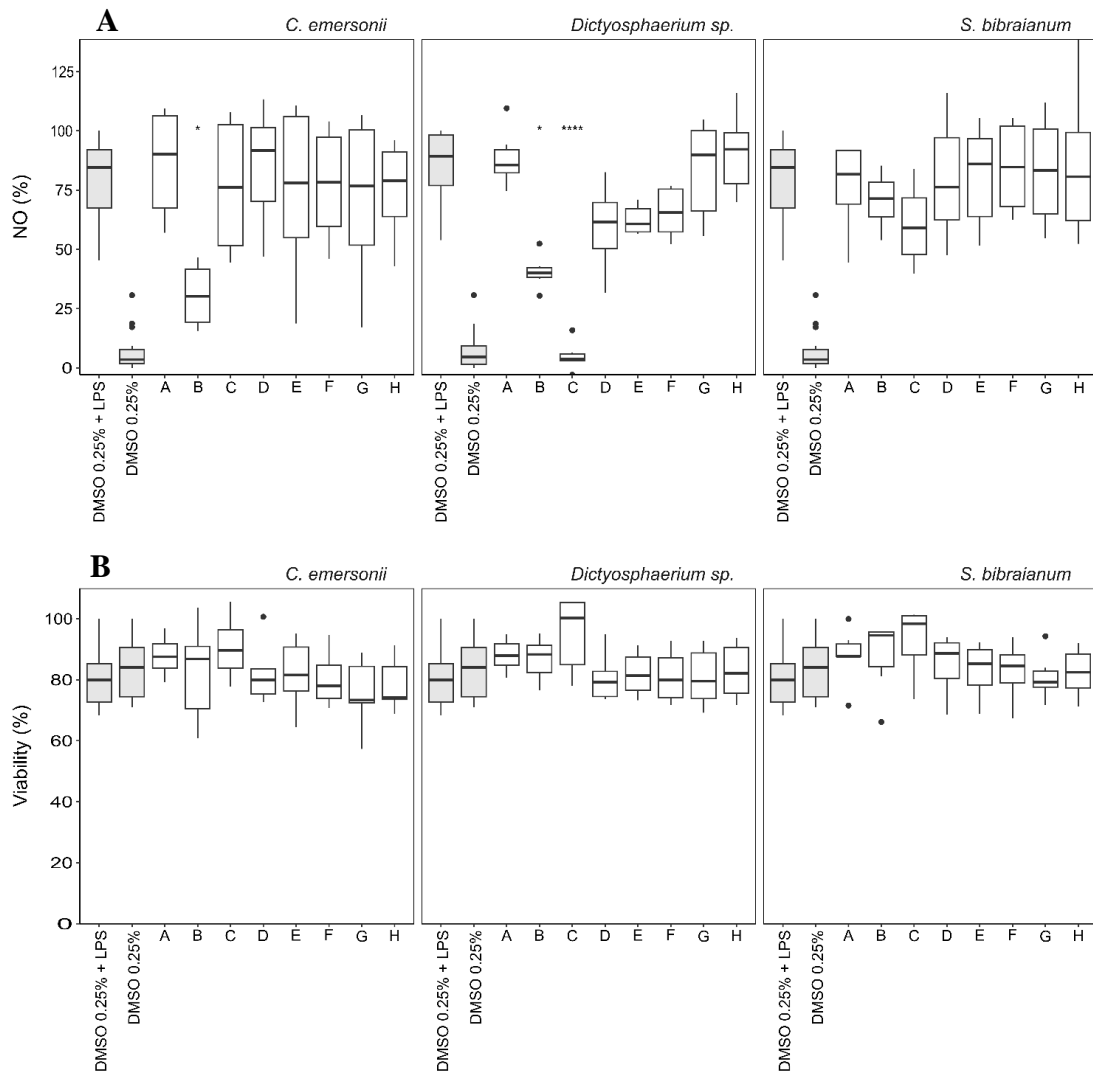
9 Regarding the inflammation assay, three extracts were observed with more than 40% of  
10 inhibition (figure 12), namely DCM:MeOH extracts from *C. emersonii* (51.12% NO reduction),  
11 *Dictiosphaerum* sp. (43.11% NO reduction) and *S. bibrainum* (65.42% NO reduction). All of  
12 them showed no effect on cell viability. For the inflammation assay, the EC<sub>50</sub> test was not  
13 performed because concentrations greater than 0.25% of DMSO interfered with the NO  
14 production by the macrophages.



**Figure 12.** Screening of 52 microalgae extracts for anti-inflammatory assay. A: Cell viability by reaction with MTT, relative to control (DMSO 0.1%+LPS). B: Nitric Oxide production relative the control (DMSO 0.1%+LPS). The node shows the mean value, and the line the variation between individuals (n=6).

1           The activity and toxicity of the fractions are shown in figure 13. After fractionating the  
 2 DCM:MeOH extracts that presented activity against inflammation (*S. bibrainum*,  
 3 *Dictyosphaerium* sp. and *C. emersonii*), no toxicity was detected. For these 3 algae strains,  
 4 fractions B and C demonstrated some degree of activity, but for *S. bibrainum* it was not  
 5 statistically significant. *Dictyosphaerium* sp. displayed notable activity, with fraction B  
 6 inhibiting 59.4% (p-value < 0.05) and fraction C inhibiting 95.0% (p-value < 0.0001).

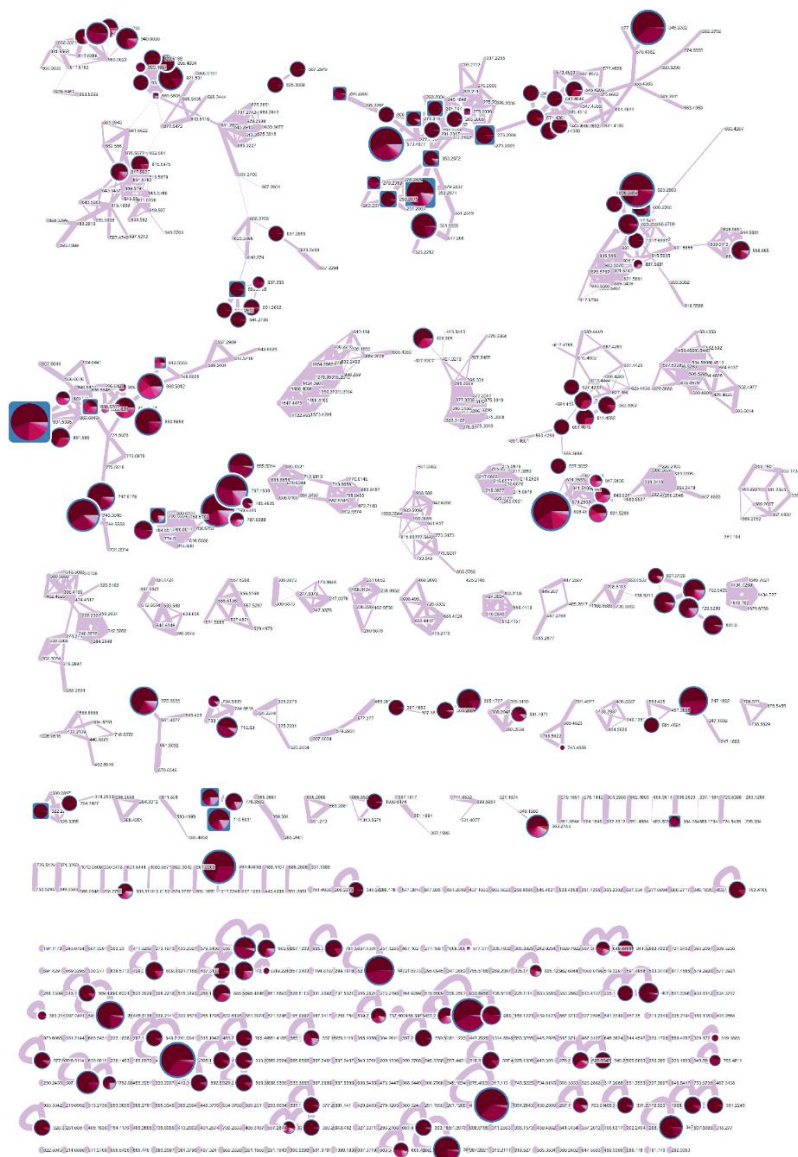
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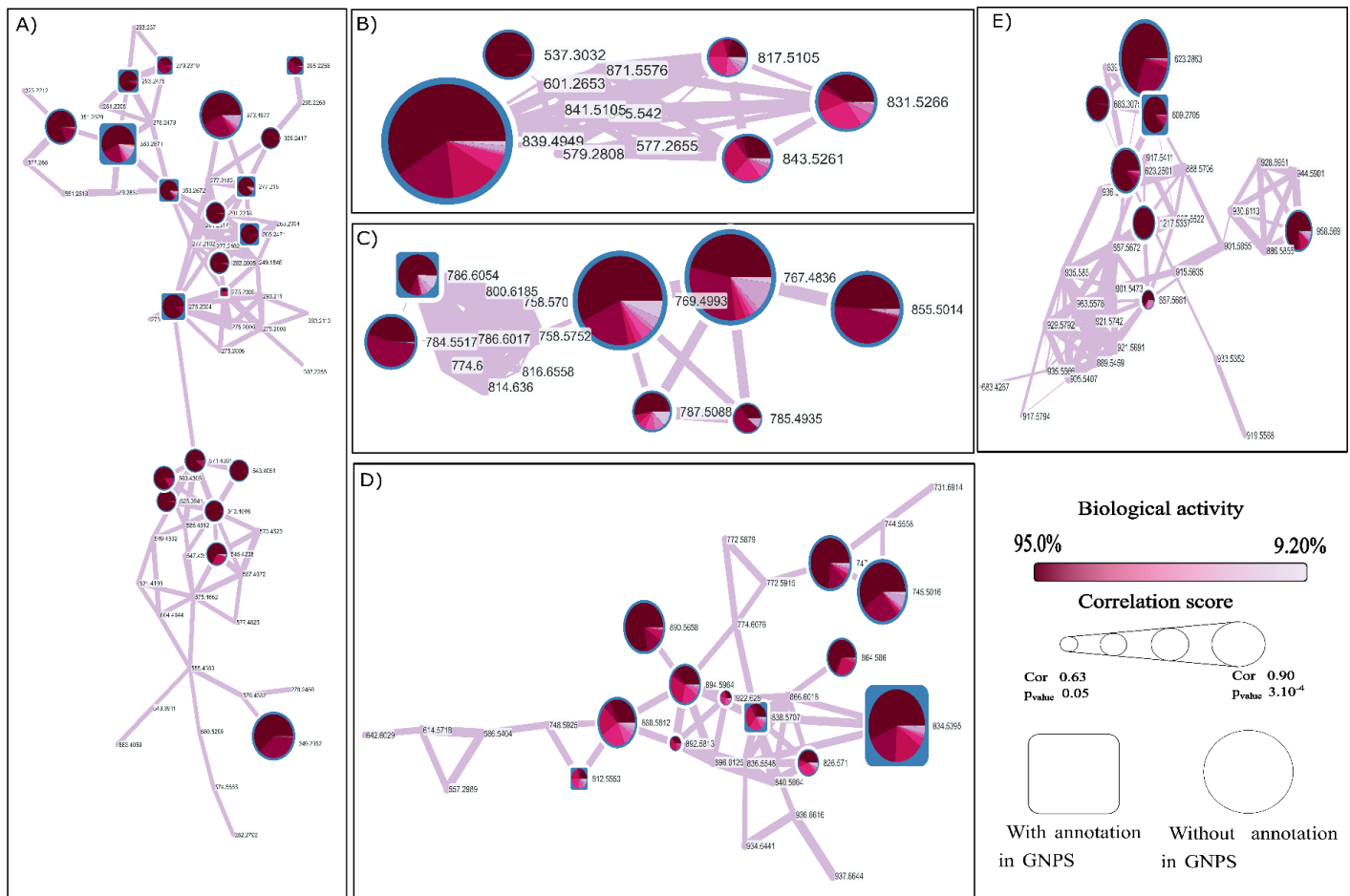
**Figure 13.** A: Relative production (%) of nitric oxide (NO) for each fraction. B: Cell viability (%) for each fraction. Data are presented relative to basal NO levels without stimulation with LPS (DMSO 0.25%) and with stimulation with LPS (DMSO + LPS), both used as controls (in gray). The box-and-whisker plots (5–95 percentile) represent the variation between the tests performed (n = 6). The dots represent outliers and were not considered for statistical analysis. Asterisks indicate statistically significant results (\*p < 0.05; \*\*p < 0.01; \*\*\*p < 0.001, \*\*\*\*p < 0.0001).

2 Nitric oxide (NO) production is associated with the inflammatory response of  
 3 macrophages, and its reduction indicates a possible decrease in inflammatory response. Among  
 4 the fractions tested, the fraction C of *Dictyosphaerium sp.* showed the highest activity (95.04%  
 5 NO reduction). Thus, the fractions A to H of *Dictyosphaerium sp.* were used to construct a

- 1 molecular network represented in the figure below (figure 14) and the main clusters obtained
- 2 are highlighted in figure 15.
- 3



**Figure 14.** Molecular networks observed for anti-inflammatory activity of the fractions of *Dictyosphaerium sp.* extracts. The nodes represent molecules observed in each fraction with their respective molecular mass indicated. The shape of the node indicates the compounds that have been identified in the GNPS database (squares) and that have not been identified (circle). The pie chart at each node represents the relative abundance in each fraction, with each color represents a fraction. The darker colors represent the greater the biological activity observed in fraction. The graph only shows nodes with significant correlation ( $p$ -value  $<0.05$  or  $Cor > 0.63$ ) with bioactivity. The size of the circle is proportional to the correlation with bioactivity. The diameter of the lines connecting the nodes represent the similarity between the nodes, the larger the line the greater the correlation between nodes (0.7 to 1).



1 **Figure 15A-E.** Main molecular networks observed for anti-inflammatory activity (A-D) activity of the microalgae *Dictyosphaerium* sp. The nodes represent molecules observed in each fraction with their respective molecular mass indicated. The shape of the node indicates the compounds that have been identified in the GNPS database (squares) and that have not been identified (circle). The pie chart at each node represents the relative abundance in each fraction, with each color represents a fraction. The darker colors represent the greater the biological activity observed in fraction. The graph only shows nodes with significant correlation ( $p$ -value  $< 0.05$  or  $Cor > 0.63$ ) with bioactivity. The size of the circle is proportional to the correlation with bioactivity. The diameter of the lines connecting the nodes represent the similarity between the nodes, the larger the line the greater the correlation between nodes (0.7 to 1).

1 For the anti-inflammatory activity, 873 nodes were observed, and 179 exhibited a  
2 significant correlation with anti-inflammatory activity ( $Cor > 0.63$  and  $p\text{-value} < 0.05$ ), with 13  
3 nodes correlating above 0.85, in which 5 clusters stood out (Figure 15 A-E). In Figure 15D, 3  
4 clusters presented a strong correlation value ( $Cor > 0.85$ ). The compound  $m/z$  353.2671  $[M+H]^+$   
5 ( $Cor = 0.85$ ) was classified in GNPS database as monolinolenin, a monoacyl glycerol.  
6 Regarding the other compounds, the monoisotopic mass  $m/z$  573.4877  $[M+H]^+$  ( $Cor = 0.88$ )  
7 was identified as octacosyl caffeate ( $ppm = 1.05$ ) based on DMNP database. The third  
8 compound of  $m/z$  349.2352  $[M+H]^+$  ( $Cor = 0.88$ ) did not receive any annotation. In Figure 15A,  
9 the compounds  $m/z$  834.5395 and 745.5016  $[M+H]^+$  showed a strong correlation, and the first  
10 compound correlating at 0.91, annotated as sulfoquinovosyl diacylglycerol (16:0/18:3). In  
11 Figure 15C, 2 metabolites with strong correlation were observed,  $m/z$  769.4993 and 767.4836  
12  $[M+H]^+$  ( $Cor: 0.87$ ), but it was not recorded as any known compound in the GNPS and other  
13 databases. In figure 15E the compound  $m/z$  623.2863  $[M+H]^+$  presented a correlation  
14 coefficient of 0.87 with bioactivity. In figure 15B, the compound  $m/z$  839.4949  $[M+H]^+$   
15 exhibited a correlation coefficient of 0.90, but as with  $m/z$  623.2863  $[M+H]^+$  no known recorded  
16 compound in the GNPS and other databases were annotated. Among these nodes, 15 nodes  
17 belonging to the highlighted clusters with the highest correlations (0.81-0.90) were selected.  
18 Table 5 presents the results obtained for these nodes along with their putative identifications.  
19

**Table 5.** Putative identification of high correlation compounds indicated by bioactive based molecular networking on figure 15. Identifications were based on GNPS based on MS<sup>2</sup> fragmentation and on *m/z* values with a deviation of 0.005 against the database DMNP and NPA. Only identification with mass error less than 5 ppm were considered. From the 15 compounds 11 were putative identified. [M<sup>+</sup>]: Observed mass; Rt: retention time (min); Cor: Correlation Score; ppm: Parts per Million; GNPS: Global Natural Products Social Molecular Networking; DMNP: Dictionary of Marine Natural Products; NPA: Natural product atlas.

[M <sup>+</sup> ]	Rt (min)	Cor	Putative Identification	ppm	Formula	Source
816.5057	15.08	0.91	SQDG (16:0/18:3)	0.09	C46H75NO12	GNPS
572.4799	14.98	0.88	Octacosyl caffeate	1.05	C37H64O4	DNP
622.2785	11.38	0.88	Methyl 10-hydroxyphaeophorbide	1.12	C35H42O10	DNP
744.4941	15.00	0.87	Myxol; 2'-O-(3-O-Methyl- $\alpha$ -L-fucoside)	3.22	C47H68O7	DNP
352.2593	10.00	0.85	Monolinolenin	5.85	C21H36O4	GNPS
350.2450	8.64	0.83	Glycerol-1-octadecatetraenoate	2.00	C21H34O4	DNP
746.5098	15.44	0.85	Bistratene B	2.28	C42H70N2O9	DNP
838.4871	15.08	0.90	-	-	-	-
349.2352	9.44	0.88	-	-	-	-
768.4915	15.46	0.87	-	-	-	-
766.4758	14.99	0.87	-	-	-	-
889.5580	15.06	0.84	-	-	-	-
867.573	16.09	0.83	-	-	-	-
854.494	14.85	0.83	-	-	-	-
893.589	16.28	0.81	-	-	-	-

2

3

## 4 5. Discussion

5 Microalgae have long been a source of food for both humans and animals with numerous  
6 health benefits being discovered over time (BOROWITZKA, 2018). However, their potential  
7 health effects remain largely unexplored and may vary among different species. Of the 52  
8 evaluated eukaryotic microalgae extracts, most yielded unprecedented results regarding  
9 secondary metabolites and their effects on lipid reduction, appetite regulation, and anti-  
10 inflammatory activity. Among the microalgae evaluated, 6 demonstrated promising activity in  
11 reducing lipid accumulation in zebrafish. EC<sub>50</sub> assays confirmed this activity for all, except  
12 *Ophiocytium* sp. The microalgae *S. bibrainum* and *C. emersonii* had the most significant  
13 effects. Previous studies have highlighted the impact of *Chlorella* species on obesity in cell

1 culture. Chon et al. (2009) identified inhibition of triacylglycerol accumulation of *Chlorella* sp.  
2 MeOH extracts. Yang et al. (2022) observed that the unsaturated fatty acids from *Chlorella*  
3 powder, induced a reduction of body weight, blood fat and blood sugar levels on fat induced  
4 obese mice. In zebrafish, Ragueiras et al. (2022) reported a reduction in lipid accumulation of  
5 up to 75% under heterotrophic culture conditions of *Chlorella vulgaris*. Notably, *S. bibrainum*  
6 (this research) has not been previously reported for its effects against obesity.

7         The fraction C of *S. bibrainum* exhibited the highest activity against obesity among all  
8 the tested fractions, and bioactivity-based molecular networking revealed metabolites that were  
9 strongly correlated with this biological activity. Some of the identified compounds were  
10 annotated as chlorophyll derivatives, including pheophorbide a, chlorin, and  
11 protochlorophyllide. Effects related to the stimulation of lipid consumption and inhibition of  
12 adipogenesis have already been reported for pheophorbide in mouse 3T3-L1 preadipocytes  
13 (PARK; KIM; HAN, 2022). Similarly, Liu et al. (2022) observed a reduction in lipid  
14 accumulation in 8-day differentiated adipocytes, which was attributed to pheophorbide a and  
15 pyropheophorbide. Freitas et al. (2019) identified 2 chlorophyll derivatives with lipid-reducing  
16 activity, 13<sup>2</sup>-hydroxy-pheophytin a ( $m/z$  887.5697 [M+H]<sup>+</sup>) and 13<sup>2</sup>-hydroxy-pheofarnesin a  
17 ( $m/z$  817.4522 [M+H]<sup>+</sup>), in a zebrafish model. Similarly, pheophorbide a was putatively  
18 identified in the bioactive fraction of *S. bibrainum* in this research and associated with a  
19 correlation score of 0.84. The high anti-obesity activity we obtained for *S. bibrainum* extracts  
20 was confirmed by the metabolomic study, however, some metabolites have not been identified  
21 and may be new structures.

22         Regarding the appetite inhibition activity of the evaluated extracts the 3 algae that  
23 showed significant activity (>50% inhibition), had the greatest appetite inhibition in fraction D  
24 compared to the negative control. Literature show that some algae do have appetite-reducing  
25 effects. Human consumption of *Spirulina platensis* promoted food intake reduction and a  
26 decrease in body weight (ZEINALIAN et al., 2017). Even though we obtained 69% appetite  
27 reduction and no strong correlation among clusters in the metabolic networking analysis,  
28 several metabolites moderately correlated with appetite inhibition and with lipid metabolism,  
29 including ethanolamine, sulfoquinovosyl glycerol, betaine, and phosphocholine were obtained.  
30 It is known that fatty acid ethanolamine derivatives have been associated with reduced food  
31 intake, particularly oleoylethanolamide, which has been linked to appetite reduction in both rats  
32 and humans (GAETANI; OVEISI; PIOMELLI, 2003; LALEH et al., 2018).

1 Laleh et al. (2018) observed that oleoylethanolamide intake was effective in reducing  
2 weight gain and increasing the expression of the proximal proliferator-activated receptor- $\alpha$   
3 (PPAR- $\alpha$ ) gene, which is associated with various metabolic processes, reduced hunger,  
4 decreased desire to eat, and increased satiety. In the present research, one of the compounds  
5 identified with a moderate correlation ( $cor = 0.80$ ) was palmitoyl ethanolamide ( $m/z$  300.2898  
6  $[M+H]^+$ , ppm = 1.34), which has already been associated with reduction of food intake in  
7 ovariectomized rats (MATTACE RASO et al., 2014). The effect of medium-chain triglycerides  
8 (MCT) and conjugated linoleic acid (CLA) has also been observed to increase satiety in a study  
9 with 19 patients, where a reduction in food intake over a day was reported (COLEMAN;  
10 QUINN; CLEGG, 2016). Although MCT and CLA were not identified in the present study, the  
11 possible presence of long-chain lipids and fatty acid derivatives that may influence appetite was  
12 observed.

13 Related to the toxicity of the extracts, the present results are in accordance with the  
14 results of Gürlek et al. (2020) and Silva et al. (2022). These studies observed some toxicity in  
15 microalgae extracts at concentrations of 100  $\mu\text{g}\cdot\text{mL}^{-1}$ . Gürlek et al. (2020) evaluated  
16 Chlorophyta microalgae, and even at higher concentrations, almost no effects on HepG2 cells  
17 were observed. The authors showed no toxicity in rat macrophage cells (RAW 264.7), and after  
18 exposure to lipopolysaccharides, some extracts significantly reduced the inflammatory response.

19 The extracts from *C. emersonii*, *Dictyosphaerium* sp., and *S. bibrainum* showed a  
20 reduction in the inflammatory response in zebrafish by more than 40%. *Chlorella* has  
21 previously shown potential anti-inflammatory activity; specifically, acetone extracts exhibited  
22 a significant reduction in inflammatory activity in RAW 264.7 cells in extracts with high lipid  
23 content (YANG et al., 2022). *Dictyosphaerium* sp. has also been identified as promising in this  
24 regard. Halaj et al. (2019) observed the immunomodulatory effects of polysaccharides from  
25 three species of *Dictyosphaerium*, noting an increased expression of pro-inflammatory  
26 cytokines in RAW 264.7 cells. However, studies investigating the effects of its extract in  
27 relation to inflammation remain limited.

28 Regarding the fractions and anti-inflammation, the microalgae *Dictyosphaerium* sp.  
29 fraction C showed 95% reduction in NO production. The presence of lipids in microalgae  
30 extracts has been linked to anti-inflammatory activity. Yang et al. (2022) observed a reduction  
31 in macrophage NO production in the lipid-rich fraction of *Chlorella* sp., associating this effect  
32 with the presence of linoleic acid and linolenic acid. Lauritano et al. (2020) reported that  
33 fractions of *Cylindrotheca closterium* successfully inhibited the release of tumor necrosis

1 factor- $\alpha$  (TNF- $\alpha$ ) in human monocyte cultures. They identified the lipid-derived compound 1-  
2 palmitoyl-sn-glycero-3-phosphocholine, which was subsequently tested and confirmed to have  
3 anti-inflammatory activity. In this study, monolinolenin was putatively identified ( $m/z$  353.2671  
4  $[M+H]^+$ , ppm = 5.85), which is a linolenic acid associated with a glycerol molecule with a high  
5 correlation (Cor = 0.85). Additionally, glycerol-1-octadecatetraenoate ( $m/z$  351.2528  $[M+H]^+$ ,  
6 ppm = 2) was also identified with a correlation of 0.83. In the present research the metabolic  
7 analysis confirmed the lipid-derived metabolites in *Dictyosphaerium* sp. fraction C, such as  
8 monolinolenin, octadecatetraenoate, and monoterpenoids, supporting its anti-inflammatory  
9 activity.

10 Polar lipids were also detected in the fractions of *Dictyosphaerium* sp., and according  
11 to literature, they may have anti-inflammatory activity. In fact, investigating extracts of  
12 *Gloeotheca* sp., da Costa et al. (2020) showed anti-inflammatory activity through the capacity  
13 to inhibit the enzyme COX-2. In this study, sulfoquinovosyldiacylglycerol (SQGD) (16:0/18:3)  
14 ( $m/z$  817.5153  $[M+H]^+$ , ppm = 0.09) exhibited a strong correlation (Cor: 0.91), confirming the  
15 potential to act as anti-inflammation agent. According to literature, this compound has anti-  
16 inflammatory effects as reported in Bruno et al. (2005). The authors studied mouse with croton-  
17 oil-induced ear edema. Another compound identified by the metabolic study in the present  
18 research that supports anti-inflammatory activity is octacosyl caffeate ( $m/z$  573.4877  $[M+H]^+$ ,  
19 ppm = 1.05), a derivative of caffeic acid. Compounds such as octyl caffeate have been shown  
20 to inhibit inflammatory activity in rat aortic smooth muscle cells (RASMCs), where it was noted  
21 that longer chains might enhance the activity. We also identified methyl 10-  
22 hydroxyphaeophorbide ( $m/z$  623.2863  $[M+H]^+$ , ppm = 1.12), which may have anti-  
23 inflammatory activity, but there is no literature information regarding its action as anti-  
24 inflammatory. Nevertheless, Lauritano et al. (2020) showed that pheophorbide a has anti-  
25 inflammatory activity in human monocyte cultures, similar to the methyl 10-  
26 hydroxyphaeophorbide identified in the present investigation. Overall, in the present research  
27 the metabolic analysis confirmed the lipid-derived metabolites in *Dictyosphaerium* sp. fraction  
28 C, such as monolinolenin, octadecatetraenoate, and monoterpenoids, supporting its anti-  
29 inflammatory activity.

30

## 1 6. Conclusion

2 The present results suggest a promising effect of some microalgae in the treatment of  
3 obesity and inflammation. Specifically, *Dictyosphaerium sp.* and *S. bibrainum* demonstrated  
4 significant activity in lipid reduction, appetite suppression, and inhibition of inflammatory  
5 responses, all of which are factors related to the exacerbation of obesity. Additionally,  
6 metabolites with potential effects on these diseases were identified. For the reduction of lipids,  
7 appetite suppression, and anti-inflammatory purposes, various chlorophyll and lipid  
8 metabolism compounds were putatively identified, with evidences in the literature supporting  
9 their bioactivity. Several other compounds of unknown identification may have contributed to  
10 the observed bioactivity, since they were present in nodes of identified mass peaks. This  
11 research underscores the potential of eukaryotic microalgae as source of promising metabolites  
12 for disease treatments, highlighting their efficacy and potential for the discovery of new  
13 compounds.

14

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18

## 1 **Main conclusions**

2 In this project, the biotechnological and bioactive potential of 26 eukaryotic freshwater  
3 microalgae was evaluated, with 12 of them undergoing physiological and biochemical  
4 composition analysis for proteins, carbohydrates, lipids, polyphenols, fatty acids profile and  
5 antioxidant potential. Among these, *Chlorella emersonii* and *Pediastrum sp.* emerged as  
6 promising nutritional sources, containing over 60% proteins and exhibiting rapid growth.  
7 *Pediastrum sp.* showed significant antioxidant potential, with high levels of total polyphenols,  
8 polyunsaturated fatty acids (omega-3), making it a candidate for future large-scale trials and  
9 economic feasibility studies for nutritional applications. In contrast, *Dimorphococcus sp.* was  
10 noted for its high lipid content rich in saturated fatty acids, indicating its potential as a biodiesel  
11 producer.

12 Biological activity assays revealed that the 26 analyzed microalgae exhibited relevant  
13 bioactive properties in their extracts. *Chlorella emersonii* inhibited the growth of 4 out of 6  
14 bacteria, with activity confirmed by an decrease in minimum inhibitory concentration in two  
15 tested fractions. These fractions were rich in lipids, including compounds such as alpha-  
16 linolenic acid, known for their antimicrobial activity.

17 In assays related to obesity (lipid reduction, appetite inhibition, and anti-inflammatory  
18 activity), the dichloromethane:methanol extract of *Selenastrum bibraianum* exhibited the  
19 highest lipid-reducing activity. After fractionation of the extract, this activity persisted in one  
20 specific fraction (fraction C), where correlation analysis revealed the presence of compounds  
21 known for their lipid-reducing effects, such as pheophorbide a and other derivatives of lipid  
22 metabolism. For appetite inhibition, *Dictyosphaerium sp.* stood out in its fraction D, containing  
23 compounds such as ethanolamine that are frequently associated with lipid inhibition.  
24 Additionally, fraction C demonstrated strong anti-inflammatory activity, comprising several  
25 identified compounds related to lipid metabolism derivatives, such as polar fatty acids, glycerol  
26 lipids, and sulfoglycolipids.

27 It is concluded that 5 out of the 26 studied microalgae species were promising:  
28 *Pediastrum sp.* for studies as a functional food, *Dimorphococcus sp.* for investigation of its  
29 lipid-producing potential for biodiesel, and *S. bibraianum* as an interesting source of lipid-  
30 reducing compounds, with further research needed for compound isolation and identification  
31 of associated metabolites. The same applies to *Dictyosphaerium sp.*, which showed appetite-  
32 inhibiting activity and strong anti-inflammatory effects linked to two of its generated fractions.

1 Finally, *C. emersonii* stood out in various aspects, presenting an interesting protein content,  
2 growth rate and antimicrobial potential, alongside the ability to produce lipid-reducing and anti-  
3 inflammatory compounds. This species remained one of the most promising in the tests carried  
4 out.

5 In general, the present results emphasize the importance of studying and valuing  
6 Brazilian biodiversity, highlighting that through the investigation of a small (26), but diverse  
7 group of microalgae, it was possible to identify 5 species with potential alternative applications  
8 that can be added to those traditionally used.

9

1 **APPENDIX 1** – Batch mode source code used in MZmine 3 for data processing the fractions  
2 and extracts for obtaining the feature based networking.

```
3 <?xml version="1.0" encoding="UTF-8"?><batch>  
4 <batchstep method="io.github.mzmine.modules.dataprocessing.featdet_massdetection.MassDetectionModule">  
5 <parameter name="Raw data files" type="GUI_SELECTED_FILES"/>  
6 <parameter name="Scans">  
7 <ms_level>1</ms_level>  
8 <scan_definition/>  
9 </parameter>  
10 <parameter name="Mass detector" selected="Centroid">  
11 <module name="Centroid">  
12 <parameter name="Noise level">1000000.0</parameter>  
13 </module>  
14 <module name="Exact mass">  
15 <parameter name="Noise level"/>  
16 </module>  
17 <module name="Local maxima">  
18 <parameter name="Noise level"/>  
19 </module>  
20 <module name="Recursive threshold">  
21 <parameter name="Noise level"/>  
22 <parameter name="Min m/z peak width"/>  
23 <parameter name="Max m/z peak width"/>  
24 </module>  
25 <module name="Wavelet transform">  
26 <parameter name="Noise level"/>  
27 <parameter name="Scale level"/>  
28 <parameter name="Wavelet window size (%)">  
29 </module>  
30 </parameter>  
31 <parameter name="Mass list name">masses</parameter>  
32 <parameter name="Output netCDF filename (optional)" selected="false"/>  
33 </batchstep>  
34 <batchstep method="io.github.mzmine.modules.dataprocessing.featdet_massdetection.MassDetectionModule">  
35 <parameter name="Raw data files" type="GUI_SELECTED_FILES"/>  
36 <parameter name="Scans">  
37 <ms_level>2</ms_level>  
38 <scan_definition/>  
39 </parameter>  
40 <parameter name="Mass detector" selected="Centroid">  
41 <module name="Centroid">  
42 <parameter name="Noise level">10.0</parameter>  
43 </module>  
44 <module name="Exact mass">  
45 <parameter name="Noise level"/>  
46 </module>  
47 <module name="Local maxima">  
48 <parameter name="Noise level"/>  
49 </module>  
50 <module name="Recursive threshold">  
51 <parameter name="Noise level"/>  
52 <parameter name="Min m/z peak width"/>  
53 <parameter name="Max m/z peak width"/>  
54 </module>  
55 <module name="Wavelet transform">  
56 <parameter name="Noise level"/>  
57 <parameter name="Scale level"/>  
58 <parameter name="Wavelet window size (%)">  
59 </module>  
60 </parameter>  
61 <parameter name="Mass list name">masses</parameter>  
62 <parameter name="Output netCDF filename (optional)" selected="false"/>  
63 </batchstep>  
64 <batchstep  
65 method="io.github.mzmine.modules.dataprocessing.featdet_ADAPChromatogrambuilder.ADAPChromatogramBuilderModule">  
66 <parameter name="Raw data files" type="GUI_SELECTED_FILES"/>  
67 <parameter name="Scans">  
68 <ms_level>1</ms_level>  
69 </parameter>  
70 <parameter name="Mass list">masses</parameter>  
71 <parameter name="Min group size in # of scans">2</parameter>  
72 <parameter name="Group intensity threshold">1000000.0</parameter>  
73 <parameter name="Min highest intensity">1000000.0</parameter>  
74 <parameter name="m/z tolerance">
```

```

1      <absolutetolerance>0.0</absolutetolerance>
2      <ppmtolerance>10.0</ppmtolerance>
3  </parameter>
4  <parameter name="Suffix">chromatograms</parameter>
5 </batchstep>
6 <batchstep method="io.github.mzmine.modules.dataprocessing.featdet_chromatogramdeconvolution.DeconvolutionModule">
7   <parameter name="Feature lists" type="BATCH_LAST_PEAKLISTS"/>
8   <parameter name="Suffix">deconvoluted</parameter>
9   <parameter name="Algorithm" selected="Wavelets (ADAP)">
10    <module name="Baseline cut-off">
11     <parameter name="Min peak height"/>
12     <parameter name="Peak duration range (min)">
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16     <parameter name="Baseline level"/>
17    </module>
18    <module name="Noise amplitude">
19     <parameter name="Min peak height"/>
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23     </parameter>
24     <parameter name="Amplitude of noise"/>
25    </module>
26    <module name="Savitzky-Golay">
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32     <parameter name="Derivative threshold level"/>
33    </module>
34    <module name="Local minimum search">
35     <parameter name="Chromatographic threshold"/>
36     <parameter name="Search minimum in RT range (min)" />
37     <parameter name="Minimum relative height"/>
38     <parameter name="Minimum absolute height"/>
39     <parameter name="Min ratio of peak top/edge"/>
40     <parameter name="Peak duration range (min)">
41      <min>0.0</min>
42      <max>10.0</max>
43     </parameter>
44    </module>
45    <module name="Wavelets (XCMS)">
46     <parameter name="S/N threshold">10.0</parameter>
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49      <max>5.0</max>
50     </parameter>
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53      <max>10.0</max>
54     </parameter>
55     <parameter name="Peak integration method">Use smoothed data</parameter>
56     <parameter name="R engine">RCaller</parameter>
57    </module>
58    <module name="Wavelets (ADAP)">
59     <parameter name="S/N threshold">10.0</parameter>
60     <parameter name="S/N estimator" selected="Intensity window SN">
61      <module name="Intensity window SN"/>
62      <module name="Wavelet Coeff. SN">
63       <parameter name="Peak width mult.">3.0</parameter>
64       <parameter name="abs(wavelet coeffs.)">true</parameter>
65      </module>
66     </parameter>
67     <parameter name="min feature height">1000.0</parameter>
68     <parameter name="coefficient/area threshold">100.0</parameter>
69     <parameter name="Peak duration range">
70      <min>0.02</min>
71      <max>1.0</max>
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75      <max>0.6</max>
76     </parameter>

```

```

1      </module>
2      <parameter>
3      <parameter measure="MEDIAN" name="m/z center calculation" weighting="NONE">CenterFunction</parameter>
4      <parameter name="m/z range for MS2 scan pairing (Da)" selected="false"/>
5      <parameter name="RT range for MS2 scan pairing (min)" selected="true">0.1</parameter>
6      <parameter name="Remove original feature list">false</parameter>
7    </batchstep>
8    <batchstep method="io.github.mzmine.modules.dataprocessing.filter_deisotoper.IsotopeGrouperModule">
9      <parameter name="Feature lists" type="BATCH_LAST_PEAKLISTS"/>
10     <parameter name="Name suffix">deisotoped</parameter>
11     <parameter name="m/z tolerance">
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14     </parameter>
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16     <parameter name="Monotonic shape">false</parameter>
17     <parameter name="Maximum charge">1</parameter>
18     <parameter name="Representative isotope">Most intense</parameter>
19     <parameter name="Remove original peaklist">false</parameter>
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30     <parameter name="RANSAC iterations">0</parameter>
31     <parameter name="Minimum number of points">0.8</parameter>
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33     <parameter name="Linear model">false</parameter>
34     <parameter name="Require same charge state">true</parameter>
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38     <parameter name="Name suffix">gap-filled</parameter>
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45     <parameter name="RT correction">false</parameter>
46     <parameter name="Parallel (never combined with RT correction)">false</parameter>
47     <parameter name="Remove original feature list">false</parameter>
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51     <parameter name="Name suffix">filtered</parameter>
52     <parameter name="Minimum peaks in a row" selected="false"/>
53     <parameter name="Minimum peaks in an isotope pattern" selected="false"/>
54     <parameter name="m/z" selected="false"/>
55     <parameter name="Retention time" selected="false"/>
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64     <parameter name="Charge" selected="false"/>
65     <parameter name="Kendrick mass defect" selected="false">
66       <parameter name="Kendrick mass defect">
67         <min>0.0</min>
68         <max>1.0</max>
69       </parameter>
70       <parameter name="Kendrick mass base"/>
71       <parameter name="Shift">0.0</parameter>
72     </parameter>
73     <parameter name="Charge">1</parameter>
74     <parameter name="Divisor">1</parameter>
75     <parameter name="Use Remainder of Kendrick mass">false</parameter>
76   </parameter>
</parameter name="Parameter">No parameters defined</parameter>

```

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1      <parameter name="Only identified?">false</parameter>
2      <parameter name="Text in identity" selected="false"/>
3      <parameter name="Text in comment" selected="false"/>
4      <parameter name="Keep or remove rows">Keep rows that match all criteria</parameter>
5      <parameter name="Keep only peaks with MS2 scan (GNPS)">true</parameter>
6      <parameter name="Reset the peak number ID">true</parameter>
7      <parameter name="Remove source feature list after filtering">false</parameter>
8  </batchstep>
9  <batchstep method="io.github.mzmine.modules.dataprocessing.filter_duplicatefilter.DuplicateFilterModule">
10     <parameter name="Feature lists" type="BATCH_LAST_PEAKLISTS"/>
11     <parameter name="Name suffix">filtered</parameter>
12     <parameter name="Filter mode">NEW AVERAGE</parameter>
13     <parameter name="m/z tolerance">
14       <absolutetolerance>0.0</absolutetolerance>
15       <ppmtolerance>10.0</ppmtolerance>
16     </parameter>
17     <parameter name="RT tolerance" type="absolute">0.1</parameter>
18     <parameter name="Require same identification">false</parameter>
19     <parameter name="Remove original peaklist">false</parameter>
20  </batchstep>
21  <batchstep method="io.github.mzmine.modules.io.gnpsexport.fbmn.GnpsFbmnExportAndSubmitModule">
22     <parameter name="Feature lists" type="BATCH_LAST_PEAKLISTS"/>
23     <parameter name="Filename">
24       <current_file>G:\Meu
25 Drive\Doutorado\Projeto\CIIMAR\Resultados\LCMS\FBMN\FBMN_DCM_Lucas_quant.csv</current_file>
26     </parameter>
27     <parameter name="Mass list">masses</parameter>
28     <parameter name="Merge MS/MS (experimental)" selected="false">
29       <parameter name="Select spectra to merge">across samples</parameter>
30       <parameter name="m/z merge mode">weighted average (remove outliers)</parameter>
31       <parameter name="intensity merge mode">sum intensities</parameter>
32       <parameter name="Expected mass deviation">
33         <absolutetolerance>0.001</absolutetolerance>
34         <ppmtolerance>5.0</ppmtolerance>
35       </parameter>
36       <parameter name="Cosine threshold (%)">0.7</parameter>
37       <parameter name="Peak count threshold (%)">0.2</parameter>
38       <parameter name="Isolation window offset (m/z)">0.0</parameter>
39       <parameter name="Isolation window width (m/z)">3.0</parameter>
40     </parameter>
41     <parameter name="Filter rows">ONLY WITH MS2</parameter>
42     <parameter name="Submit to GNPS" selected="false">
43       <parameter name="Meta data file" selected="false"/>
44       <parameter name="Presets">HIGHRES</parameter>
45       <parameter name="Job title"/>
46       <parameter name="Email"/>
47       <parameter name="Username"/>
48       <parameter name="Password"/>
49       <parameter name="Open website">true</parameter>
50     </parameter>
51     <parameter name="Open folder">false</parameter>
52  </batchstep>
53 </batch>
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```

1 **APPENDIX 2** – Parameter used for feature based networking with the public link to access  
2 the molecular networking job.

3  
4 A molecular network was created with the Feature-Based Molecular Networking  
5 (FBMN) workflow on GNPS (<https://gnps.ucsd.edu>). The mass spectrometry data were first  
6 processed with MZMINE3 and the results were exported to GNPS for FBMN analysis. The  
7 data was filtered by removing all MS/MS fragment ions within +/- 17 Da of the precursor *m/z*.  
8 MS/MS spectra were window filtered by choosing only the top 6 fragment ions in the +/- 50  
9 Da window throughout the spectrum. The precursor ion mass tolerance was set to 0.02 Da and  
10 the MS/MS fragment ion tolerance to 0.02 Da. A molecular network was then created where  
11 edges were filtered to have a cosine score above 0.85 and more than 6 matched peaks. Further,  
12 edges between two nodes were kept in the network if and only if each of the nodes appeared in  
13 each others respective top 10 most similar nodes. Finally, the maximum size of a molecular  
14 family was set to 100, and the lowest scoring edges were removed from molecular families until  
15 the molecular family size was below this threshold. The analogue search mode was used by  
16 searching against MS/MS spectra with a maximum difference of 100.0 in the precursor ion  
17 value. The library spectra were filtered in the same manner as the input data. All matches kept  
18 between network spectra and library spectra were required to have a score above 0.7 and at least  
19 6 matched peaks. The DEREPLICATOR was used to annotate MS/MS spectra.

20  
21 The molecular networking job can be publicly accessed at:

22 Figure 2 – <https://gnps.ucsd.edu/ProteoSAFe/status.jsp?task=0836fef437714d9aa089b47c28324138>

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**APPENDIX 3** – Parameter used for feature based networking with the public link to access the molecular networking job.

A molecular network was created with the Feature-Based Molecular Networking (FBMN) workflow on GNPS (<https://gnps.ucsd.edu>). The mass spectrometry data were first processed with MZMINE3 and the results were exported to GNPS for FBMN analysis. The data was filtered by removing all MS/MS fragment ions within +/- 17 Da of the precursor *m/z*. MS/MS spectra were window filtered by choosing only the top 6 fragment ions in the +/- 50 Da window throughout the spectrum. The precursor ion mass tolerance was set to 0.02 Da and the MS/MS fragment ion tolerance to 0.02 Da. A molecular network was then created where edges were filtered to have a cosine score above 0.7 and more than 6 matched peaks. Further, edges between two nodes were kept in the network if and only if each of the nodes appeared in each others respective top 10 most similar nodes. Finally, the maximum size of a molecular family was set to 100, and the lowest scoring edges were removed from molecular families until the molecular family size was below this threshold. The analogue search mode was used by searching against MS/MS spectra with a maximum difference of 100.0 in the precursor ion value. The library spectra were filtered in the same manner as the input data. All matches kept between network spectra and library spectra were required to have a score above 0.7 and at least 6 matched peaks. The DEREPLICATOR was used to annotate MS/MS spectra. The molecular networks were visualized using Cytoscape software.

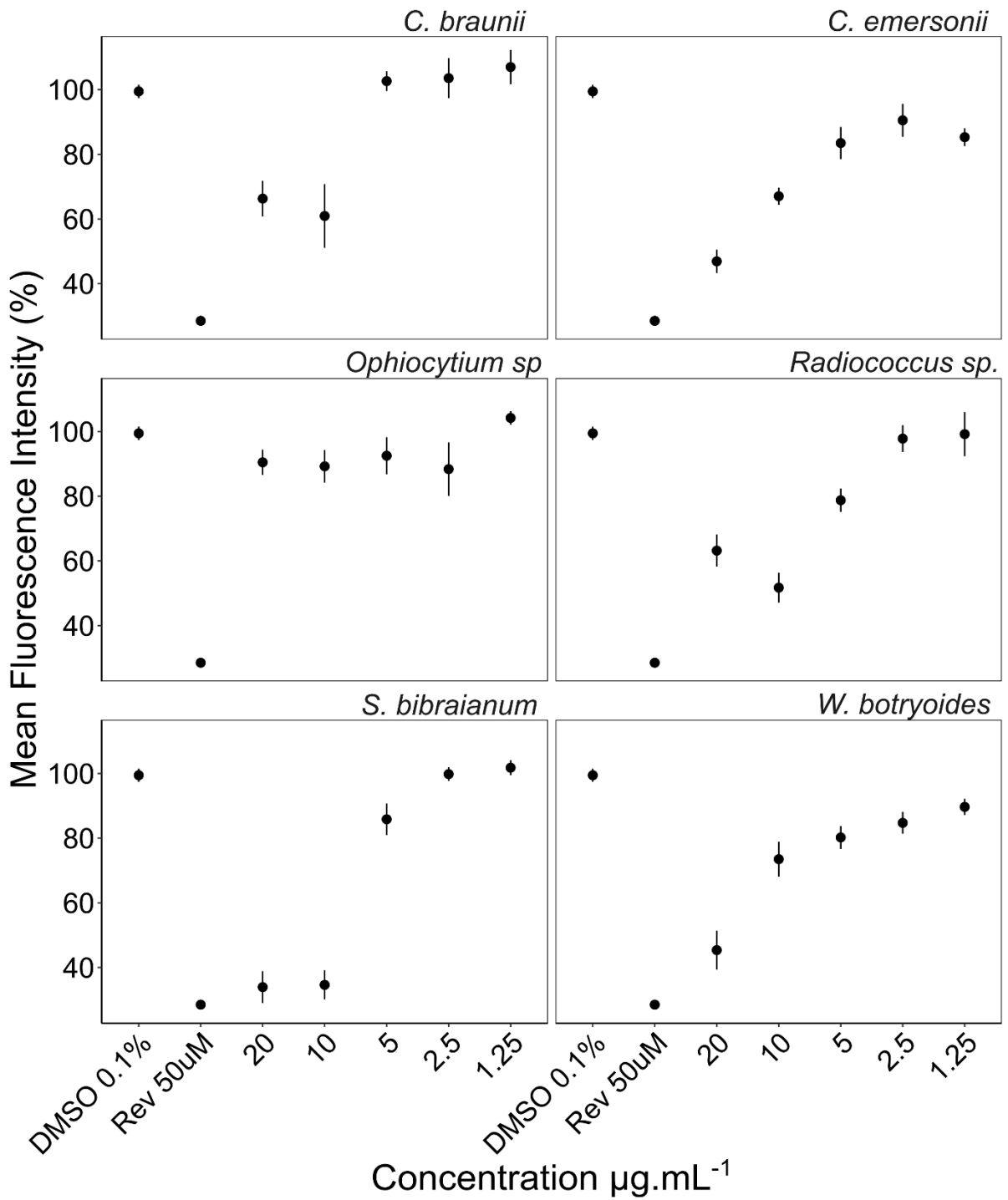
The molecular networking job can be publicly accessed at:

Figure 4 - <https://gnps.ucsd.edu/ProteoSAFe/status.jsp?task=71164ce15c464e45bc738f87db38d0de>

Figure 9 - <https://gnps.ucsd.edu/ProteoSAFe/status.jsp?task=83184dc0750646238bad57802a81afc0>

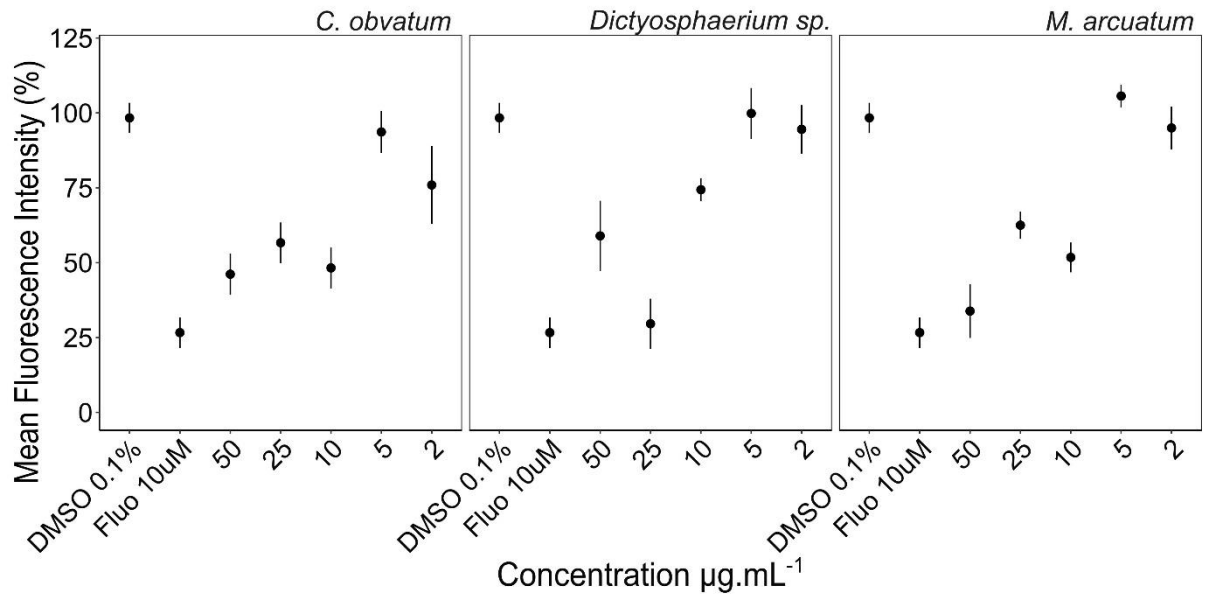
Figure 14 - <https://gnps.ucsd.edu/ProteoSAFe/status.jsp?task=8675149c90ff462b80b7a6c5c2c60cd8>

1 **APPENDIX 4** – Dose-response graph for the lipid-reducing assay. The node shows the mean  
 2 value, and the line the variation between individuals (n=6).  
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- 1 **APPENDIX 5** – Dose-response graph for the appetite inhibition assay. The node shows the  
2 mean value, and the line the variation between individuals (n=6).  
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